



Lake Cumberland Head Start Annual Report

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Jennifer Akin
Head Start Director

Nicholas Shearer
Executive Director

MISSION STATEMENT

The vision of the Lake Cumberland Head Start Program is to utilize a positive team effort to enhance the lives of “at-risk” children ages birth to five and their families by supporting and enriching the child’s developmental growth physically, socially, emotionally, culturally, linguistically, and intellectually. Recognizing that parents are the primary educators of their children, the program will provide opportunities to enhance their growth and well-being by assisting them to become self-sufficient through collaboration with community resources. The program strives to provide high-quality services that are nurturing, age-appropriate, preventative/early intervention, and successful transitions. Lake Cumberland Head Start Program desires that every child be successful in school and life.



Lake Cumberland Head Start and the Lake Cumberland Community Action Agency, the grantee, hold strongly to the notion that early intervention with young children is necessary to ensure they are ready and prepared to begin their formal education experiences, with self-confidence, skills, and motivation to learn and excel. In concert with that notion is the belief that a partnership between parents, families, and Head Start personnel will create and nurture the families' desire, dignity, skill, self-esteem, and respect needed to achieve social and economic self-sufficiency. The goal is to improve the quality of life for Head Start children and their families.

Program	Target Population	Counties Currently Served
Head Start (HS)	Children three to five years of age	Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor, Wayne
Early Head Start (EHS)	Children from birth to age three and Expectant Mothers	Adair, Casey, Taylor
Migrant Head Start*	Children of migrant and seasonal farmworkers, from birth to age	Pulaski

*LCCAA serves 32 Migrant/Seasonal Head Start students through a contract with Community Action Council for Lexington-Fayette, Bourbon, Harrison, & Nicholas Counties, Inc. Data for these children is included in the Community Action Council annual report.

There is a strong and consistent commitment to working collaboratively with community organizations, agencies, businesses, and elected officials to maximize and enhance available services for both Head Start eligible children and their families. It is also within the philosophy of the Lake Cumberland Head Start that staff must be qualified, nurtured, encouraged, and rewarded as they enhance their skills and educational levels to provide the quality services deserved by the children and their families. Inherent to the philosophy is the determination to be a change agent within the communities served, to serve as advocates and liaisons for the low-income, and to strive to ensure the program and services address the real needs of the population and communities in a planned, orderly, efficient, effective, and professional manner.

Revenues & Budget

FY 2023 REVENUES	
Federal Head Start Funding	\$7,300,508
Federal Migrant Funding	\$458,411
In-kind (Generated by LCCAA)	\$1,756,537
CACFP	\$324,251
Ancillary Grants (WHAS, PRIDE)	\$106,592

TOTAL *Includes ARPA **\$9,946,299**

FY 2024 BUDGET	
Personnel	\$3,542,071
Fringe Benefits	\$2,000,221
Supplies	\$65,093
Contractual	\$263,567
Other	\$1,012,455
Indirect Costs	\$573,815
Travel	\$45,765
Equipment	\$135,369

TOTAL **\$7,638,356**

FY 2025 Proposed BUDGET	
Personnel	\$3,724,472
Fringe Benefits	\$1,942,173
Supplies	\$86,998
Contractual	\$269,644
Other	\$1,036,401
Indirect Costs	\$713,786
Travel	\$42,500
Equipment	\$0

TOTAL **\$7,815,974**



Early Head Start

The Early Head Start (EHS) Program provides early, continuous, comprehensive, and high-quality services to underserved infants, toddlers, and expectant women in our community. The Program center-based options provide services for 52 children, ages 0-3, and expectant moms throughout Adair, Casey, and Cumberland Counties.

Guided by the Creative Curriculum, The Program caregivers create a developmental environment that is age-specific and appropriate, providing children opportunities for the exploration of a variety of sensory, motor, and social experiences. Program Staff understand that a child's pattern of development and learning is unique and needs individualized support and encouragement. Caregivers provide complete developmental assessments for each child based on observation, parental input, and standardized assessment tools.

As determined by the results of a comprehensive assessment, children and their families have access to various additional support services, such as early intervention services for children who have been identified as having special needs or referrals to appropriate medical or social services. In addition to child development, family development is also supported.

EHS parents have access to literacy development, parenting and child development workshops, mental health services, parent support, and involvement groups, classroom/program and volunteer opportunities, and other activities that foster growth and confidence in parenting abilities. The Program believes that providing family education and development opportunities helps the EHS parents grow in their skills and abilities to effectively be their child's first and lifelong teachers.



EHS Health Services

2023-2024

Health Insurance/Medicaid

100% of children served had health insurance/Medicaid

100% of children served had dental home

Immunizations

100% of children served up-to-date on all immunizations for their age

Early Head Start

2023-2024

Total Cumulative Enrollment: 55

62% of children served were income eligible

27% of children served were on public assistance

2% of children served were foster children

4% of children served were homeless

5% of children served had "other need"

0% of children served were over-income

Language

96% of children served spoke English

4% of children served spoke Spanish

No children were acquiring another language

Race/Ethnicity

78% of children served were white

20% of children served were multi/biracial

2% of children served were black

Ages

29% of children served were under the age of 1

35% of children served were 1 year of age

26% of children served were 2 year's of age

Education and Employment/Training

47% of children served had at least one parent employed and/or in school



Head Start

The Lake Cumberland Head Start (HST) center locations serve 592 children between the ages of 3 and 5 throughout Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor, and Wayne counties.

Head Start has a long tradition of delivering comprehensive and high-quality services designed to foster healthy development for at-risk/low-income children. Administered by the Office of Head Start in the Administration for Children and Families Division in the Department of Health and Human Services, grantee and delegate agencies provide a range of individualized services in the areas of education and early childhood development; health, dental, mental health, nutrition, and parent involvement. The entire range of Head Start services is responsive and appropriate to each child's and family's development, cultural and linguistic heritage, and experience.

Staff encourages parents to become invested and involved in their child's education. By fostering parent involvement through workshops, parent-teacher conferences, parent groups, and classroom volunteer opportunities, our HST parents gain the confidence and skills necessary to help their child succeed in school and life.

By the time they enter kindergarten, the HST children will have learned the academic foundations and social skills necessary to succeed. The Program staff work with HS children and parents to ensure that the transition to Kindergarten is as smooth as possible academically, socially, emotionally, and logistically.

Program Staff work diligently to serve diverse populations within our community, including families with limited or no English, children, and parents with disabilities, and families who are homeless or face other challenges – because every child deserves a “Head Start”!

Head Start Health Services

Health Insurance/Medicaid

100% of children served had health insurance/Medicaid

99% of children served had a medical home at enrollment

100% of children served had a medical home at end of enrollment

Immunizations

93% of children served were up-to-date on all immunizations for their age

6% of children served received all immunizations possible for their age

1% of children served were exempt

BMI

60% of children served were at a health weight

Head Start

2023-2024

Total Cumulative Enrollment: 574

40% of children served were income eligible

42% of children served were on public assistance

3% of children served were foster children

8% of children served were homeless

7% of children served were over-income

Language

98% of children served spoke English

2% of children served spoke Spanish

1% of children served were acquiring another language

Race/Ethnicity

86% of children served were white

7% of children served were multi/biracial

2% of children served were black

1% of children served were Asian

4% of children served family declined to answer

Ages

30% of children served were 3 years of age

69% of children served were 4 years of age

1% of children served were 2 year's of age

Education and Employment/Training

87% of children served at least one parent was working and/or in school

Disability Numbers



EHS disability percentage:23.1%

Head Start disability percentage: 18.5%

Early Head Start Families

2023-2024

Program Services

69%-Emergency/Crisis intervention (meeting immediate needs for food, clothing, or shelter)

2%-Housing Assistance (subsidies, utilities, repairs)

11%-Asset building services (financial education, debt counseling)

27%-Mental Health Services

2%-Substance misuse prevention

2%-Substance misuse treatment

9%-ESL

36%-Assistance enrolling into an education or job training program

71%-Research-based parenting curriculum

71%-Involvement in discussing child's screenings and assessment results and progress

73%-Supporting transitions between programs (EHS to HS, HS to Kindergarten)

71%-Education in preventative medical and oral health

16%-Education on health and developmental consequences of tobacco product use

71%-Education on nutrition

15%-Education on postpartum care (breast feeding support)

27%-Education on relationship/Marriage

Head Start Families

2023-2024

Program Services

64 %-Emergency/Crisis Intervention (meeting immediate need for food, clothing, or shelter)

5%- Housing assistance (subsidies, utilities, repairs)

11%-Asset Building Services (financial education, debt counseling)

28%-Mental Health Services

3%-Substance Misuse prevention

4%-Substance Misuse Treatment

3%-ESL Training

47%-Assistance in enrolling into an education or job training program

64%-Research-based Parenting Curriculum

82%-Involved in discussing child's screening and assessment results/child progress

81%-Supporting transitions between programs (EHS to HS, HS to Kindergarten)

81%-Education on medical and oral health

13%-Education on health and developmental consequences of tobacco use

82%-Education on Nutrition

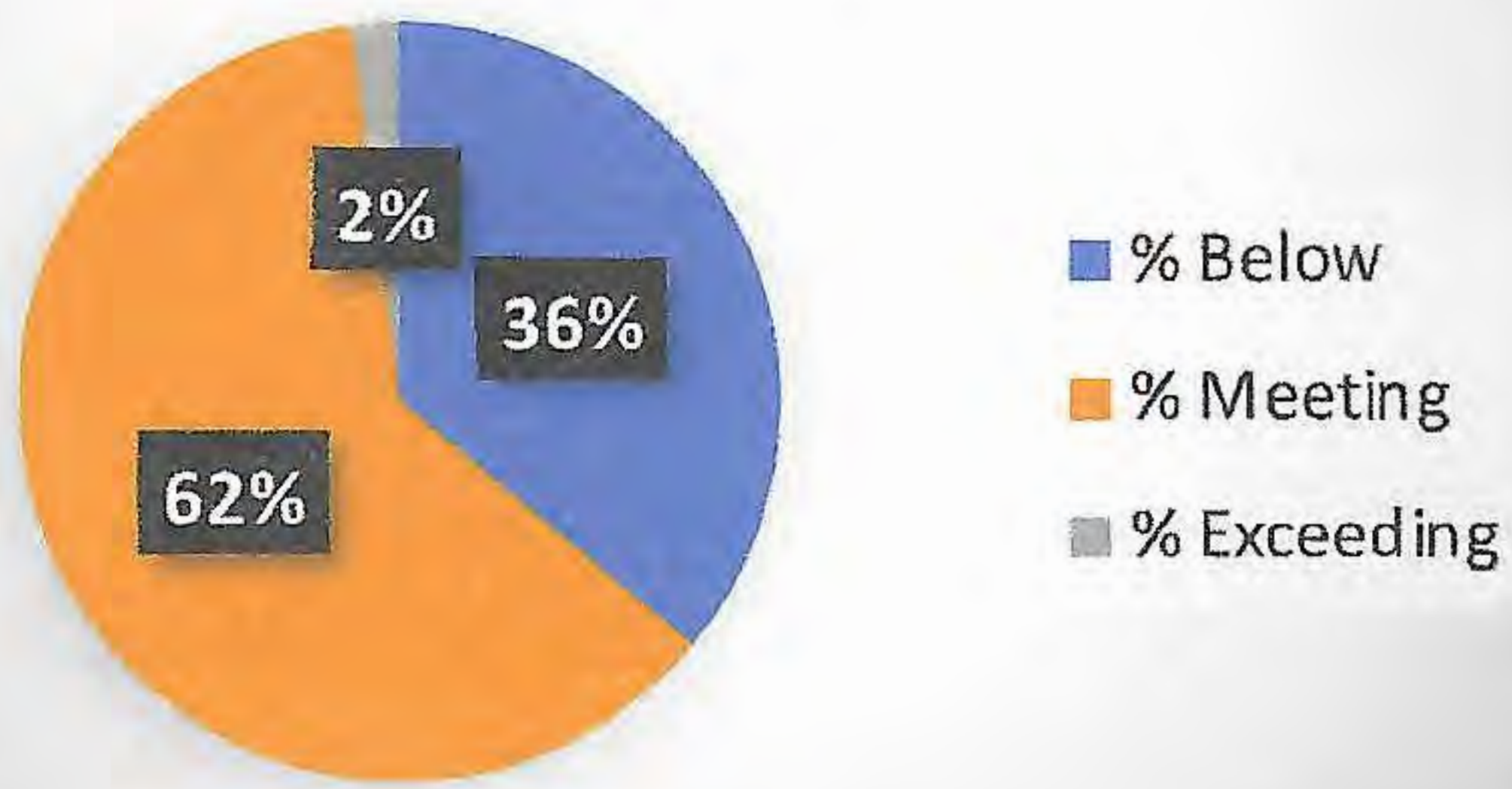
3%-Education on postpartum care (breastfeeding support)

21%-Education on relationships/marriage

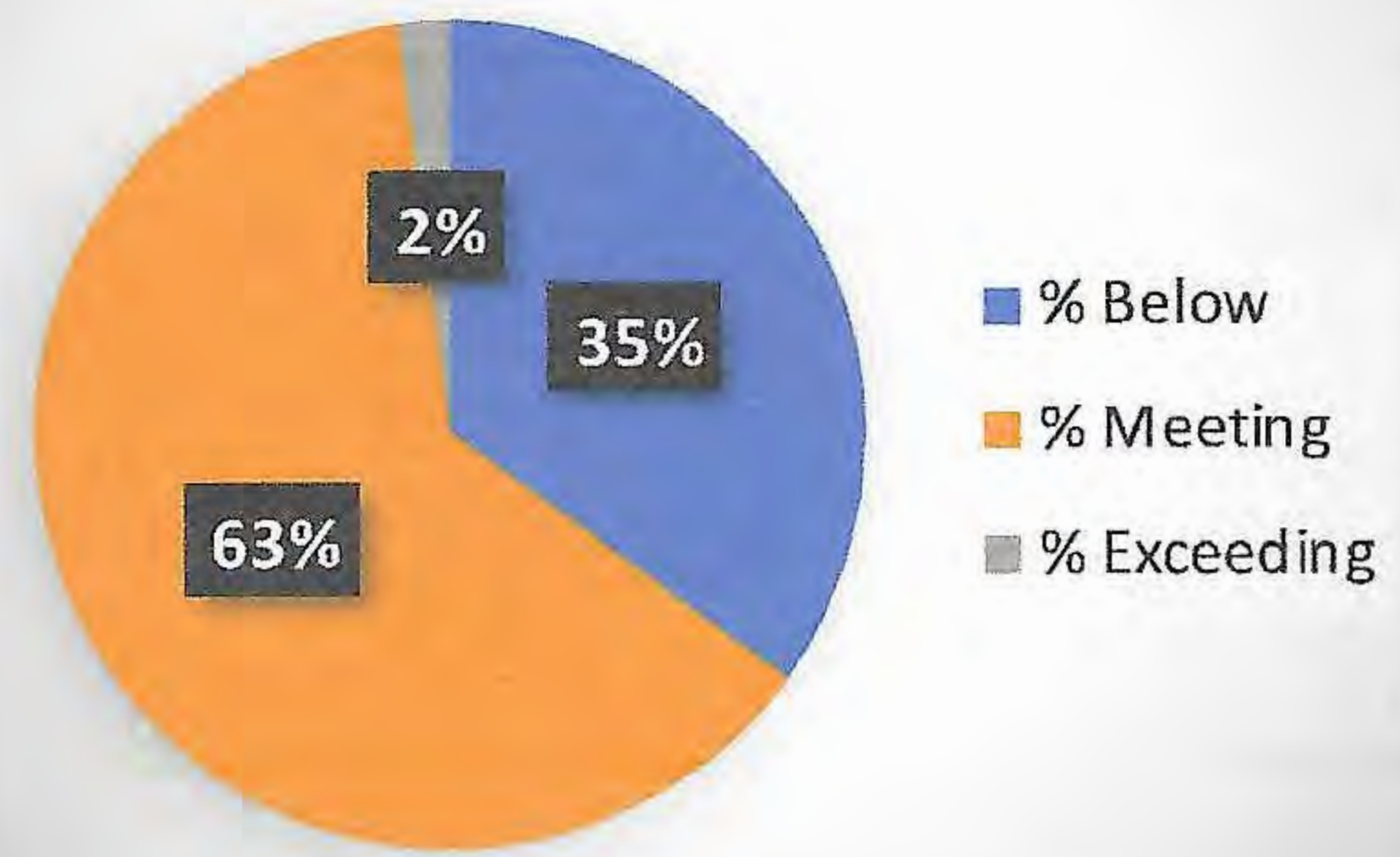
3%-Assistance to families of incarcerated individuals

Lake Cumberland Head Start Program
Early Head Start Child Outcomes: Fall 2023-2024

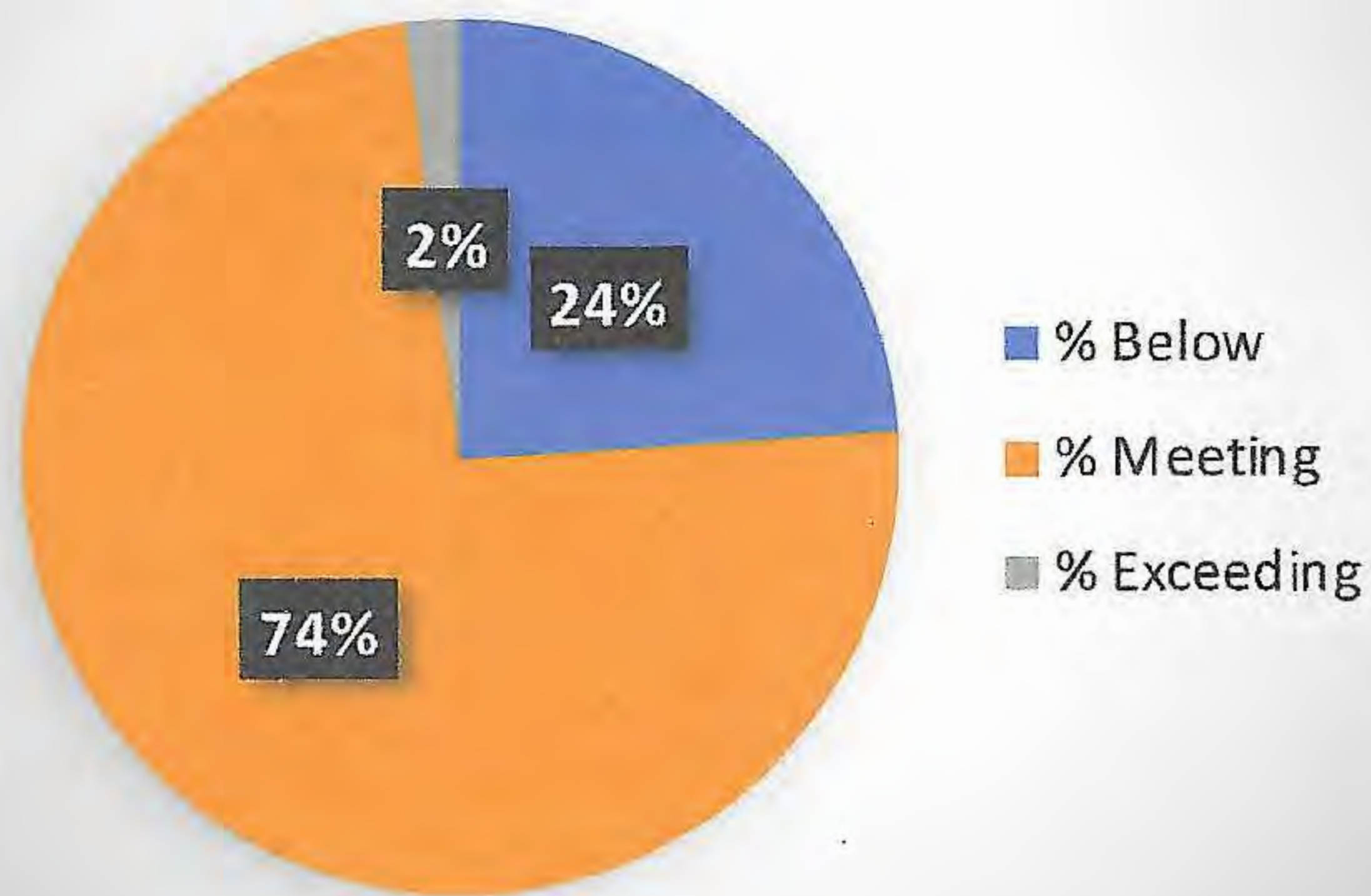
Approaches to Learning



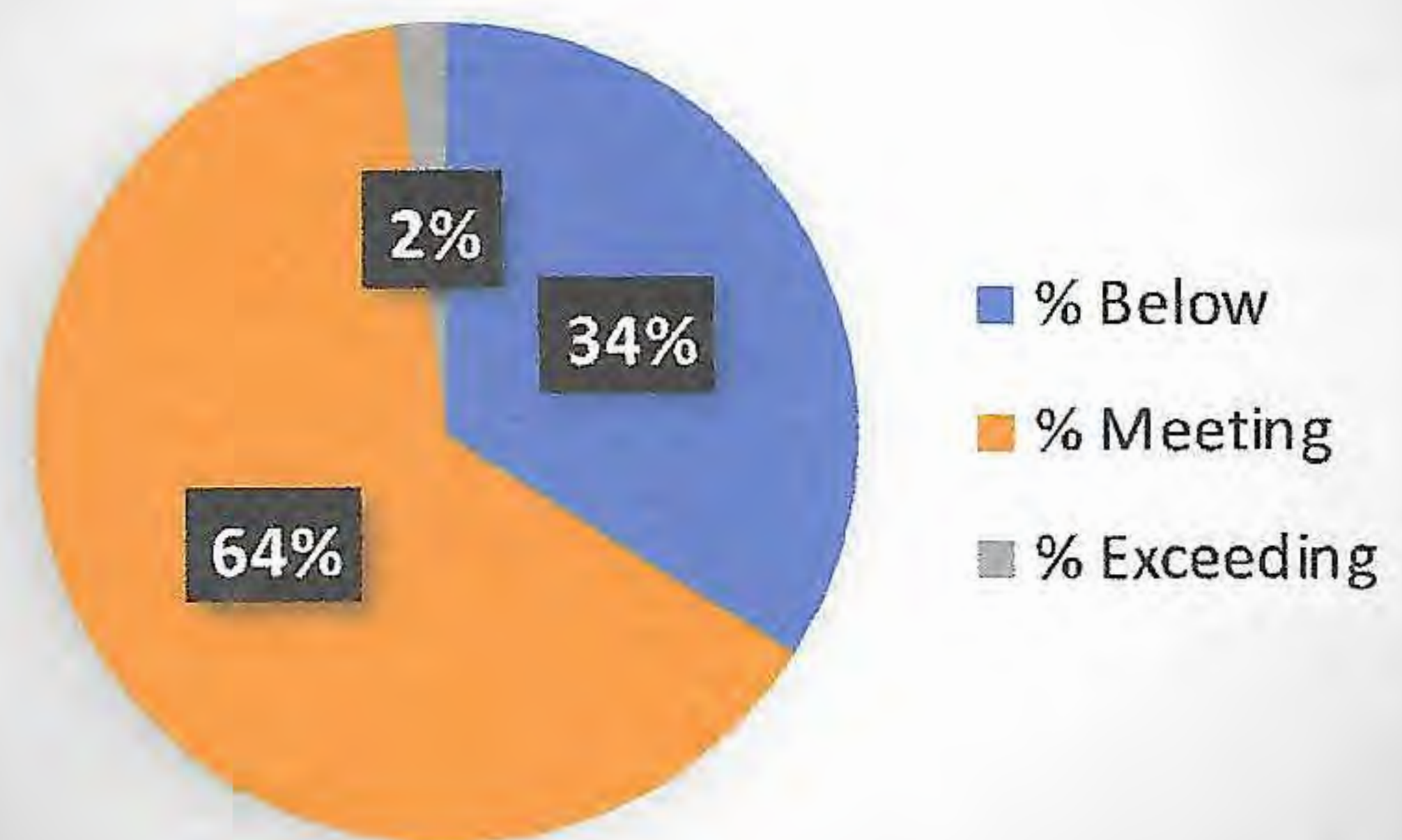
Social Emotional



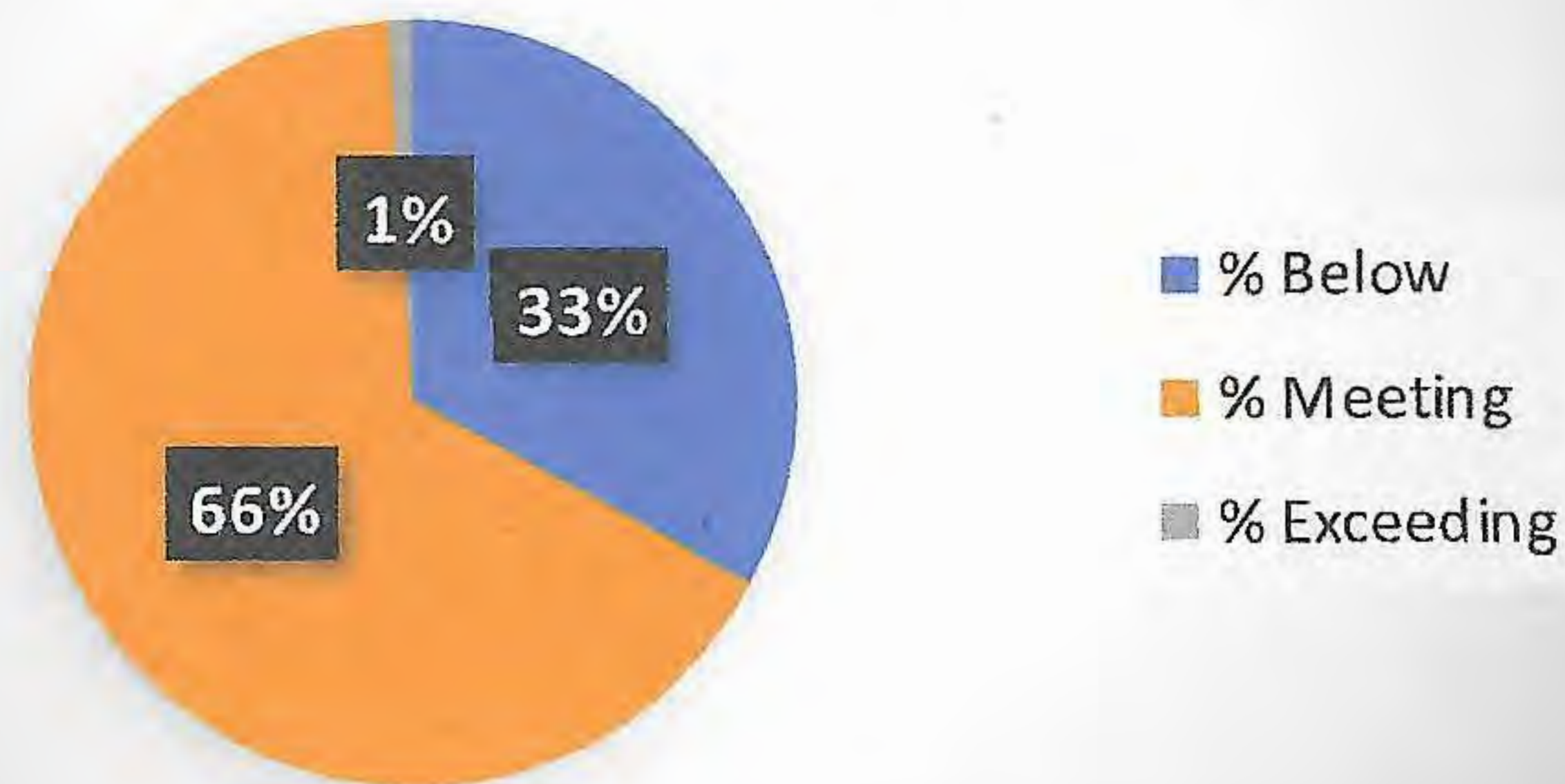
Language & Literacy



Cognition

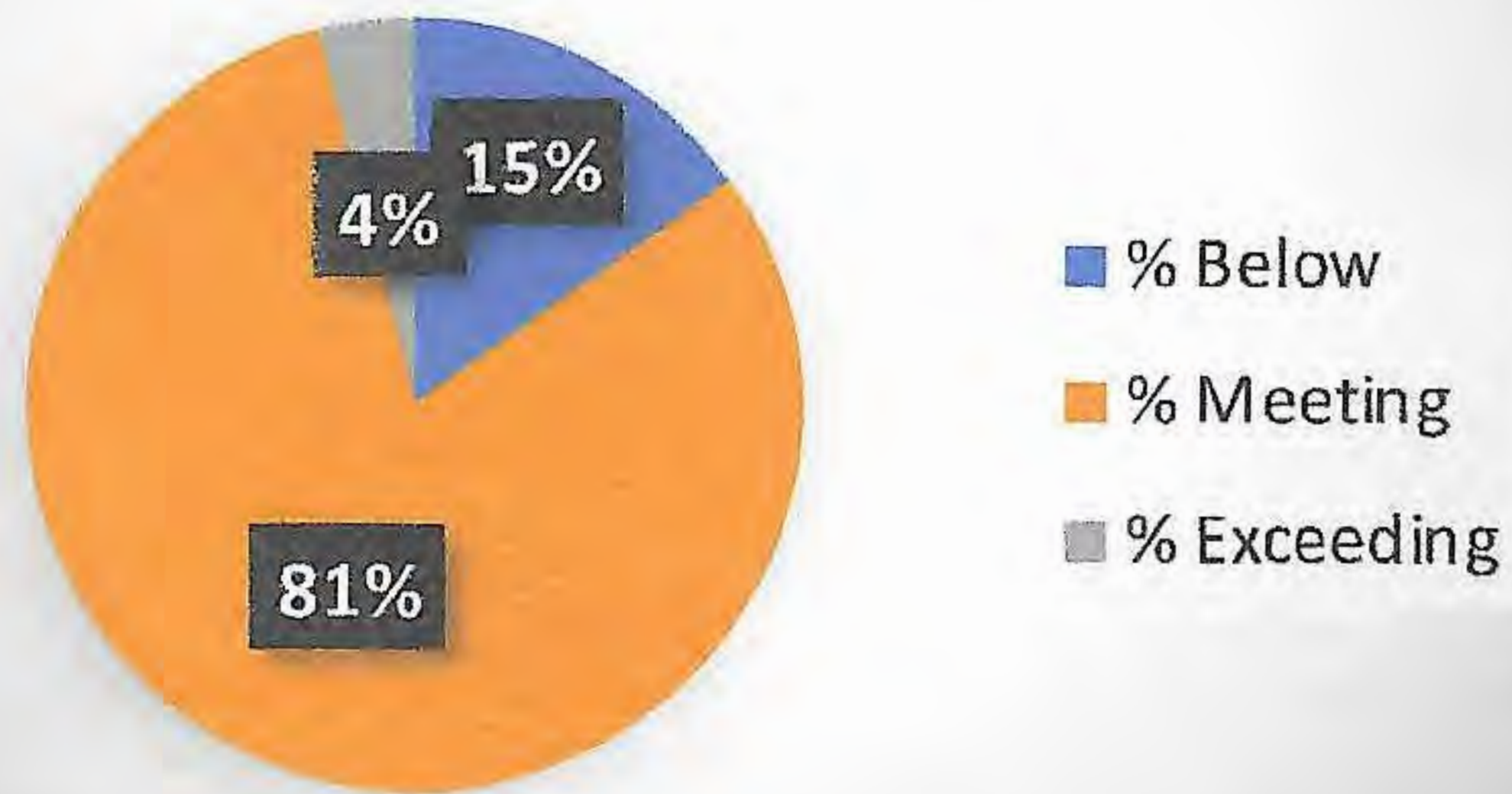


Perceptual, Motor, & Physical Development

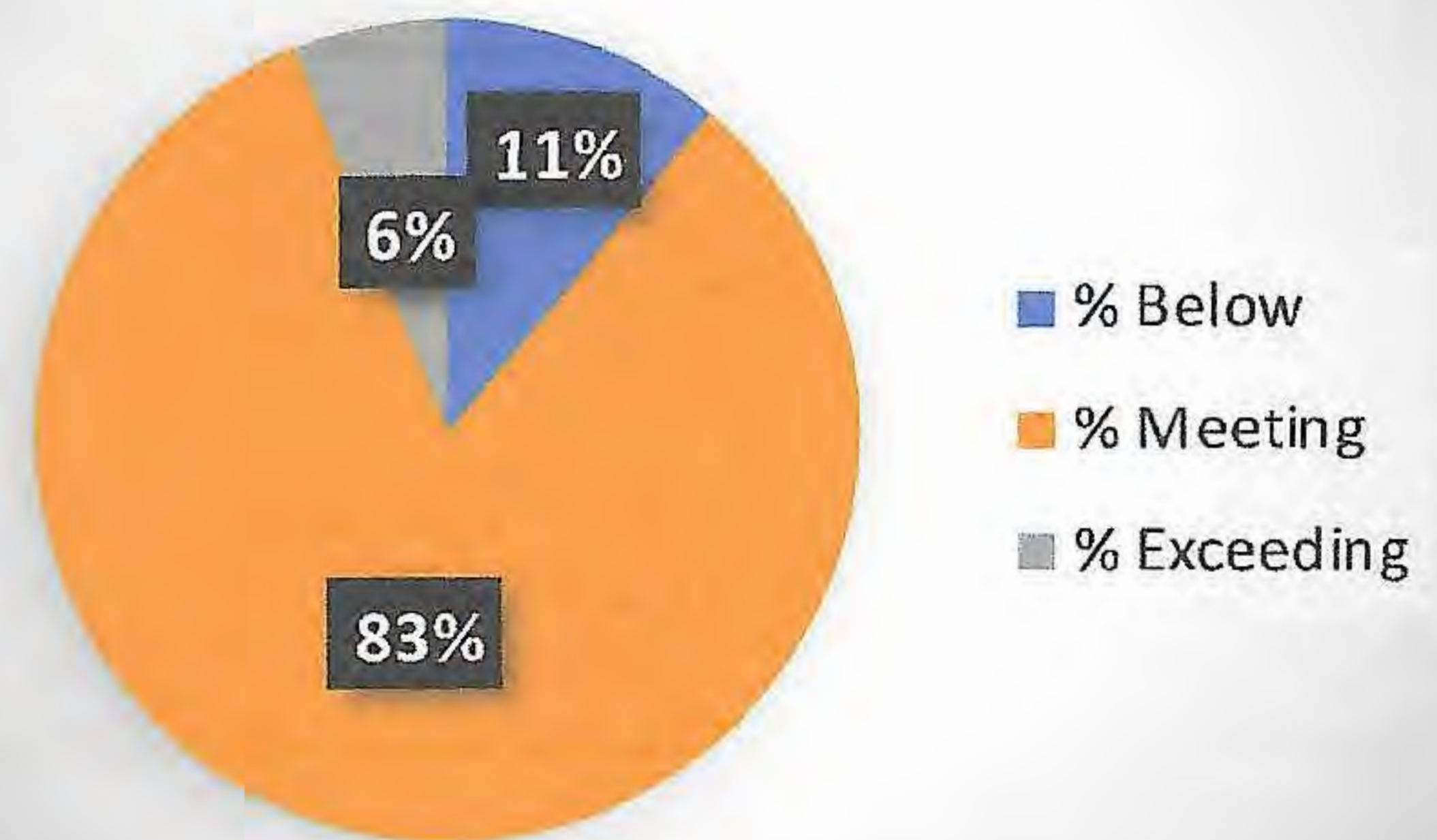


Lake Cumberland Head Start Program
Early Head Start Child Outcomes: Winter 2023-2024

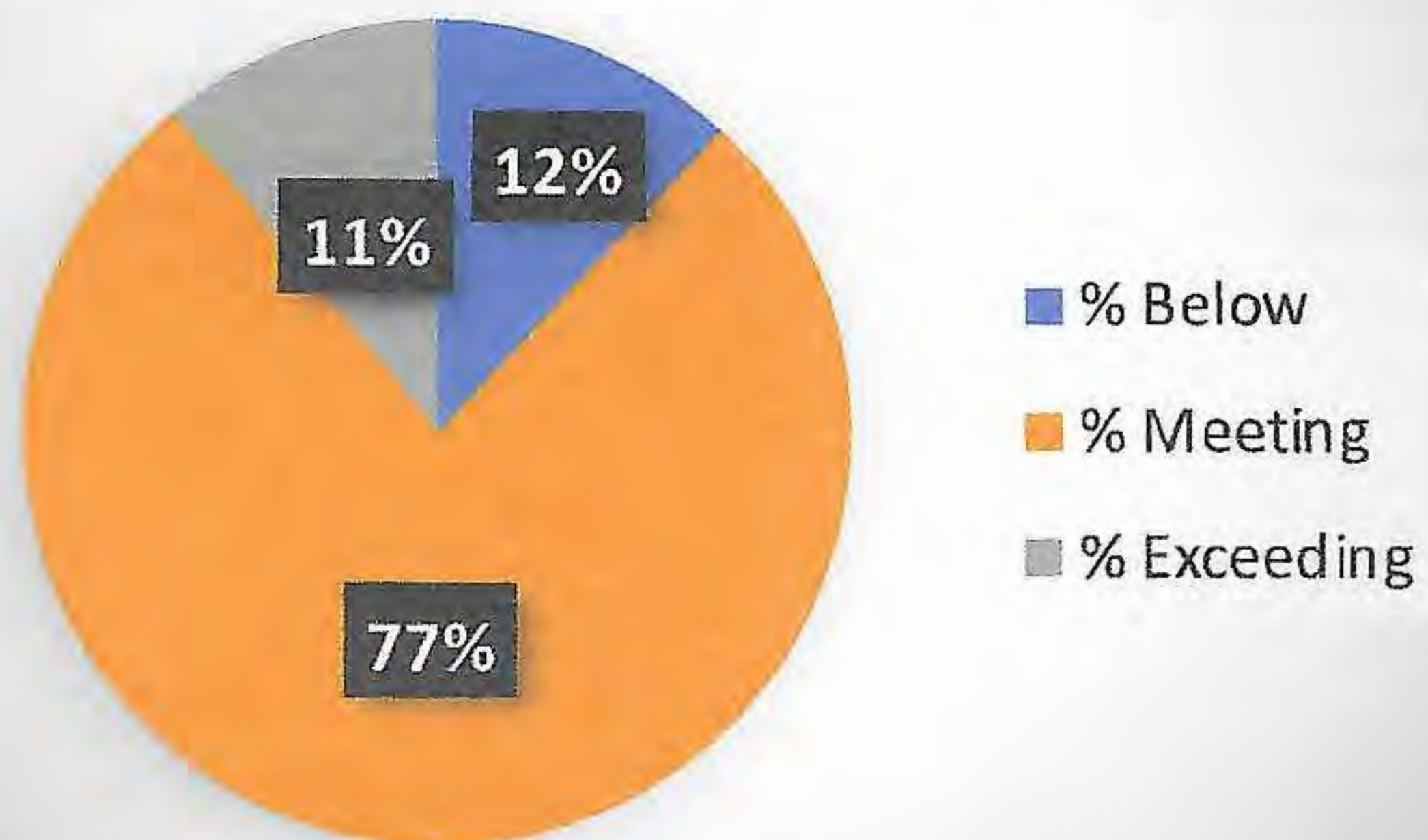
Approaches to Learning



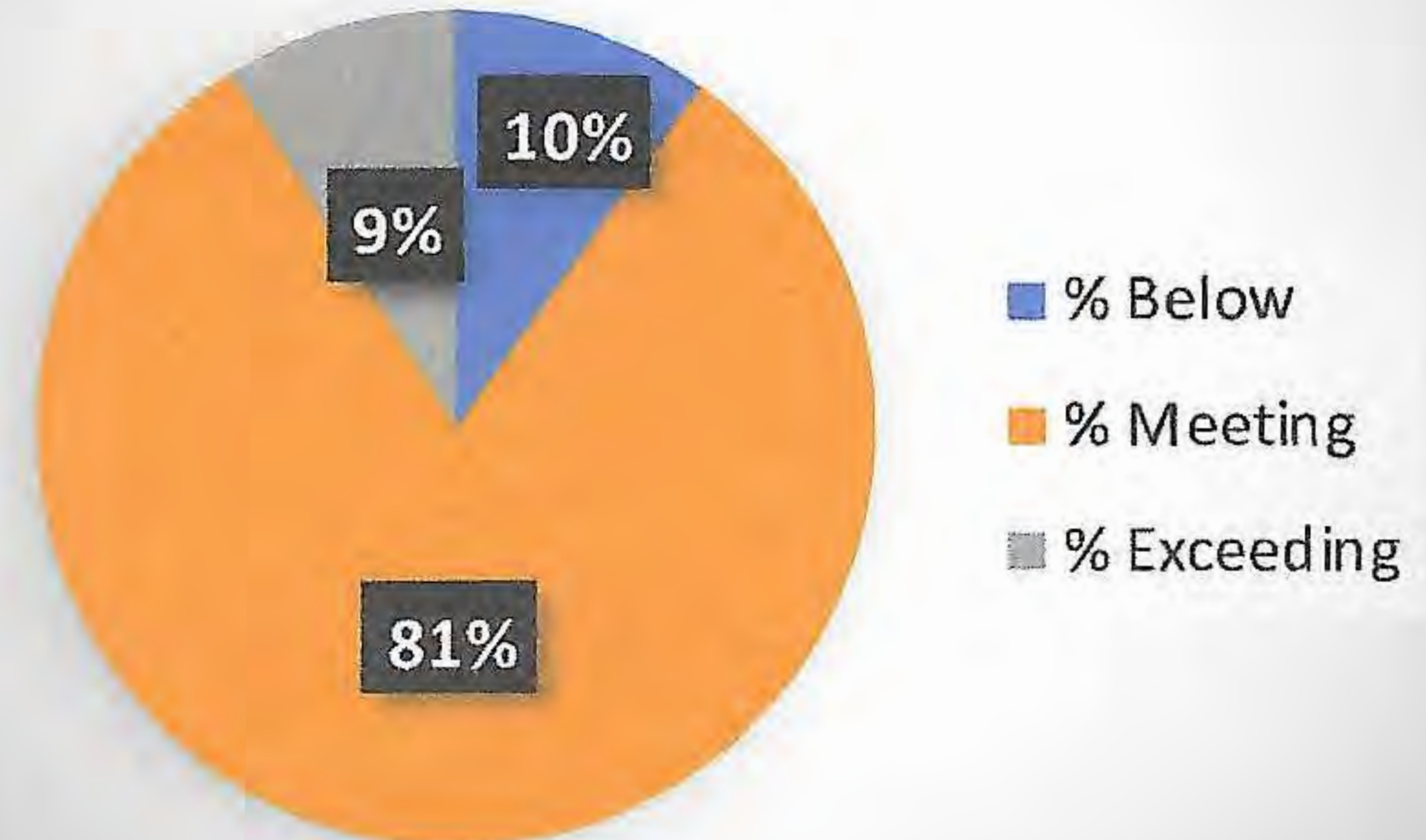
Social Emotional



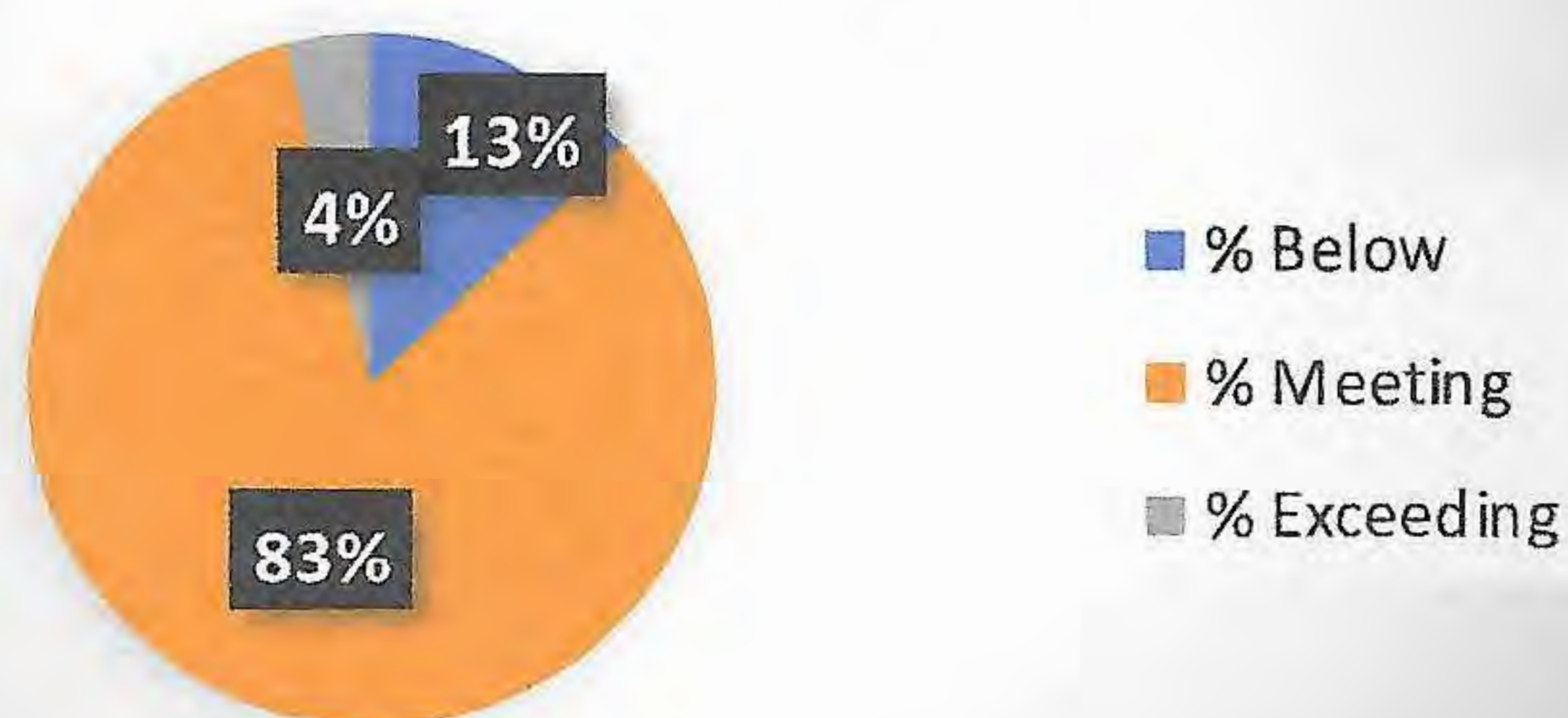
Language & Literacy



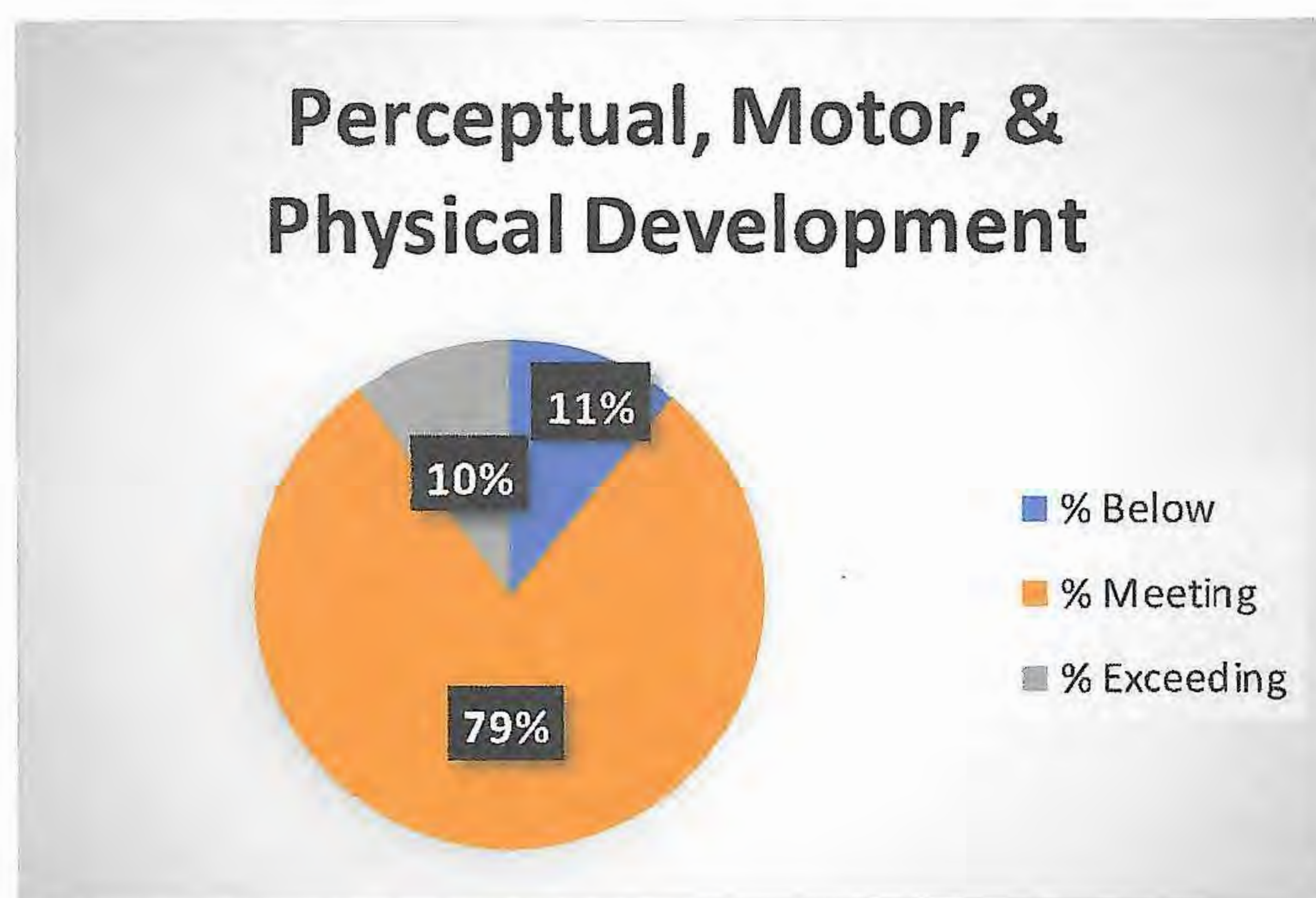
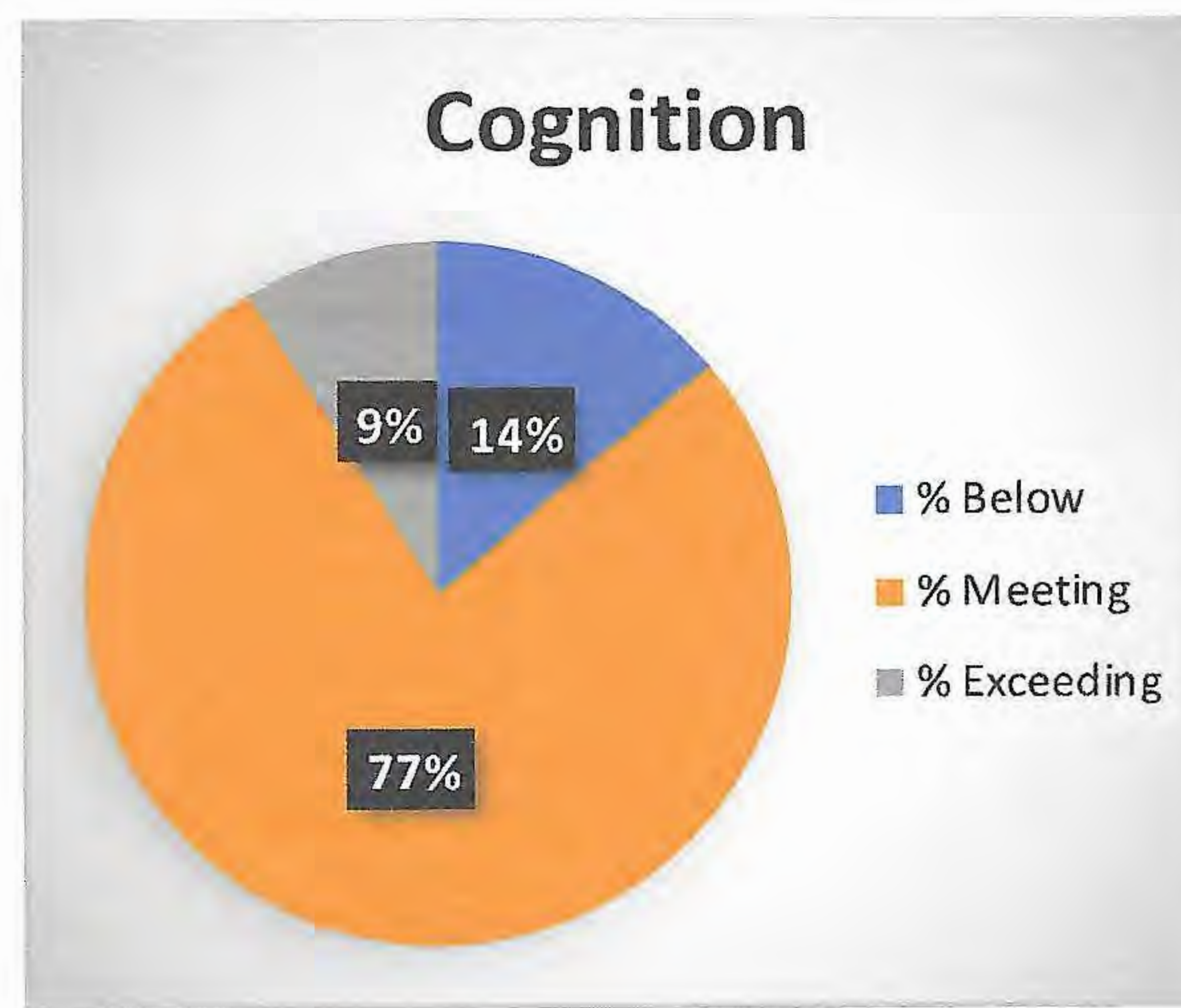
Cognition



Perceptual, Motor, & Physical Development



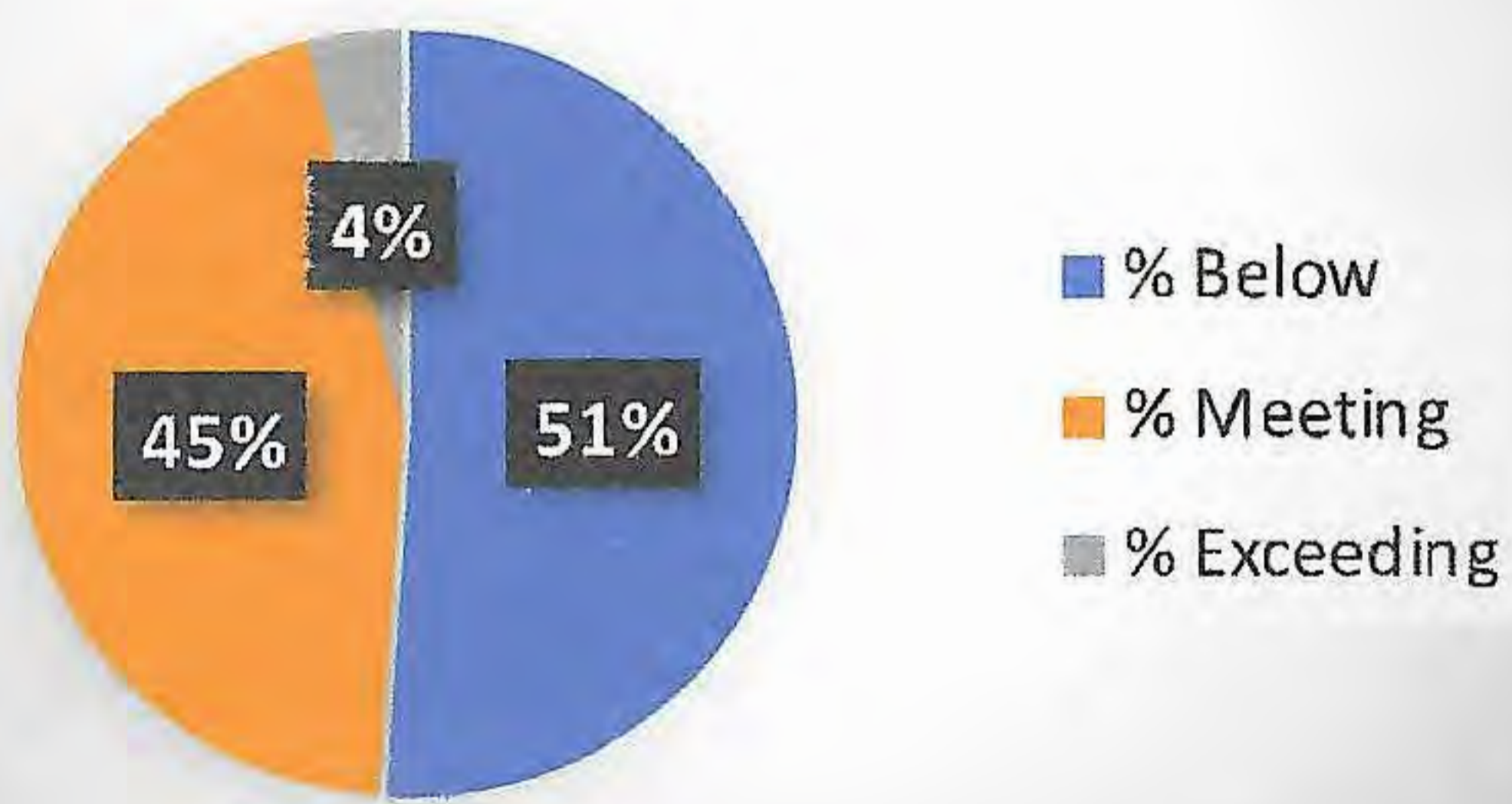
Lake Cumberland Head Start Program
Early Head Start Child Outcomes: Spring 2023-2024



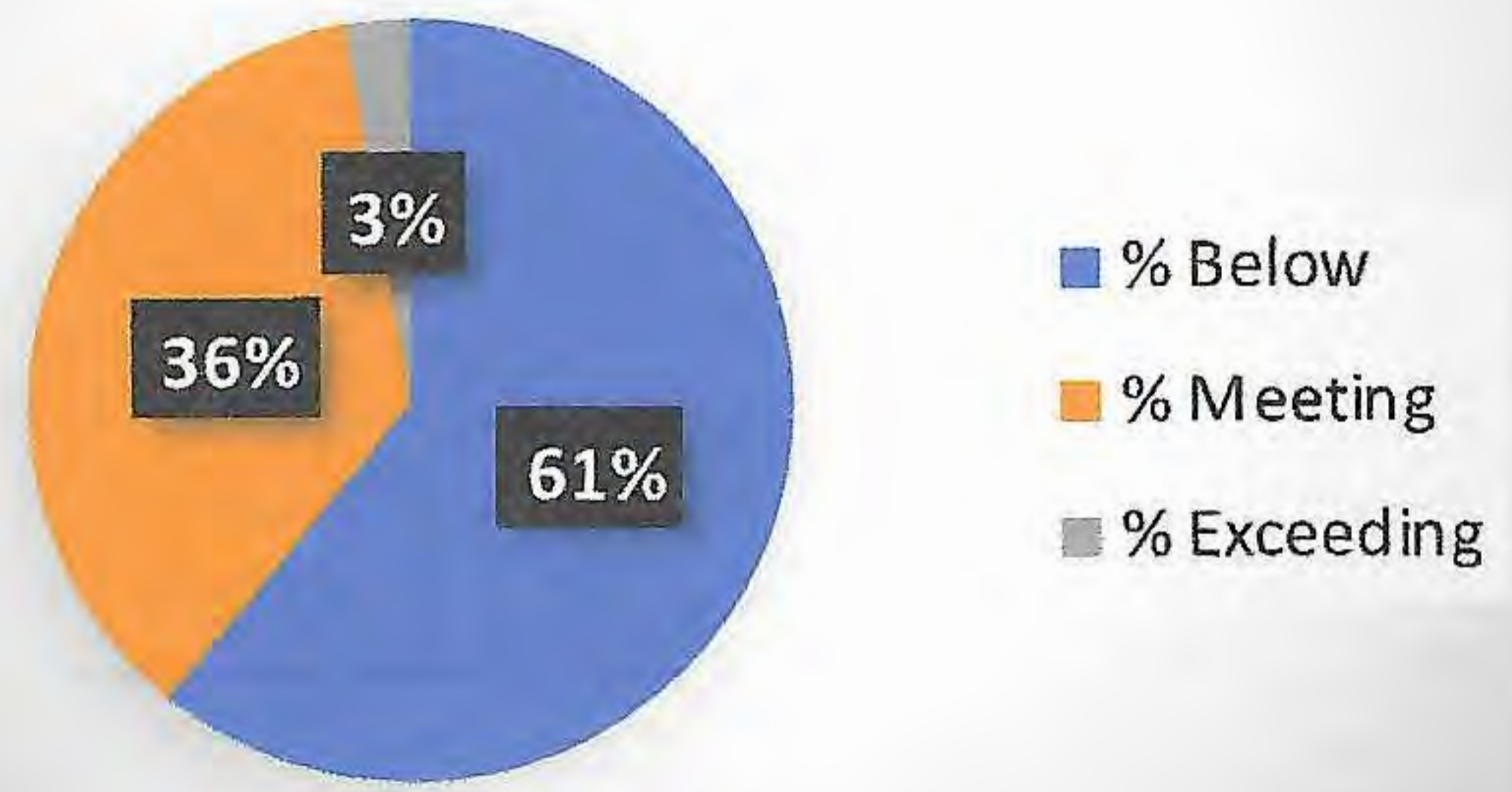
*NOTE: We opened a new Early Head Start classroom at Taylor EHS in January 2024 and had to close an Early Head Start classroom at Jones Park EHS in May 2024 causing some lack of growth in Early Head Start child outcomes for this school year.

Teaching Strategies GOLD
Fall Child Outcomes 2023-2024

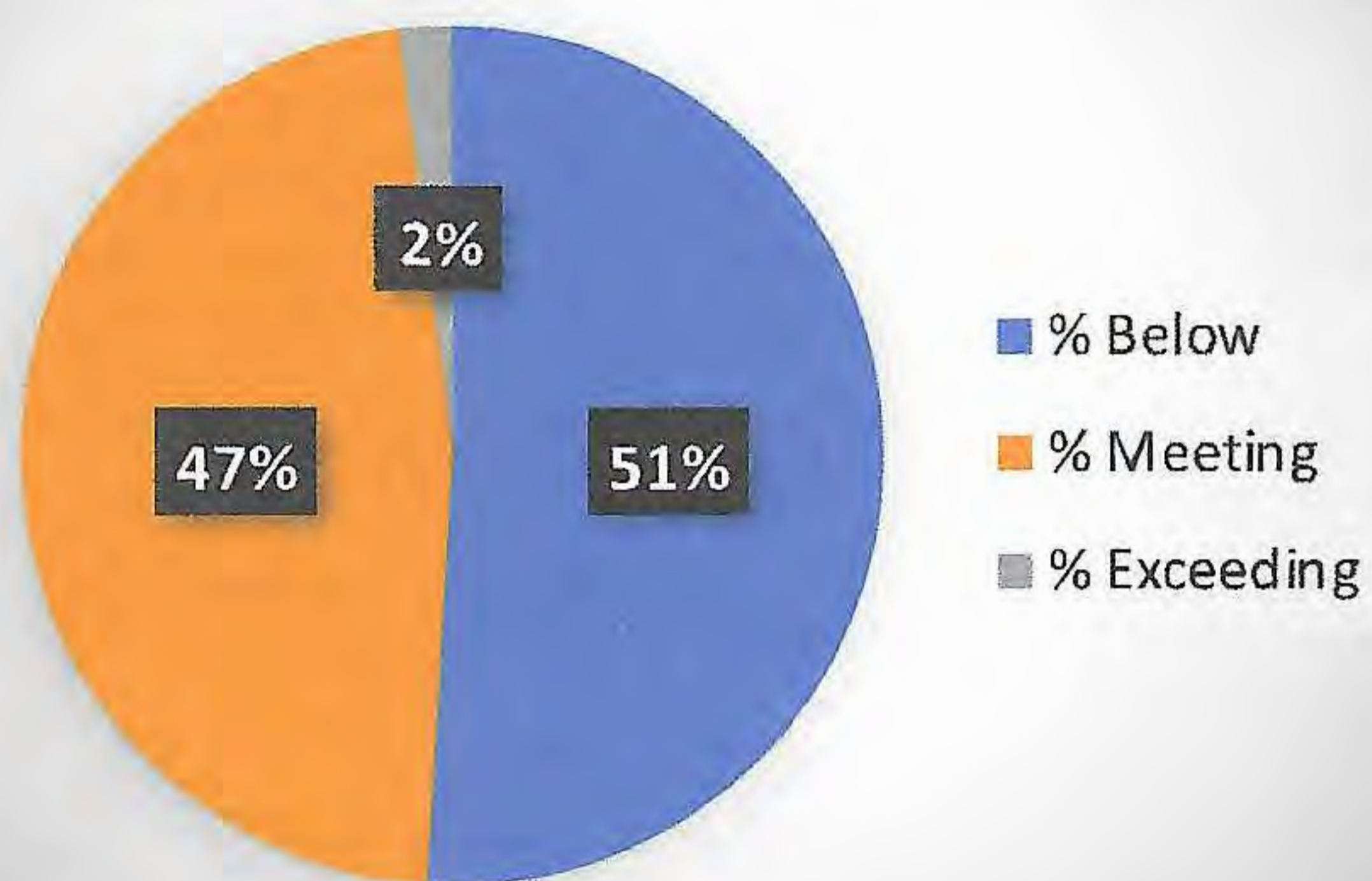
Approaches to Learning



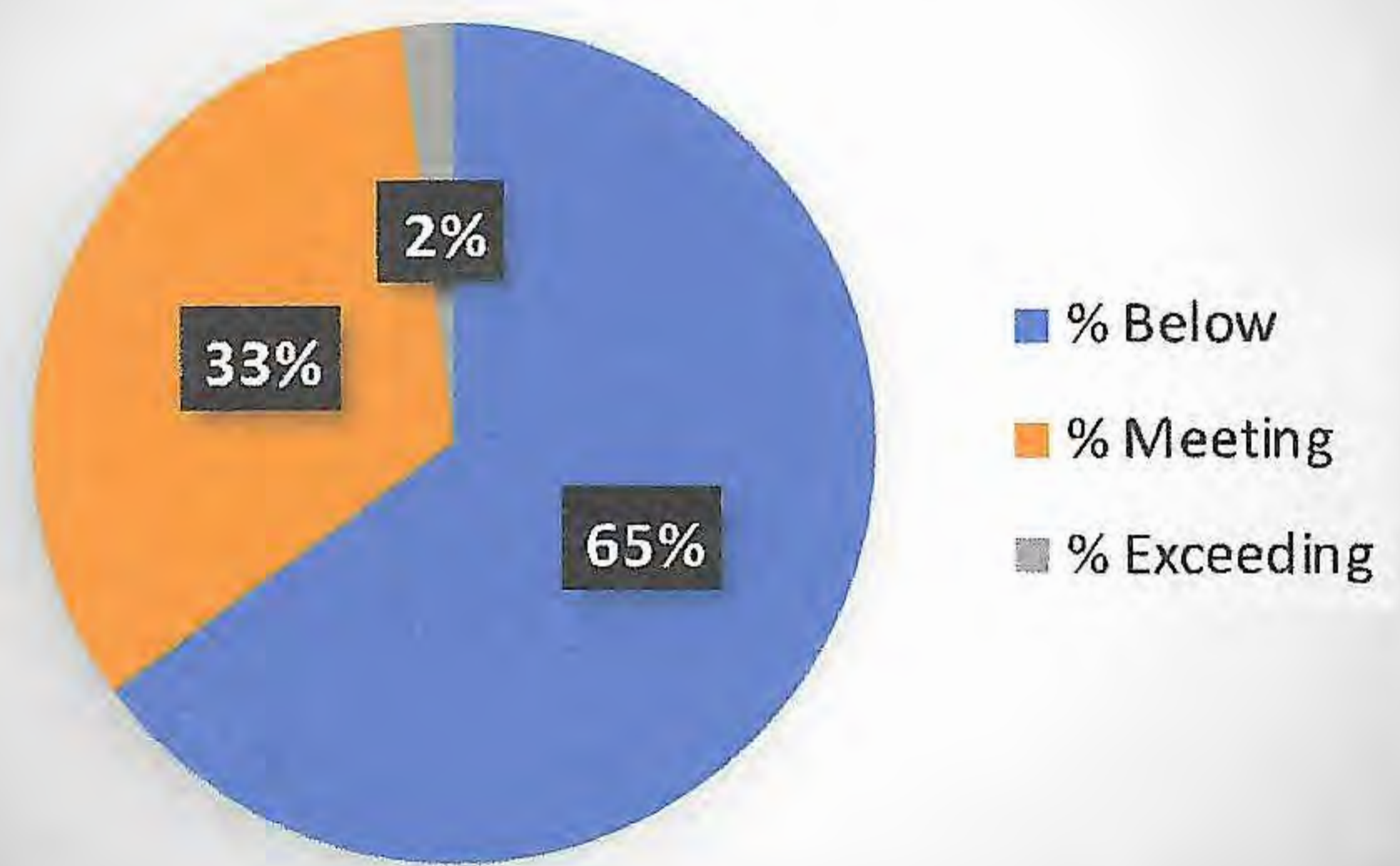
Social Emotional Development



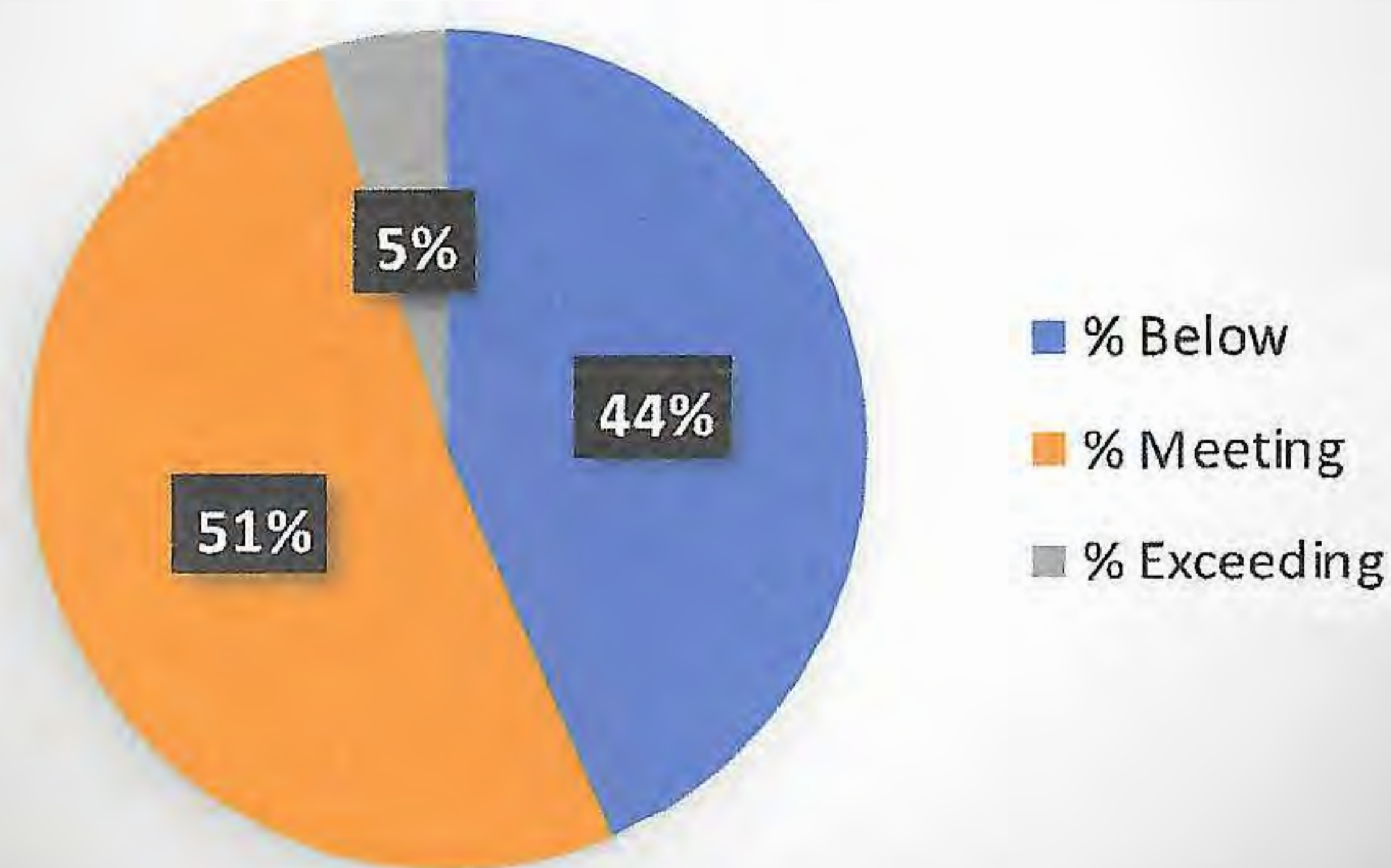
Language & Literacy



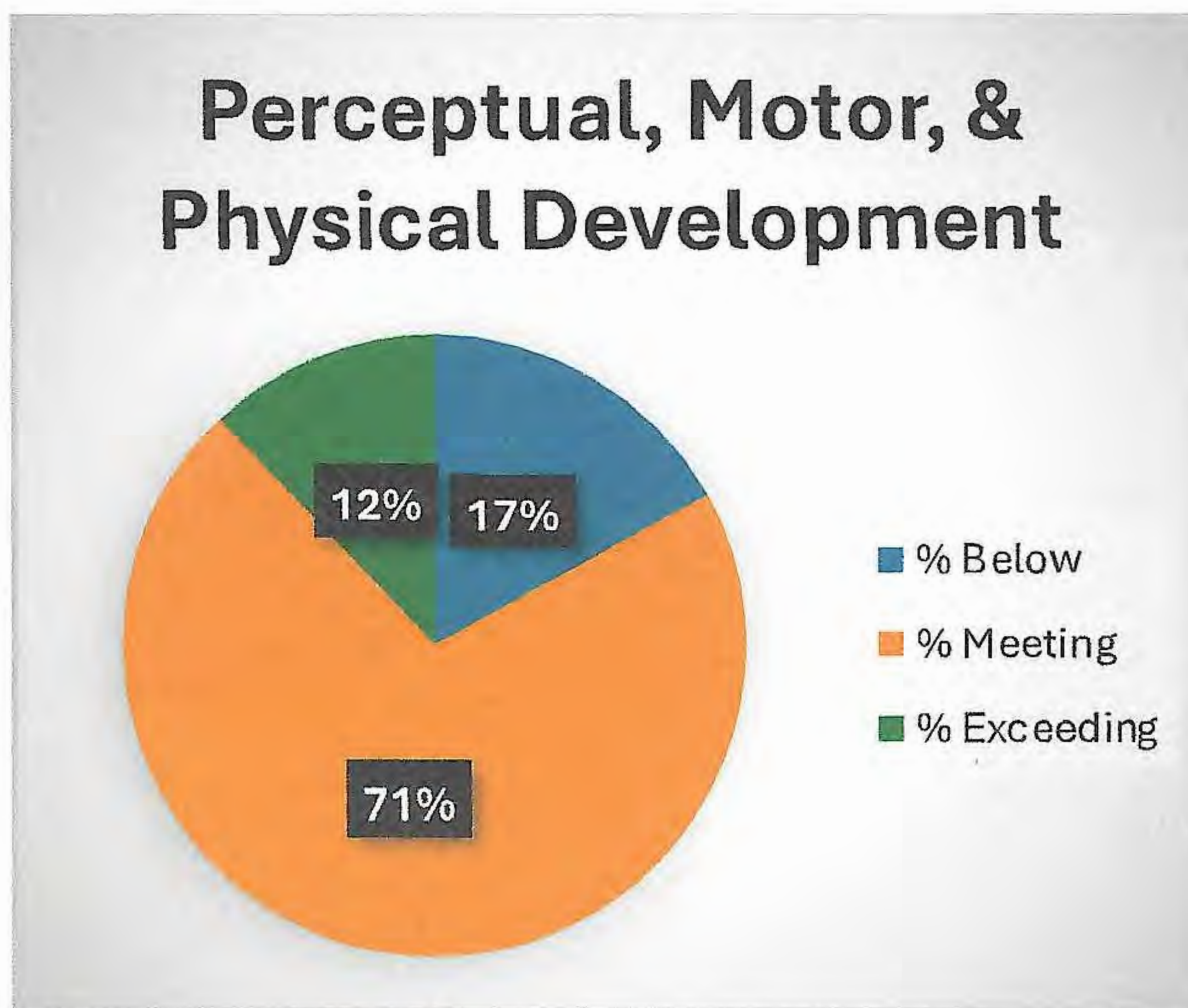
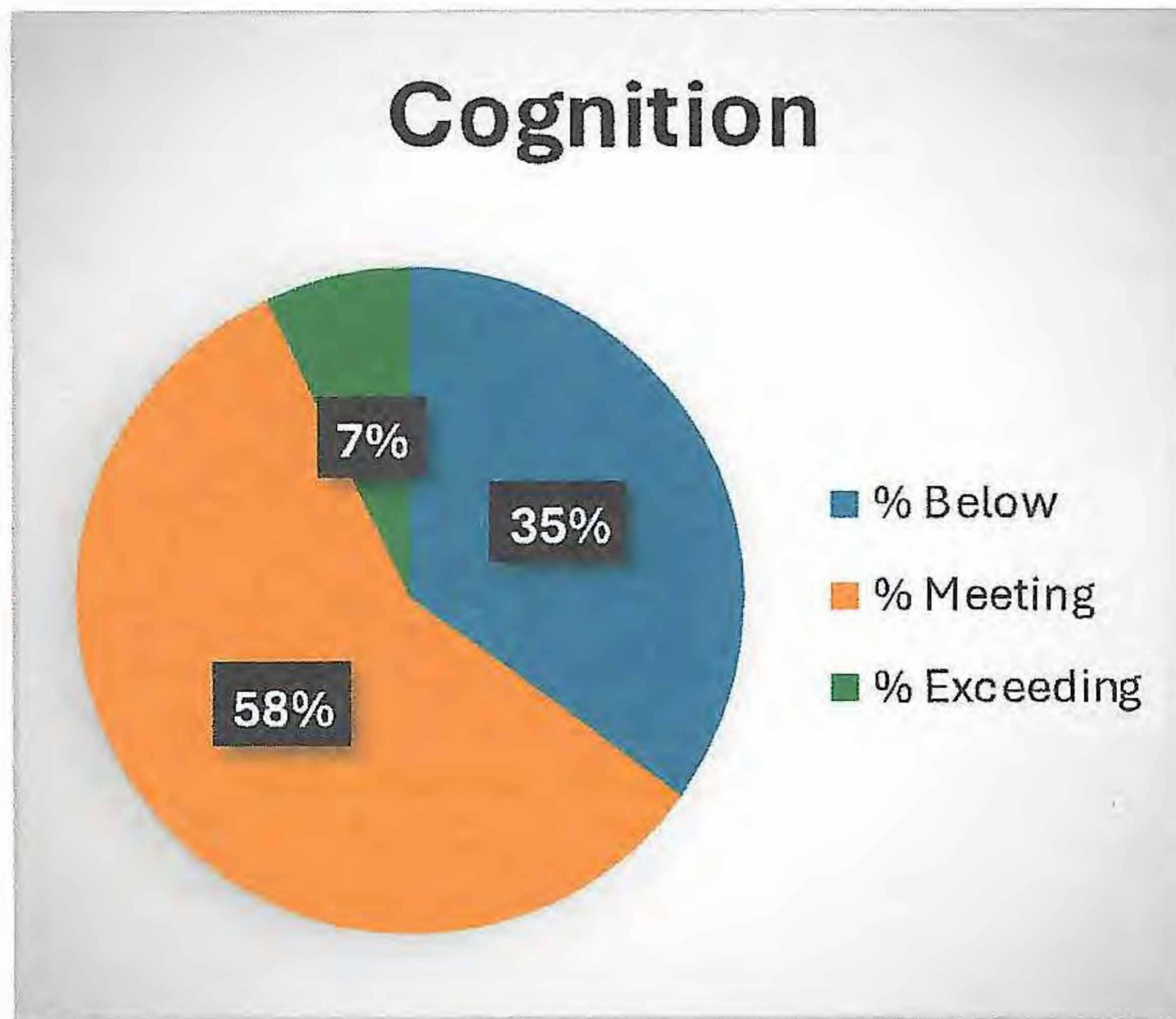
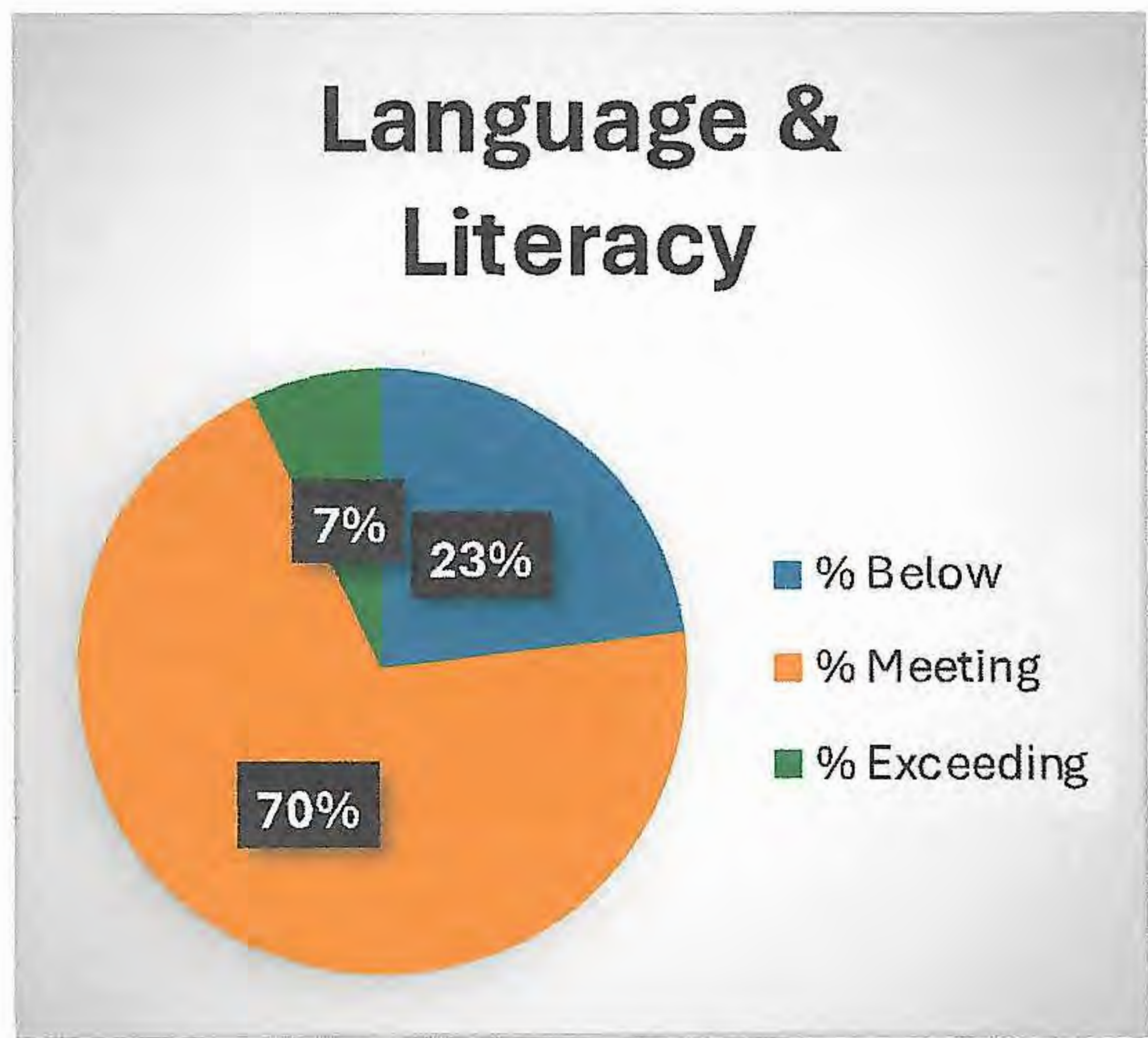
Cognition



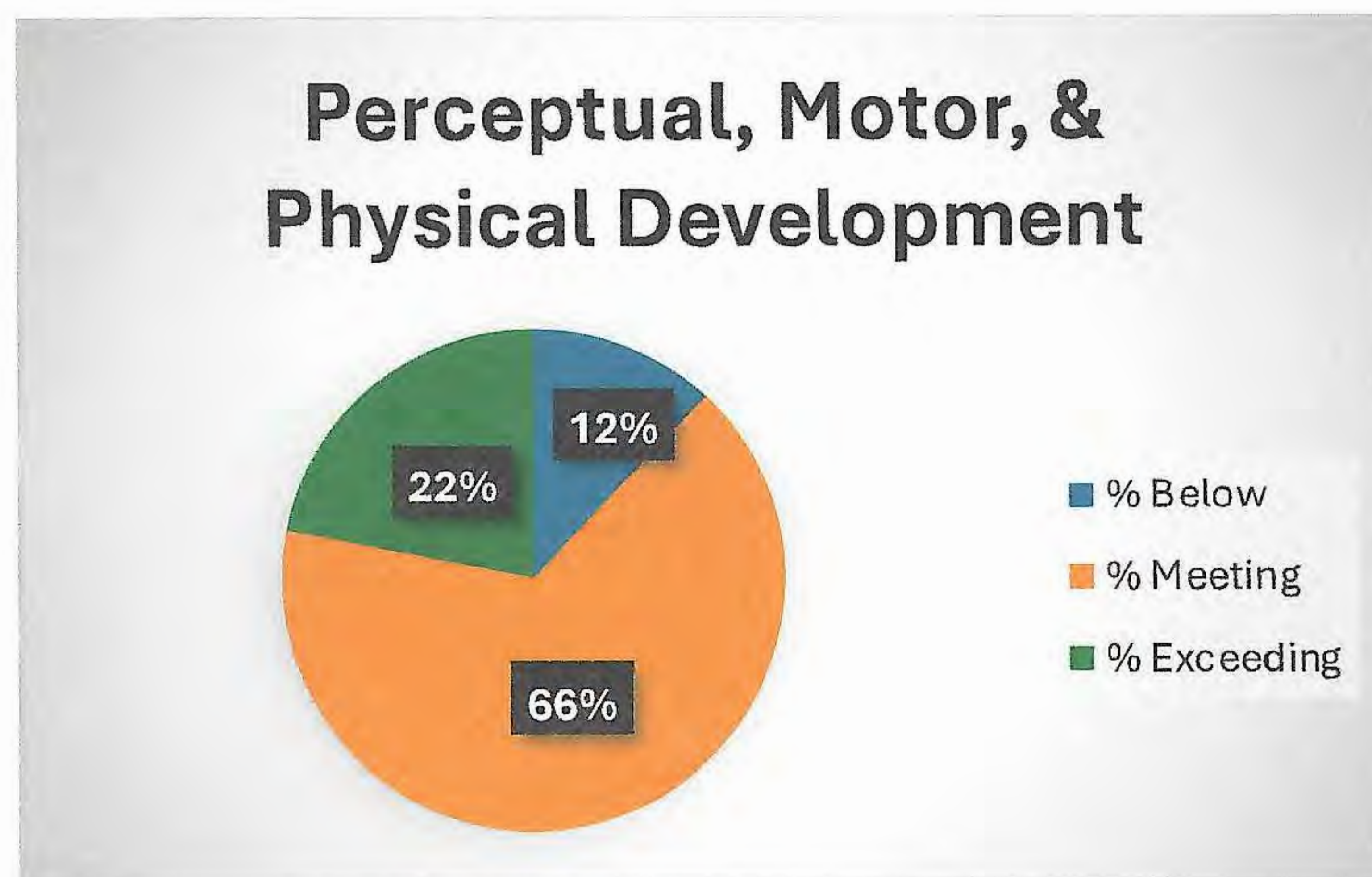
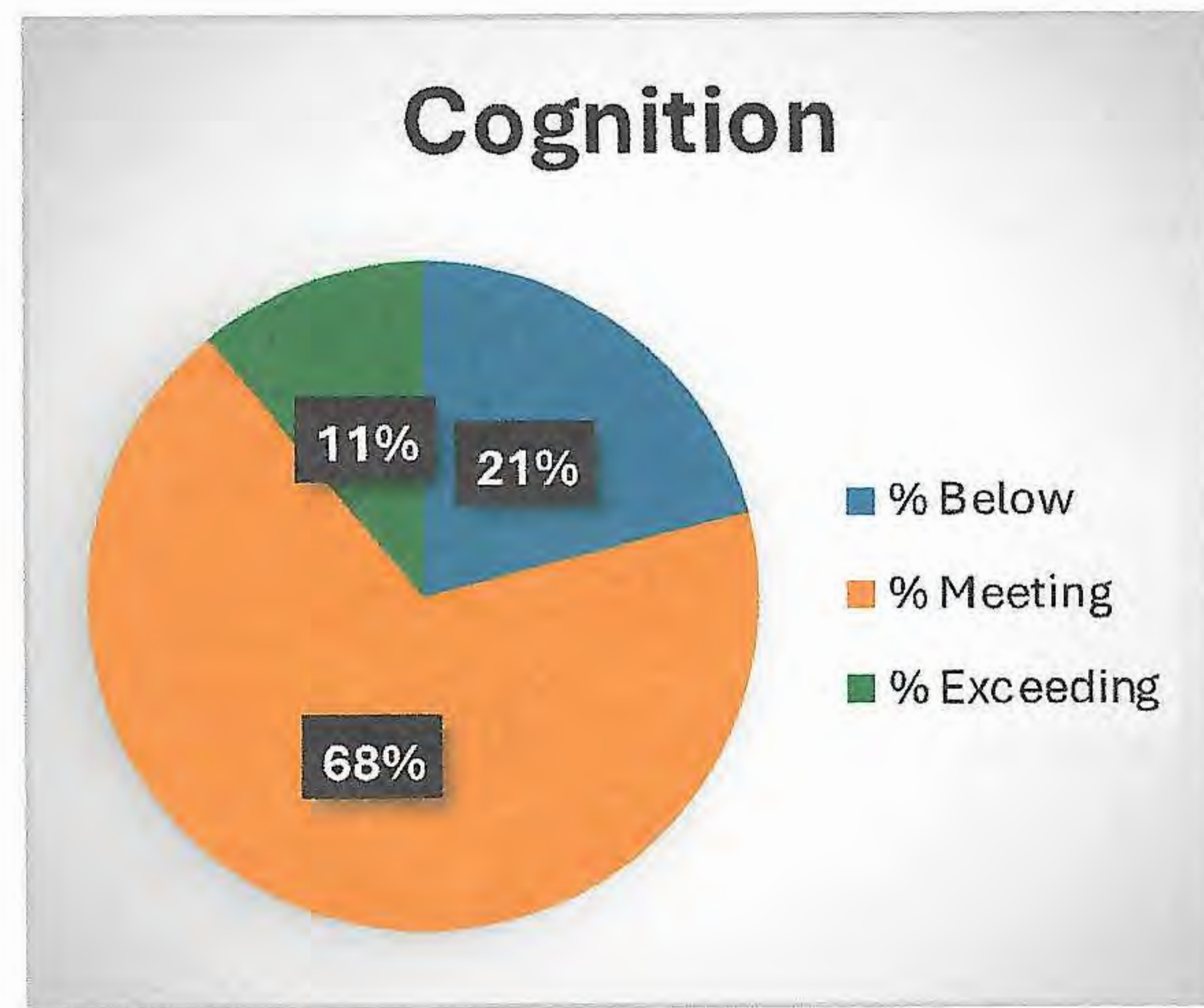
Perceptual, Motor, & Physical Development



**TSG Child Outcomes
Winter 2023-2024**



Lake Cumberland Head Start Program
Head Start Child Outcomes: Spring 2023-2024





Parent Involvement

2023-2024

Head Start:

64%-Father's involved in the family assessment

65%-Father's involved in family goal setting

67%-Father's involved in their child's development (thru home visits and/or parent teacher conferences)

13%-Father participation in Head Start Governance such as Policy Council/Parent Committees

Early Head Start:

60%- Father's involved in the family assessment

58%- Father's involved in family goal setting

56%- Father's involved in their child's development thru home visits and/or parent teacher conferences

11%-Father participation in Head Start Governance such as Policy Council/Parent Committees

24%-Father's involved in parenting education workshops

Parent Involvement Activities 2023-2024

- 👏 Pumpkin Patch Walk
- 👏 Fall Lunch/Dinner
- 👏 Holiday Breakfast
- 👏 Transition to Kindergarten/School Readiness
- 👏 1-2-3 Magic Parenting Curriculum
- 👏 Dr. Seuss Literacy Week
- 👏 Nutrition Activities (Weekly)
- 👏 Family Movie Night
- 👏 Dances – Valentine and Dance with Dad
- 👏 Alphabet Egg Hunt
- 👏 Community Partner/ PRIDE Activities
- 👏 Healthy Babies
- 👏 Home Safety
- 👏 Stress/Time Management
- 👏 Nature Field Trip
- 👏 Mental Health Educational Activities
- 👏 GED/Education/Financial Aide Assistance
- 👏 Budgeting and Loan Information



Eligibility, Recruitment, Selection, Enrollment, & Attendance (ERSEA)

ERSEA determines community strengths, needs, and resources as well as recruitment areas. It contains requirements and procedures for the eligibility determination, recruitment, selection, enrollment, and the attendance of children.

Family & Community Engagement Program

LCCHS integrates parent and family engagement strategies into all systems and program services to support family well-being and promote children's learning and development.

Health Program Services

LCCHS provides high-quality health, oral health, mental health, and nutrition services that are developmentally, culturally, and linguistically appropriate and that will support each child's growth and school readiness.

Mental Health

LCCHS provides support for effective classroom management and positive learning environments; supportive teacher practices; strategies for supporting children with challenging behaviors and other social, emotional, and mental health concerns.

Disabilities

LCCHS ensures that the individualized needs of children with disabilities are being met and all children have access to and can fully participate in the full range of activities and services.

Education

LCCHS provides high-quality early education and child development services (including for children with disabilities) that promote children's cognitive, social, and emotional growth for later success in school. The program delivers developmentally, culturally, and linguistically appropriate learning experiences in language, literacy, mathematics, social and emotional functioning, approaches to learning, science, physical skills, and creative arts.

Transportation

LCCHS provides transportation to all enrolled children, except for Early Head Start. The program makes reasonable efforts to coordinate transportation resources with other human service agencies in the community to control costs and to improve the quality and availability of transportation services. The program ensures all accidents involving vehicles that transport children are reported per applicable state requirements.

Nutrition

LCCHS has designed and implemented nutrition services that are culturally and developmentally appropriate, meet the nutritional needs of children while accommodating the feeding requirements of each child including children with special dietary needs and children with disabilities.

Adair County**Adair County Head Start**

111 Fairgrounds St
Columbia, KY 42728
270.384.4111

Gina Harmon, LAM
Erica Turner, FSS

Adair Early Head Start

111 Fairgrounds St.
Columbia, KY 42728
606.875.5656

Gina Harmon, LAM/FSS

Casey County**Liberty Head Start**

630 Whipp Ave
Liberty, KY 42539
606.787.9207

Mona Whited, LAM
Heidi Carmicle, FSS

Casey Co. Early Head Start

1673 E State HWY 70
Liberty, KY 42602
606.787.1879

Mona Whited, LAM
Heidi Carmicle, FSS

Jones Park Early Head Start

6295 E KY 70
Liberty, KY 42539
606.787.1249

Mona Whited, LAM
Heidi Carmicle, FSS

Clinton County**Clinton County Head Start**

312 King Street
Albany, KY 42602
606.387.8747

Amanda Thurman, FSS/CC

Cumberland County

46 David L. Williams St.
Burkesville, Ky 42717
270 864-2524

Lisa Crase, LAM
Lexy Thrasher, FSS

Green County**Green County Head Start**

100 Kidz Korner
Greensburg, KY 42743
270.932.6618

Donna Rogers, LAM/FSS

McCreary County**McCreary Head Start**

1941 N. Hwy 27
Whitley City, KY 42653
(606)376-5437

McCreary Pine Knot

119 E. Hwy 92
Pine Knot, KY 42635
(606) 354-2161
Brenda Meece, FSS

McCreary Whitley

2819 N. Hwy 27
Whitley City, KY 42635
(606) 376-2690

Pulaski County

Dunbar Head Start
255 Maple Street
Somerset, KY 42501
(606) 679-3496
Debbie Loveless, LAM/FSS

Hope Way Head Start

223 Hope Way
Somerset, KY 42501
(606) 679-8602
Miranda Perkins, LAM
Melissa Tomlinson, FSS

Science Hill Center

349 W HWY 635
Science Hill, KY 42553
606 423-3515
Debbie Loveless, LAM/FSS

Southern Head Start

285 Enterprise Drive
Somerset, KY 42501
606.676.9187
Miranda Perkins, LAM
Susan Reynolds, FSS

Russell County

Russell County Head Start
22 Rena Dr.
Russell Springs, KY 42642
(270)866-2692
Nancy Smith, LAM/FSS

Taylor County

Taylor County HS/EHS
1951 Old Columbia Rd
Campbellsville, KY 42718
(270) 789-3978
Sarah Curry, LAM
Brittany Claywell, FSS

Wayne County**Monticello/Wayne Co. Head Start Center**

265 HWY 3106
Monticello, KY 42633
606.348.4078

Sara Hutton, LAM/FSS

