



Lake Cumberland Head Start Annual Report

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MISSION STATEMENT

The vision of the Lake Cumberland Head Start Program is to utilize a positive team effort to enhance the lives of “at risk” children ages birth to five and their families by supporting and enriching the child’s developmental growth physically, socially, emotionally, culturally, linguistically and intellectually. Recognizing that parents are the primary educators of their children, the program will provide opportunities to enhance their growth and well-being by assisting them to become self-sufficient through collaboration with community resources. The program strives to provide high-quality services that are nurturing, age appropriate, preventative/early intervention and successful transitions. It is the desire of Lake Cumberland Head Start Program that every child be successful in school and in life.



Lake Cumberland Head Start and the Lake Cumberland Community Action Agency, the grantee, hold strongly to the notion that early intervention with young children is necessary to ensure they are ready and prepared to begin their formal education experiences, with self-confidence, skills and motivation to learn and excel. In concert with that notion is the belief that a partnership between parents, families, and Head Start personnel will create and nurture the families' desire, dignity, skill, self-esteem and respect needed to achieve social and economic self-sufficiency. The goal is to improve the quality of life for Head Start children and their families.

Program	Target Population	Counties Currently Served
Head Start (HS)	Children age three to five	Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor, Wayne
Early Head Start (EHS)	Children from birth to age three and Expectant Mothers	Adair, Casey, Cumberland
Migrant Head Start*	Children of migrant and seasonal farm workers, from birth to age	Pulaski

*LCCAA serves 32 Migrant/Seasonal Head Start students through a contract with Community Action Council for Lexington-Fayette, Bourbon, Harrison, & Nicholas Counties, Inc. Data for these children is included in the Community Action Council annual report.

There is a strong and consistent commitment to working collaboratively with community organizations, agencies, businesses and elected officials in order to maximize and enhance available services for both Head Start eligible children and their families. It is also within the philosophy of the Lake Cumberland Head Start that staff must be qualified, nurtured, encouraged, and rewarded as they enhance their skills and educational levels to provide the quality services deserved by the children and their families. Inherent to the philosophy is the determination to be a change agent within the communities served, to serve as advocates and liaisons for the low-income, and to strive to ensure the program and services address the real needs of the population and communities in a planned, orderly, efficient, effective, and professional manner.

Revenues & Budget

FY 2020 REVENUES

Federal Head Start Funding	\$6,479,692
Federal Migrant Funding	\$368,041
In-kind (Generated by LCCA)	\$1,763,614
CACFP	\$285,499
Ancillary Grants (WHAS, PRIDE)	\$7,162

TOTAL

\$8,904,008

FY 2021 BUDGET

Personnel	\$2,848,778
Fringe Benefits	\$1,572,156
Supplies	\$55,957
Contractual	\$280,168
Other	\$1,423,610
Indirect Costs	\$586,848
Travel	\$60,817
Equipment	\$534,743

TOTAL *Includes CARES

\$7,363,077

FY 2022 Proposed BUDGET

Personnel	\$2,926,382
Fringe Benefits	\$1,985,449
Supplies	\$52,017
Contractual	\$451,567
Other	\$1,171,399
Indirect Costs	\$567,718
Travel	\$57,423
Equipment	\$620,812

TOTAL *Includes ARPA

\$7,832,767



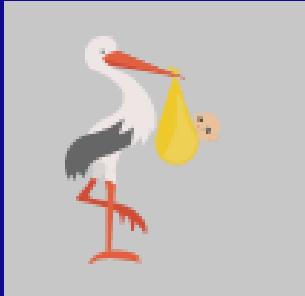
Early Head Start

The Early Head Start (EHS) Program provides early, continuous, comprehensive, and high quality services to underserved infants, toddlers, and expectant women in our community. The Program center-based options provides services for 52 children, ages 0-3, and expectant moms throughout Adair, Casey, and Cumberland Counties.

Guided by the Creative Curriculum, The Program caregivers create a developmental environment that is age specific and appropriate, providing children opportunities for the exploration of a variety of sensory, motor, and social experiences. Program Staff understand that a child's pattern of development and learning is unique and needs individualized support and encouragement. Caregivers provide complete developmental assessments for each child based on observation, parental input, and standardized assessment tools.

As determined by the results of a comprehensive assessment, children and their families have access to various additional support services, such as early intervention services for children who have been identified as having special needs or referrals to appropriate medical or social services. In addition to child development, family development is also supported.

EHS parents have access to literacy development, parenting and child development workshops, mental health services, parent support and involvement groups, classroom/program and volunteer opportunities, and other activities that foster growth and confidence in parenting abilities. The Program believes that providing family education and development opportunities helps the EHS parents grow in their skills and abilities to effectively be their child's first and lifelong teachers.

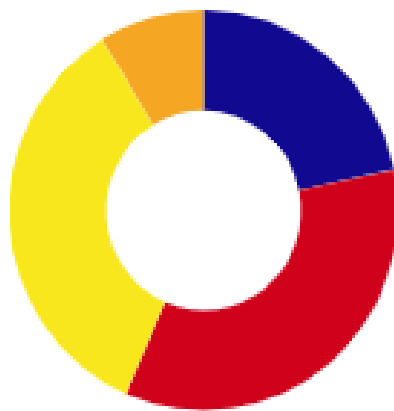


Early Head Start

2020-2021

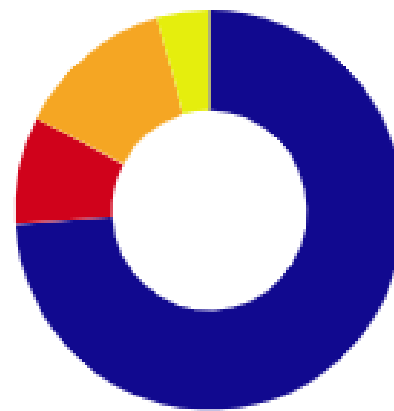


Ages



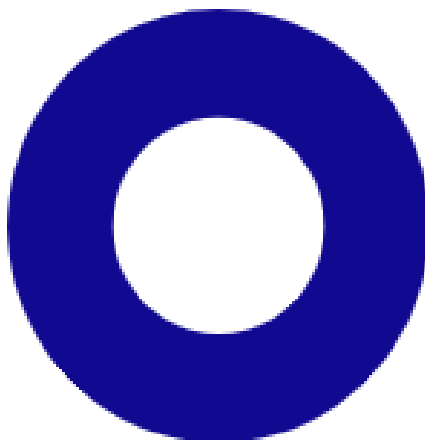
■ Under 1 (21.74%) ■ 1 year olds (34.78%)
■ 2 year olds (34.78%) ■ Expectant Moms (8.7%)

Eligibility



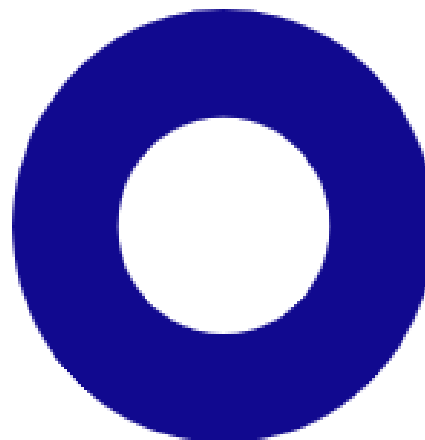
■ Below 100% (73.91%) ■ Pub. Assistance (8.7%)
■ Foster (13.04%) ■ Over Income (4.35%)

Race/Ethnicity



■ White (100%)

Primary Language



■ English (100%)



Early Head Start Health



100% 100% 100% 43%

Of children have Health Insurance

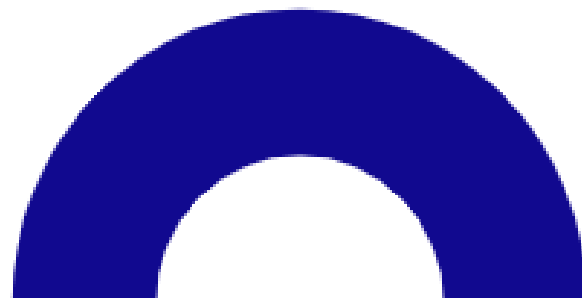
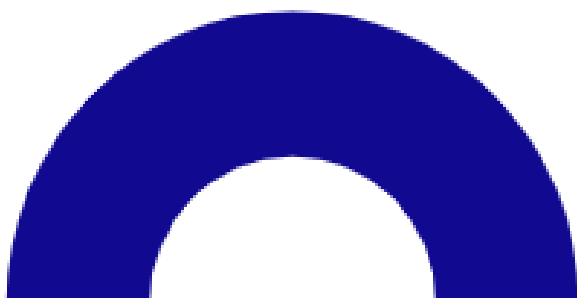
Of children have a medical home

Of children have a dental home

of children are up-to-date on a schedule of age-appropriate preventive and primary health care

Children's Health Insurance

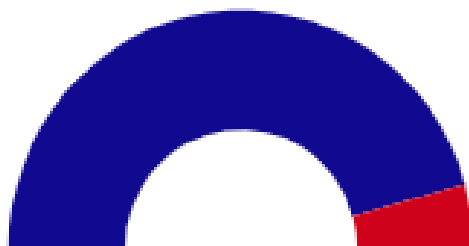
Expectant Moms' Health Insurance



■ Medicaid/K-CHIP (100%)

■ Medicaid (100%)

Immunizations



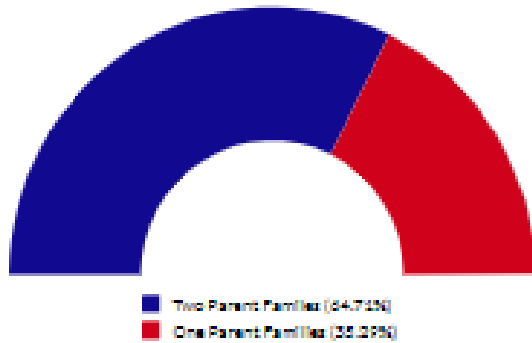
■ Up-To-Date (91.3%) ■ Exempt (8.7%)



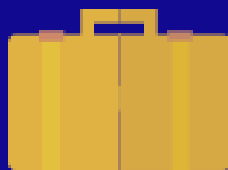
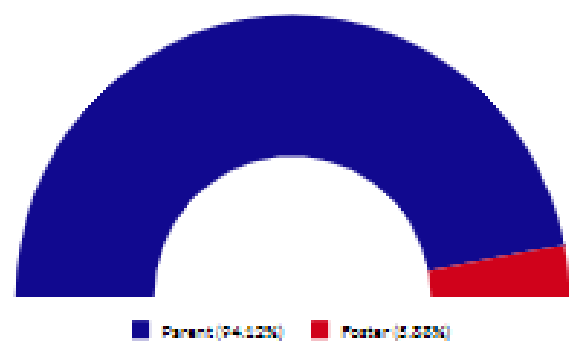
Early Head Start Families



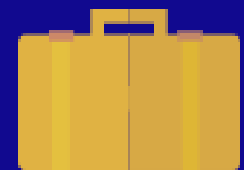
Types of Families



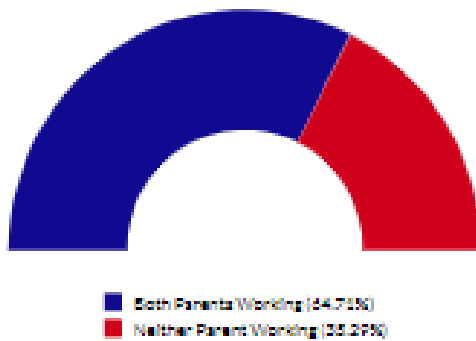
Parent/Guardian Figure



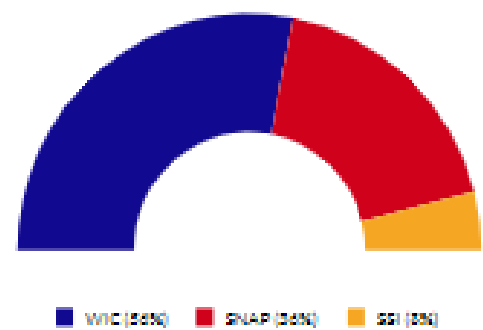
Employment



Employment



Public Assistance





Head Start

The Lake Cumberland Head Start (HST) center locations serve 592 children between the ages of 3 and 5 throughout Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor, and Wayne counties.

Head Start has a long tradition of delivering comprehensive and high quality services designed to foster healthy development for at-risk/low-income children. Administered by the Office of Head Start in the Administration for Children and Families Division in the Department of Health and Human Services, grantee and delegate agencies provide a range of individualized services in the areas of education and early childhood development; health, dental, mental health, nutrition, and parent involvement. The entire range of Head Start services is responsive and appropriate to each child's and family's development, cultural and linguistic heritage, and experience.

Staff encourages parents to become invested and involved in their child's education. By fostering parent involvement through workshops, parent-teacher conferences, parent groups, and classroom volunteer opportunities, our HST parents gain the confidence and skills necessary to help their child succeed school and in life

By the time they enter kindergarten, the HST children will have learned the academic foundations and social skills necessary to succeed. The Program staff work with HS children and parents to ensure that the transition to Kindergarten is as smooth as possible academically, socially, emotionally, and logistically.

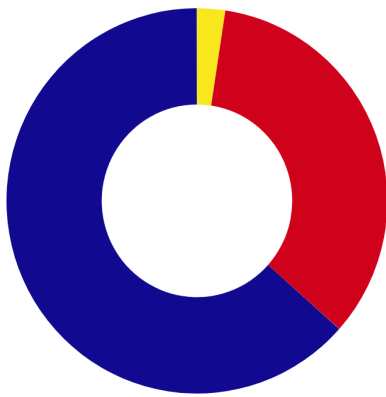
Program Staff work diligently to serve diverse populations within our community, including families with limited or no English, children and parents with disabilities, and families who are homeless or face other challenges – because every child deserves a “Head Start”!



Head Start

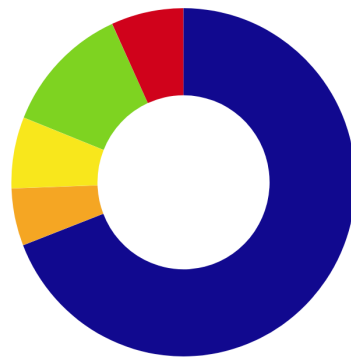
2020-2021

Ages



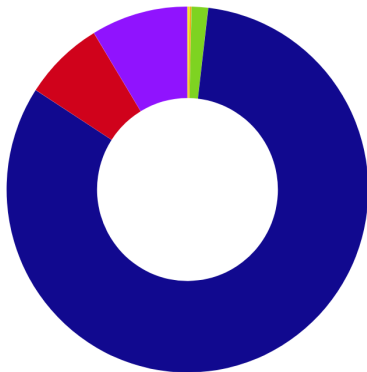
■ 2 years old (2.39%)
 ■ 3 years old (34.19%)
■ 4 years old (63.42%)

Eligibility



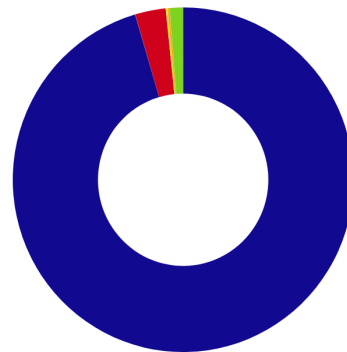
■ Below 100% (69.12%)
 ■ Public Assistance (5.33%)
■ Foster (6.62%)
 ■ Homeless (12.13%)
■ Over (6.8%)

Race/Ethnicity



■ Asian (0.18%)
 ■ American Indian (0.18%)
■ African American (1.47%)
 ■ White (82.32%)
■ Bi-Racial (7.18%)
 ■ Hispanic (8.66%)

Primary Language



■ English (95.46%)
 ■ Spanish (2.9%)
■ European (0.18%)
 ■ East Asian (0.18%)
■ Dual Language Learner (1.27%)



Head Start Health



99%

Of children have insurance

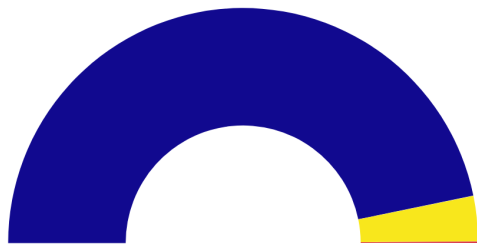
100%

Of children have a medical home

100%

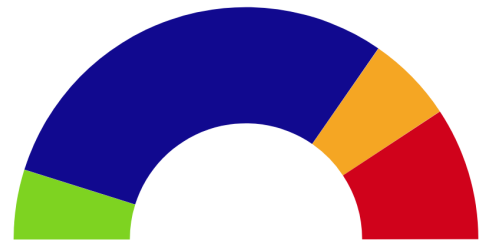
of children have a dental home

Types of Health Insurance



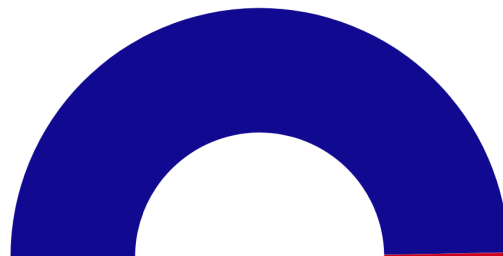
- Medicaid (93.57%)
- Private Health Insurance (6.25%)
- No Insurance (0.18%)

Body Mass Index



- Underweight (9.74%)
- Overweight (12.13%)
- Healthy (59.56%)
- Obese (18.57%)

Immunizations



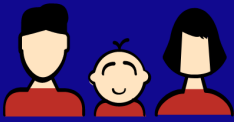
- Up-To-Date (99.44%)
- Exempt (0.56%)

80%

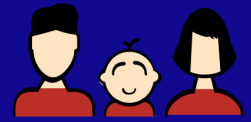
of children are up-to-date on a schedule of age-appropriate preventive and primary health care

15.6%

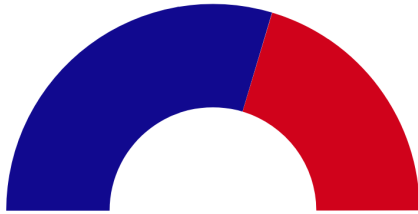
Of children have an Individualized Education Program (IEP)



Head Start Families



Types of Families

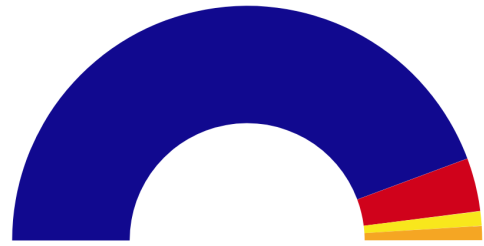


- Two Parent (59.24%)
- Single Parent (40.76%)



13 Head Start children have at least one parent incarcerated

Parent/Guardian Figures



- Parents (88.67%)
- Grandparents (7.36%)
- Relatives (1.99%)
- Foster (1.99%)



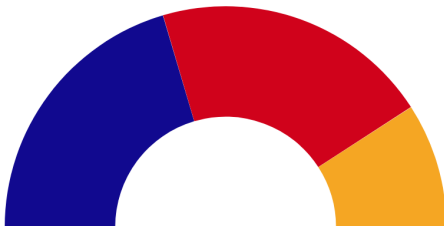
46 Head Start children are affected by the opioid crisis



Employment

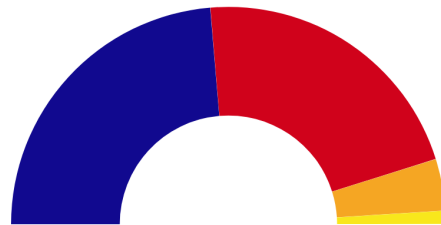


Employment



- Both Parents Working (40.87%)
- One Parent Working (40.87%)
- Neither Parent Working (18.26%)

Public Assistance



- SNAP (47.34%)
- WIC (43%)
- SSI (7.69%)
- TANF (1.97%)



Head Start Families



2020-2021

Program Services to Promote Family Outcomes



- Emergency/Crisis Intervention (11.83%)
- Housing Assistance (0.13%)
- Asset Building Services (0.42%)
- Mental Health Services (1.06%)
- Substance Prevention (0.08%)
- Substance Treatment (0.05%)
- ESL Training (0.29%)
- Assistance in Enrolling into an Education/Job Training Program (11.62%)
- Research-Based Parent Curriculum (12.2%)
- Involvement in discussing their child's screenings (12.18%)
- Transitions between Programs (12.18%)
- Education on Preventive Medical and Oral Health (11.65%)
- Education on Tobacco Products (2.38%)
- Nutrition Education (12.15%)
- Postpartum Care (0.11%)
- Education on relationship/marriage (11.54%)
- Assistance to families of incarcerated individuals (0.13%)



5% of Head Start children have at least one parent incarcerated



8% of Head Start children are affected by the opioid crisis



Head Start Disabilities

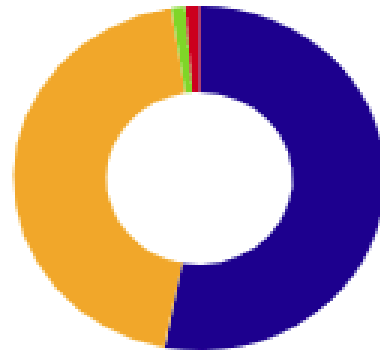


2020-2021

Diagnosis

14%

Of children have an Individualized Education Plan (IEP)



- Speech/Language Impairment (53.01%)
- Developmental Delay (44.58%)
- Autism (1.2%)
- Specific Learning Disability (1.2%)

Early Head Start

2020-2021



2%



Of children have an Individualized Family Service Plan (IFSP)



School Readiness

Lake Cumberland Community Action Agency/Lake Cumberland Head Start Program (LCCAA/HST) is a high-quality program serving children ages birth to five. The Program understands the importance of its role and that the foundation for school readiness begins in the earliest years of life. It is the desire of LCCAA/HST that every child be successful in school and in life.

LCCAA/HST is a comprehensive program which offers remarkable opportunities to foster not only competence for school success but competence in all areas of development for both its parents and children. LCCAA/HST ensures that children's goals are aligned with The Head Start Early Learning Outcomes Framework (HSELOF) and Kentucky's Early Childhood Standards to prepare children for kindergarten. Learning activities are offered across the five essential domains of the HSELOF: Approaches to Learning, Social & Emotional Development, Language and Literacy, Cognition and Perceptual, Motor, and Physical Development to support and prepare children to enter school with the skills and behaviors needed to grow and succeed. Assessments are completed three times a year; at beginning-year, mid-year and end-year. Data is also collected on an ongoing basis to implement individualized goals for children to be successful and determine how well children are progressing. The

Education Content Area Manager will generate child outcome reports using Teaching Strategies Gold (TSG) three times a year (beginning-, mid- and end-year) and use the results to strengthen its quality of teaching instruction, plan for professional development and plan for trainings at pre-service. The child outcome report is shared with the Head Start Director, Content Area Managers, Local Area Managers, teaching staff, parents and Policy Council. LCCAA/HST is a comprehensive program comprised of systems ensuring school readiness efforts continue to be supported and implemented on behalf of the children and families. School Readiness is embedded into Program Governance, Planning, Communication, Record Keeping and Reporting, On-going Monitoring, Self-Assessment, Human Resources, Fiscal Management and Enrollment, Recruitment, Eligibility, Selection and Attendance (ERESA). All systems collaborate, analyze data and plan to ensure high quality services are provided to the children and families in the Head Start Program.

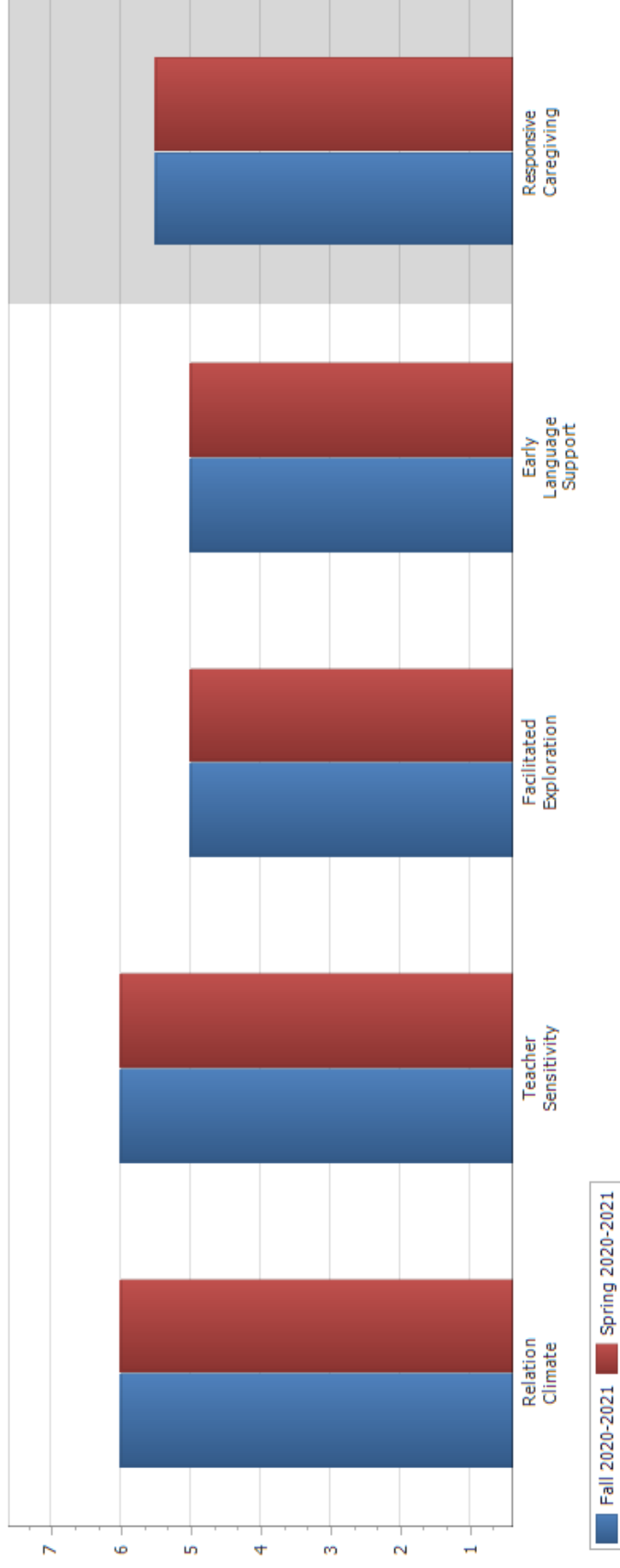


Lake Cumberland HS Program

5632 - Infant CLASS® Average Score Charts

Observation Periods: Spring 2020-2021, Fall 2020-2021, Fall 2020-2021, Spring 2018-2019, Fall 2018-2019

EHS 2020-2021



	RC	TS	FE	ELS	RCG
Fall 2020-2021	12	12	10	10	11.0
Spring 2020-2021	6	6	5	5	5.5

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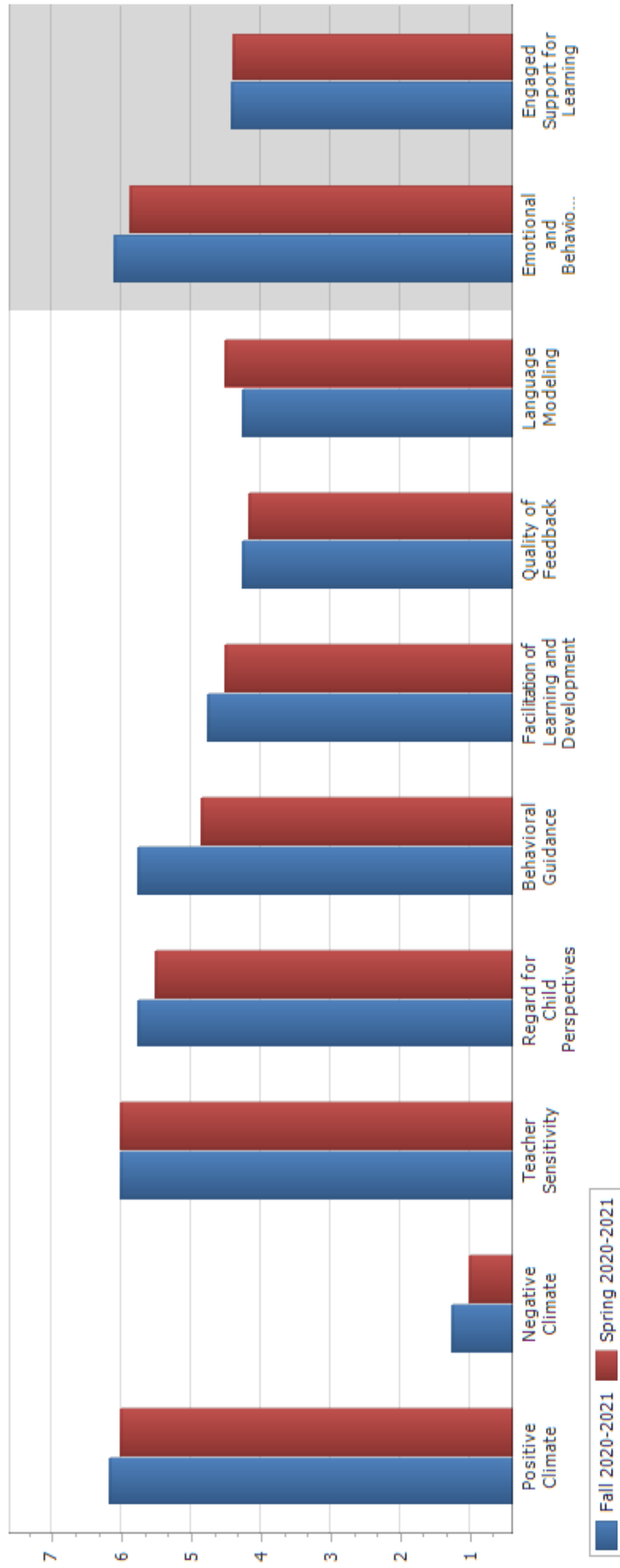


Lake Cumberland HS Program

5631 - Toddler CLASS® Average Score Charts

Observation Periods: Spring 2020-2021, Fall 2020-2021, Fall 2019-2020

EHS 2020-2021



	PC	NC	TS	RCP	BG	FLD	QF	LM	EBS	ESL
Fall 2020-2021	6.17	1.25	6	5.75	5.75	4.75	4.25	4.25	6.09	4.42
Spring 2020-2021	6	1	6	5.5	4.85	4.5	4.17	4.5	5.87	4.39

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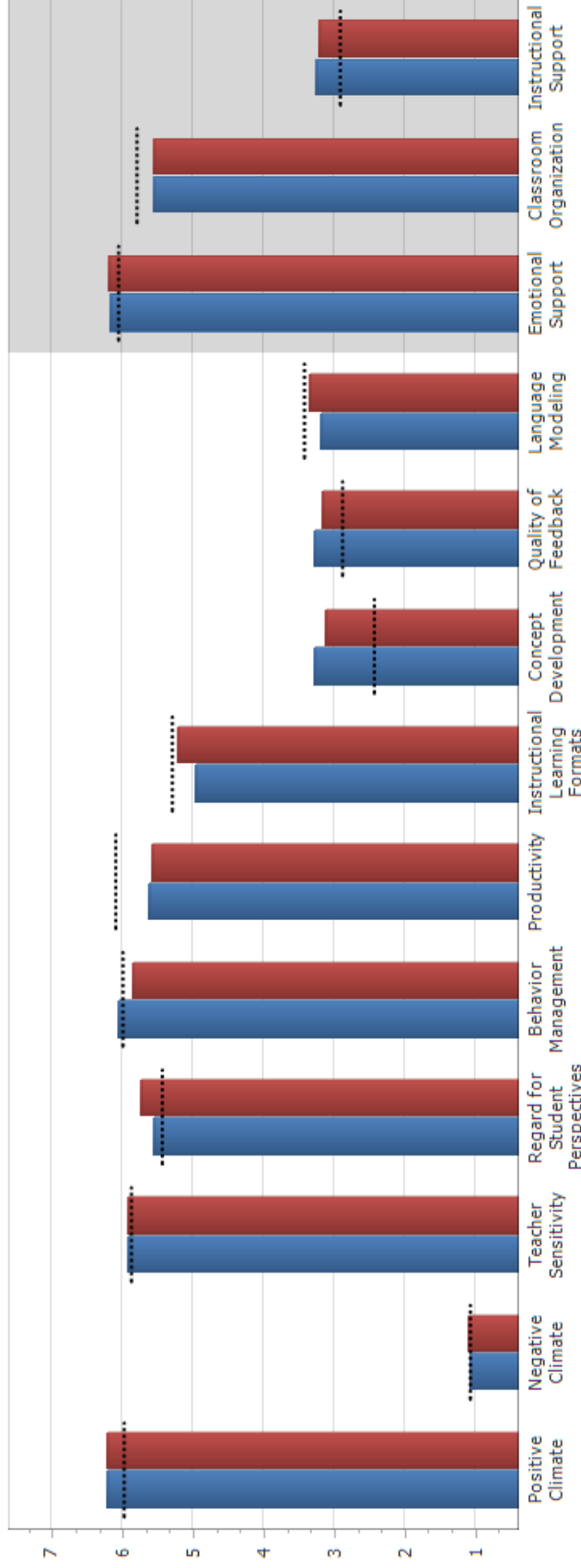
Lake Cumberland HS Program

5630 - Pre-K CLASS® Average Score Charts

Observation Periods: Spring 2020-2021, Fall 2020-2021, Fall 2020-2021

HS 2020-2021

2019 National Average



Legend: Fall 2020-2021 (Blue), Spring 2020-2021 (Red)

	PC	NC	TS	RSP	BM	PD	ILF	CD	QF	LM	ES	CO	IS
Fall 2020-2021	12.44	2.12	11.84	11.08	12.12	11.22	9.92	6.54	6.56	6.38	12.32	11.08	6.50
Spring 2020-2021	6.2	1.08	5.91	5.73	5.84	5.58	5.21	3.12	3.15	3.33	6.19	5.54	3.2

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To ensure that LCHS children are meeting their developmental needs we use the following evidence-based assessment tool:

Teaching Strategies GOLD (TSG), an observation-based learning assessment tool for children from birth to kindergarten. TSG helps teachers evaluate knowledge and skills gains in ten areas of development that are predictive of future school and long-term success:

- Social-Emotional
- Physical-Gross Motor
- Physical-Fine Motor
- Language
- Cognitive
- Literacy
- Mathematics
- Science & Technology
- Social Studies
- The Arts

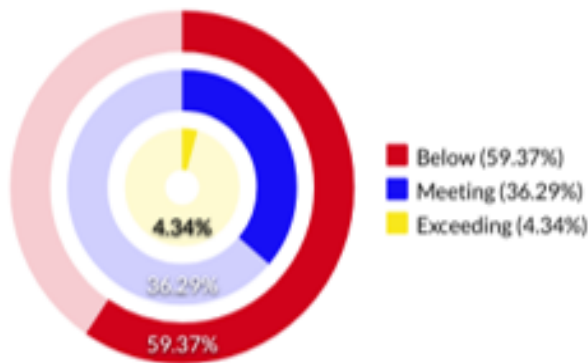
TSG is used for dual-language learners and children with disabilities. Program staff receive continuous training on how to perform the TSG assessment and how to use the results for more intentional, effective instruction. TSG is administered for each child three times per year.

Teaching Strategies Gold

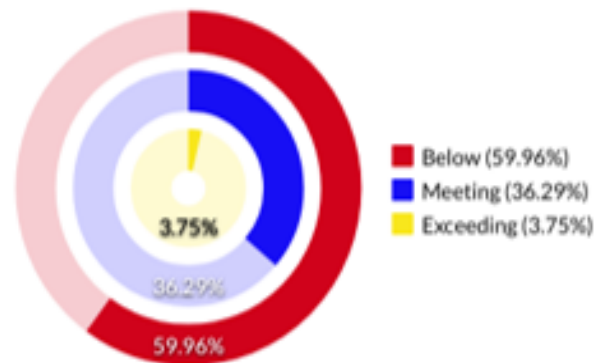
Child Outcomes

Beginning of the Year
2020-2021

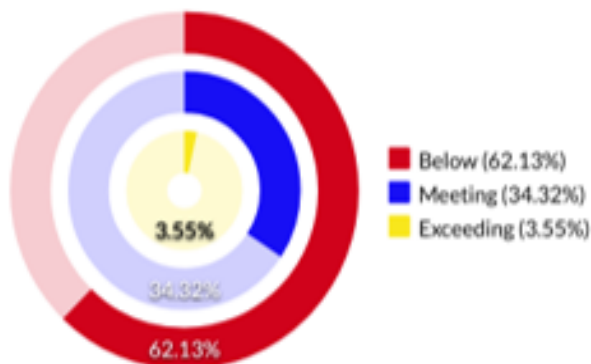
Social & Emotional Development



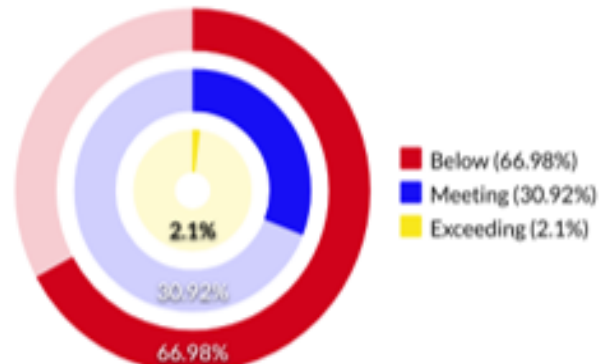
Perceptual, Motor, & Physical Development



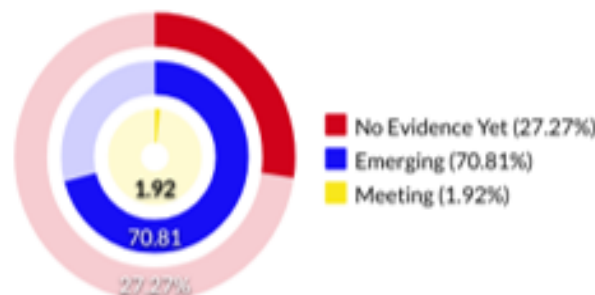
Language & Literacy



Cognition



Approaches to Learning

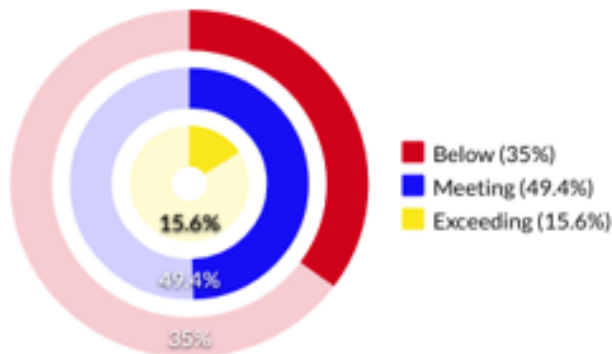


Teaching Strategies Gold

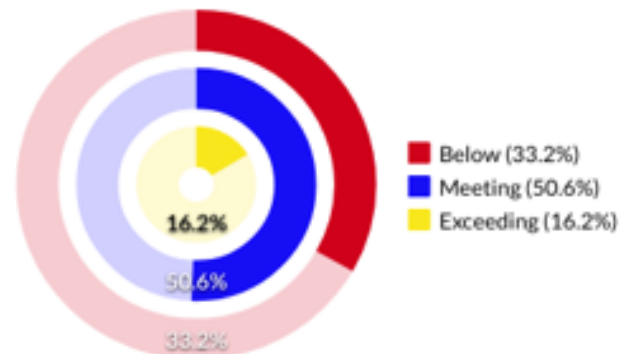
Child Outcomes

Mid Year
2020-2021

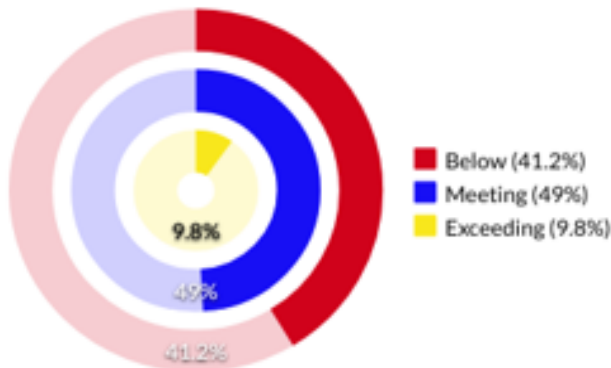
Social & Emotional Development



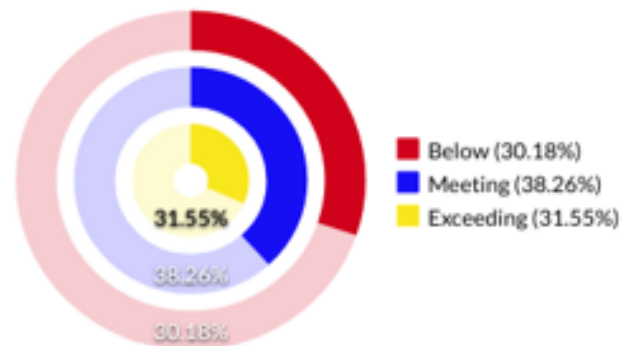
Perceptual, Motor, & Physical Development



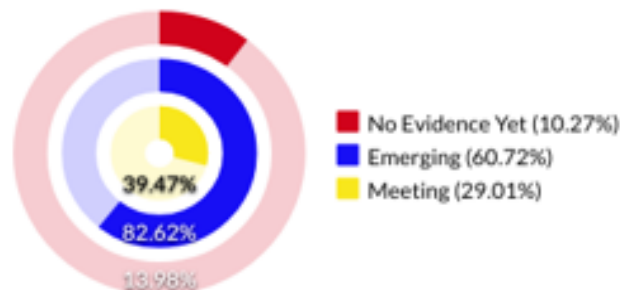
Language & Literacy



Cognition



Approaches to Learning

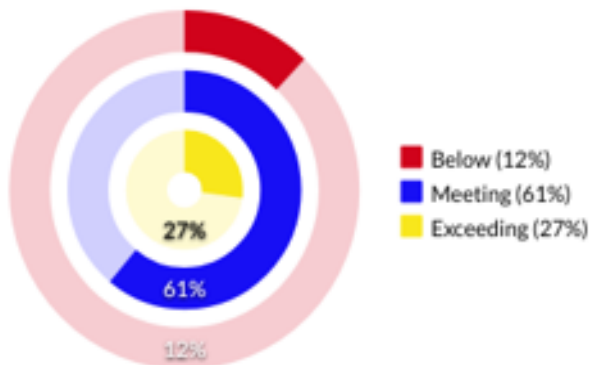


Teaching Strategies Gold

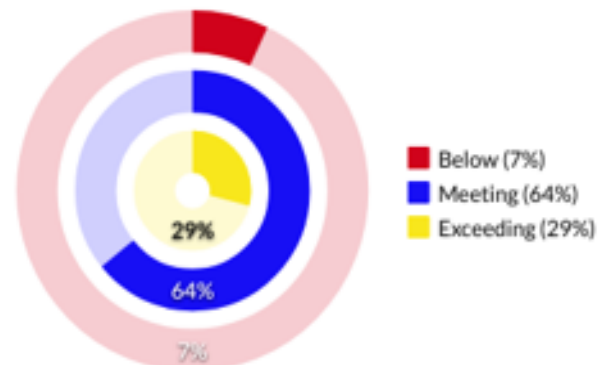
Child Outcomes

End of the Year
2020-2021

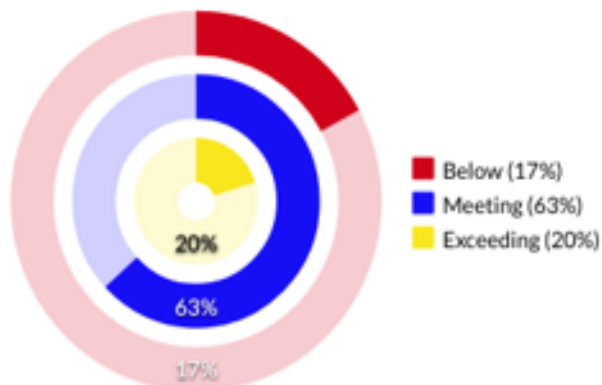
Social & Emotional Development



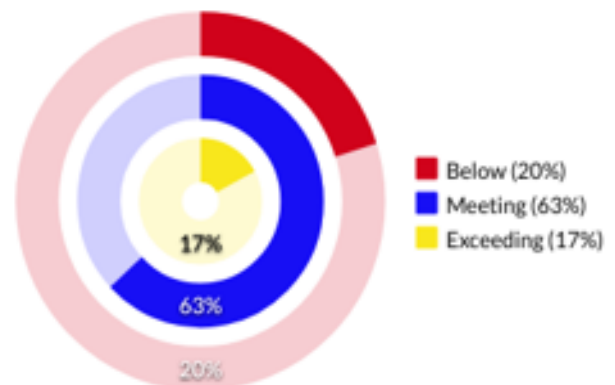
Perceptual, Motor, & Physical Development



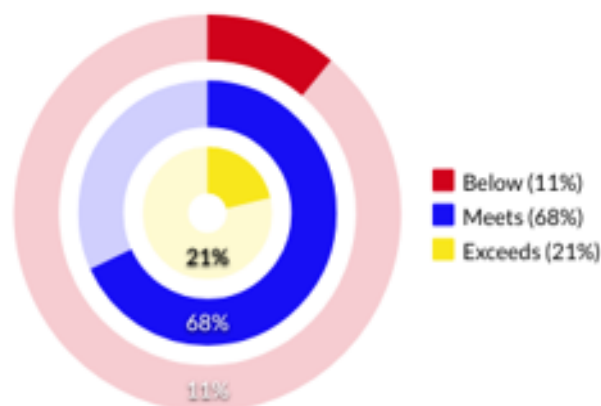
Language & Literacy



Cognition



Approaches to Learning



Parent Involvement Activities 2020-2021

- 👏 Pumpkin Patch Walk
- 👏 Fall Lunch/Dinner
- 👏 Holiday Breakfast
- 👏 Transition to Kindergarten/School Readiness
- 👏 1-2-3 Magic Parenting Curriculum (virtual option)
- 👏 Dr. Seuss Literacy Week
- 👏 Importance of Bed-Time Routines
- 👏 Family Movie Night
- 👏 Dances – Valentine and Dance with Dad
- 👏 Alphabet Egg Hunt
- 👏 Community Partner/ PRIDE Activities
- 👏 Healthy Babies
- 👏 Home Safety
- 👏 Stress/Time Management
- 👏 Nature Field Trip
- 👏 Mental Health Educational Activities
- 👏 GED/Education/Financial Aide Assistance
- 👏 Budgeting and Loan Information



Eligibility, Recruitment, Selection, Enrollment, & Attendance (ERSEA)

ERSEA determines community strengths, needs, and resources as well as recruitment areas. It contains requirements and procedures for the eligibility determination, recruitment, selection, enrollment and the attendance of children.

Family & Community Engagement Program

LCCHS integrates parent and family engagement strategies into all systems and program services to support family well-being and promote children's learning and development.

Health Program Services

LCCHS provides high-quality health, oral health, mental health, and nutrition services that are developmentally, culturally, and linguistically appropriate and that will support each child's growth and school readiness.

Mental Health

LCCHS provides support for effective classroom management and positive learning environments; supportive teacher practices; strategies for supporting children with challenging behaviors and other social, emotional, and mental health concerns.

Disabilities

LCCHS ensures that the individualized needs of children with disabilities are being met and all children have access to and can fully participate in the full range of activities and services.

Education

LCCHS provides a high-quality early education and child development services (including for children with disabilities) that promote children's cognitive, social, and emotional growth for later success in school. The program delivers developmentally, culturally, and linguistically appropriate learning experiences in language, literacy, mathematics, social and emotional functioning, approaches to learning, science, physical skills, and creative arts.

Transportation

LCCHS provides transportation to all enrolled children, with the exception of Early Head Start. The program makes reasonable efforts to coordinate transportation resources with other human service agencies in the community in order to control cost and to improve the quality and the availability of transportation services. The program ensures all accidents involving vehicles that transport children are reported in accordance with applicable state requirements.

Nutrition

LCCHS has designed and implemented nutrition services that are culturally and developmentally appropriate, meet the nutritional needs of children while accommodating the feeding requirements of each child including children with special dietary needs and children with disabilities.

Adair County*Adair County Head Start*

111 Fairgrounds St
 Columbia, KY 42728
 270.384.4111
 Erica Turner, FSS/CC

Adair Early Head Start

111 Fairgrounds St.
 Columbia, KY 42728
 606.875.5656
 Andrea Chapman, FSS/CC

Casey County*Liberty Head Start*

630 Whipp Ave
 Liberty, KY 42539
 606.787.9207
 Kassie Gaines, FSS/CC

Casey Co. Early Head Start

1673 E State HWY 70
 Bldg 306
 Liberty, KY 42602
 606.787.1879
 Kassie Gaines, FSS/CC

Jones Park Early Head Start

6295 E KY 70
 Liberty, KY 42539
 606.787.1249
 Kassie Gaines, FSS/CC

Jones Park Pre-K

6295 E KY 70
 Liberty, KY 42539
 606.787.1249
 Kassie Gaines, FSS/CC

Clinton County*Clinton County Head Start*

312 King Street
 Albany, KY 42602
 606.387.8747
 Amanda Thurman, FSS/CC

Cumberland County*Burkesville Head Start*

46 David L Williams St
 Burkesville, KY 42717
 270.864.2524
 Nikki Anderson, FSS/CC

Green County*Green County Head Start*

100 Kidz Korner
 Greensburg, KY 42743
 270.932.6618
 Donna Rogers, FSS/CC

McCreary County*McCreary County Head Start*

1941 N HWY 27
 Whitley City, KY 42653
 606.376.5437
 Gwen Gibson, FSS/CC

Pulaski County*Dunbar Intergenerational Center*

255 Maple St
 Somerset, KY 42501
 606.679.3496
 Trina Baker, FSS/LAM

Science Hill Center

349 W HWY 635
 Science Hill, KY 42553
 606.5423.3515
 Trina Baker, FSS/LAM

Hopeway Head Start Center

223 Hope Way
 Somerset, KY
 606.679.8602
 Melissa Tomlinson, FSS/LAM

Southern Head Start

285 Enterprise Drive
 Somerset, KY 42501
 606.676.9187
 Melissa Tomlinson, FSS/LAM

Russell County*Jamestown Head Start*

1836 S Main St
 Jamestown, KY 42629
 270.343.2340
 Nancy Smith, FSS/CC

Russell Springs Head Start

1177 Lakeway Drive
 Russell Springs, KY 42642
 270.866.2692
 Nancy Smith, FSS/CC

Taylor County*Campbellsville /Taylor Co Head Start*

1951 Old Columbia Rd
 Campbellsville, KY 42718
 270.789.3978
 April Edwards, FSS/CC
 Jennifer Milby, FSS

Wayne County*Monticello/Wayne Co. Head Start Center*

265 HWY 3106
 Monticello, KY 42633
 606.348.4078
 Sara Hutton, FSS/CC

