

FREE Parent Meetings The *Nurturing* Way

Sponsored by:

Lake Cumberland Community Action Agency
and Prevent Child Abuse Kentucky

To Pre-Register: CALL 270-343-4600

(Registration requested by not required to attend.)

Where: The Springs Church -Youth Room

When: Oct. 10, 12, 16, 19, 23, 27 & 30
Nov. 2, 6, 9, 14 & 16

Time: 9:00 am – 11:30 am CST
(8:45 Registration & Light Breakfast - Lunch also provided)

Presenter: Erica Burton, *Parent Educator*

Guest Speakers/Agenda

- Oct. 10th: Opening Session/Introduction
Assessments/Nurturing Parenting
- Oct. 12th: Bro. Steve Bennett “Families”
Philosophy & Practices of Nurturing Parenting
- Oct. 16th: Megan Gullett – Extension Office
Ages & Stages / Brain Development
- Oct 19th: Bro. Dennis Price “Importance of Families”
Communicating with Respect
- Oct. 23rd Connie Foster “Moms”
Building Self Worth
- Oct. 27th: *FIELD TRIP – Pumpkin Patch
- Oct. 30th: Shirley Roberson-Daulton “Childcare”
Understanding Feelings
- Nov. 2nd: Bro. Jeric DeVore “Value of Work”
Family Morals & Values
- Nov. 6th: Bobby Dunbar “Fathers”
Praising Children & Behaviors
- Nov. 9th: Dr. Lynda Wilkerson – “Attitude is Everything”
Alternatives to Spanking
- Nov 14th: Betty Clark – “Budgeting & Finances”
Dealing with Stress
- Nov. 16th: Closing /Review
Assessments/Evaluations/Certificates



Free
Education,
Food,
Incentives,
Gift/Gas Cards,
Activity Kits,
Field Trip,
Resources
& Much More!

***Be part of a fun outing to the Pumpkin Patch on Oct 27th**

**(Completion of required classes to participate in field trip.)*

Must attend all required sessions to receive certificate of completion.

Funded by the US Dept. of Health & Human Services and Prevent Child Abuse Kentucky