



Lake Cumberland Head Start Annual Report

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Jamestown, KY 42629

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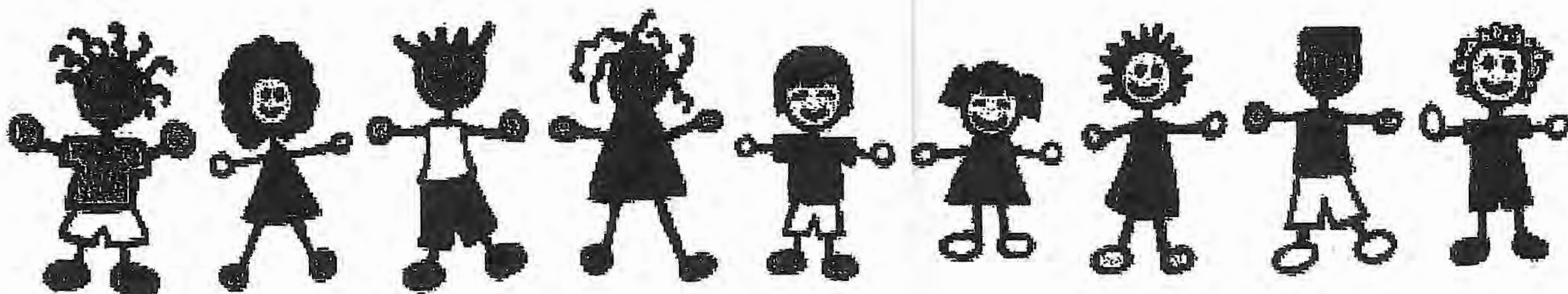
Fax: (270) 343-2800

Nicholas Shearer

Executive Director/Head Start Director

MISSION STATEMENT

The vision of the Lake Cumberland Head Start Program is to utilize a positive team effort to enhance the lives of "at-risk" children ages birth to five and their families by supporting and enriching the child's developmental growth physically, socially, emotionally, culturally, linguistically, and intellectually. Recognizing that parents are the primary educators of their children, the program will provide opportunities to enhance their growth and well-being by assisting them to become self-sufficient through collaboration with community resources. The program strives to provide high-quality services that are nurturing, age-appropriate, preventative/early intervention, and successful transitions. Lake Cumberland Head Start Program desires that every child be successful in school and life.



Revenues & Budget

FY 2024 REVENUES	
Federal Head Start Funding	\$7,638,356
Federal Migrant Funding	\$439,695
In-kind (Generated by LCCAA)	\$2,159,547
CACFP	\$339,216
Ancillary Grants (WHAS, PRIDE)	\$134,771

TOTAL **\$10,711,585**

FY 2025 BUDGET	
Personnel	\$3,817,143
Fringe Benefits	\$1,831,802
Supplies	\$86,998
Contractual	\$269,644
Other	\$1,036,401
Indirect Costs	\$731,486
Travel	\$42,500
Equipment	\$0

TOTAL **\$7,815,974**

FY 2026 Proposed BUDGET	
Personnel	\$3,670,377
Fringe Benefits	\$1,792,795
Supplies	\$133,788
Contractual	\$287,850
Other	\$1,187,622
Indirect Costs	\$701,042
Travel	\$42,500
Equipment	\$0

TOTAL **\$7,815,974**

Lake Cumberland Head Start and the Lake Cumberland Community Action Agency, the grantee, hold strongly to the notion that early intervention with young children is necessary to ensure they are ready and prepared to begin their formal education experiences, with self-confidence, skills, and motivation to learn and excel. In concert with that notion is the belief that a partnership between parents, families, and Head Start personnel will create and nurture the families' desire, dignity, skill, self-esteem, and respect needed to achieve social and economic self-sufficiency. The goal is to improve the quality of life for Head Start children and their families.

Program	Target Population	Counties Currently Served
Head Start (HS)	Children ages three to five	Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor, Wayne
Early Head Start (EHS)	Children from birth to age three and Expectant Mothers	Adair, Casey, and Taylor
Migrant Head Start*	Children of migrant and seasonal farmworkers, from birth to age	Pulaski

*LCCAA serves 32 Migrant/Seasonal Head Start students through a contract with Community Action Council for Lexington-Fayette, Bourbon, Harrison, & Nicholas Counties, Inc. Data for these children is included in the Community Action Council annual report.

There is a strong and consistent commitment to working collaboratively with community organizations, agencies, businesses, and elected officials to maximize and enhance available services for both Head Start eligible children and their families. It is also within the philosophy of the Lake Cumberland Head Start that staff must be qualified, nurtured, encouraged, and rewarded as they enhance their skills and educational levels to provide the quality services deserved by the children and their families. Inherent to the philosophy is the determination to be a change agent within the communities served, to serve as advocates and liaisons for the low-income, and to strive to ensure the program and services address the real needs of the population and communities in a planned, orderly, efficient, effective, and professional manner.



Early Head Start

The Early Head Start (EHS) Program provides early, continuous, comprehensive, and high-quality services to underserved infants, toddlers, and expectant women in our community. The Program center-based options provide services for 52 children, ages 0-3, and expectant moms throughout Adair, Casey, and Taylor Counties.

Guided by the Creative Curriculum, The Program caregivers create a developmental environment that is age-specific and appropriate, providing children opportunities for the exploration of a variety of sensory, motor, and social experiences. Program Staff understands that a child's pattern of development and learning is unique and needs individualized support and encouragement. Caregivers provide complete developmental assessments for each child based on observation, parental input, and standardized assessment tools.

As determined by the results of a comprehensive assessment, children and their families have access to various additional support services, such as early intervention services for children who have been identified as having special needs or referrals to appropriate medical or social services. In addition to child development, family development is also supported.

EHS parents have access to literacy development, parenting and child development workshops, mental health services, parent support, and involvement groups, classroom/program and volunteer opportunities, and other activities that foster growth and confidence in parenting abilities. The Program believes that providing family education and development opportunities helps the EHS parents grow in their skills and abilities to effectively be their child's first and lifelong teachers.

EARLY HEAD START

2024-2025

Total Cumulative Enrollment: 68

28% of children served were income eligible

50% of children served, received public assistance

7% of children served were foster

3% of children served were homeless

10% of children served had "other need"

Language

96% of children served spoke English

4% of children served spoke Spanish

0 were acquiring another language

Race

75% of children served were white/non Hispanic

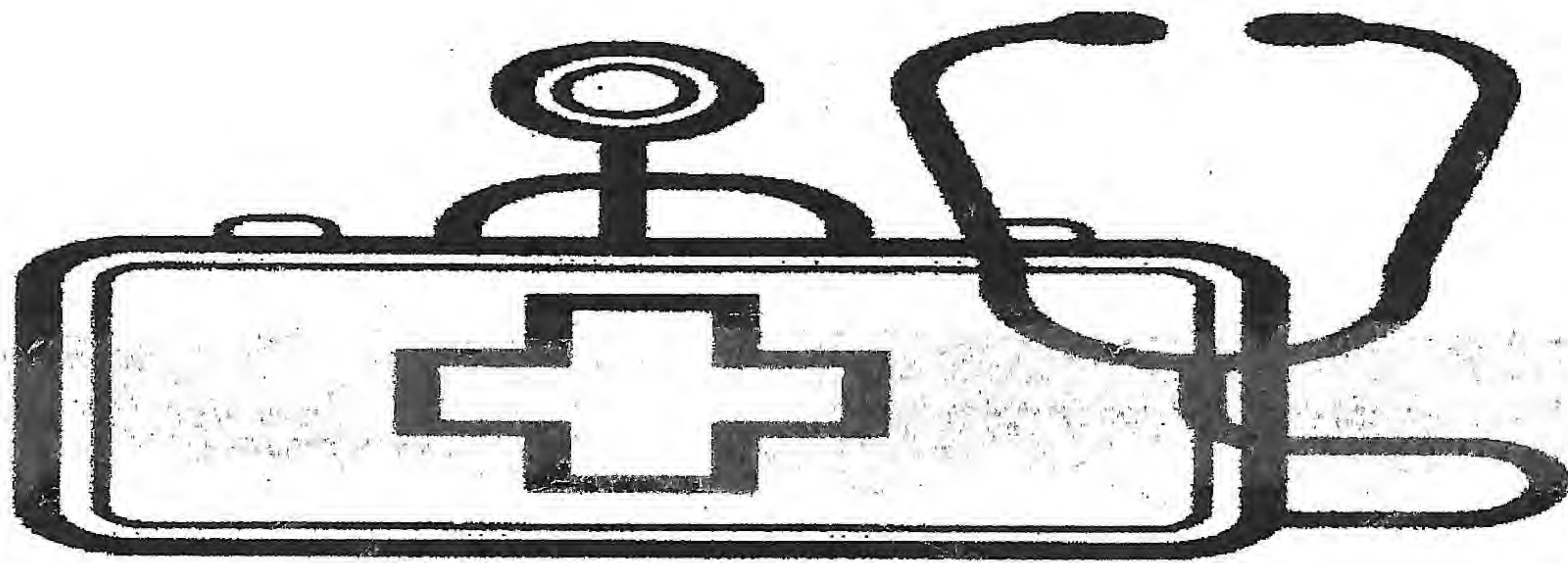
20% of children served were black/multi-racial

Ages

19% of children served were under the age of one

31% of children served were one year of age

46% of children served were two years of age



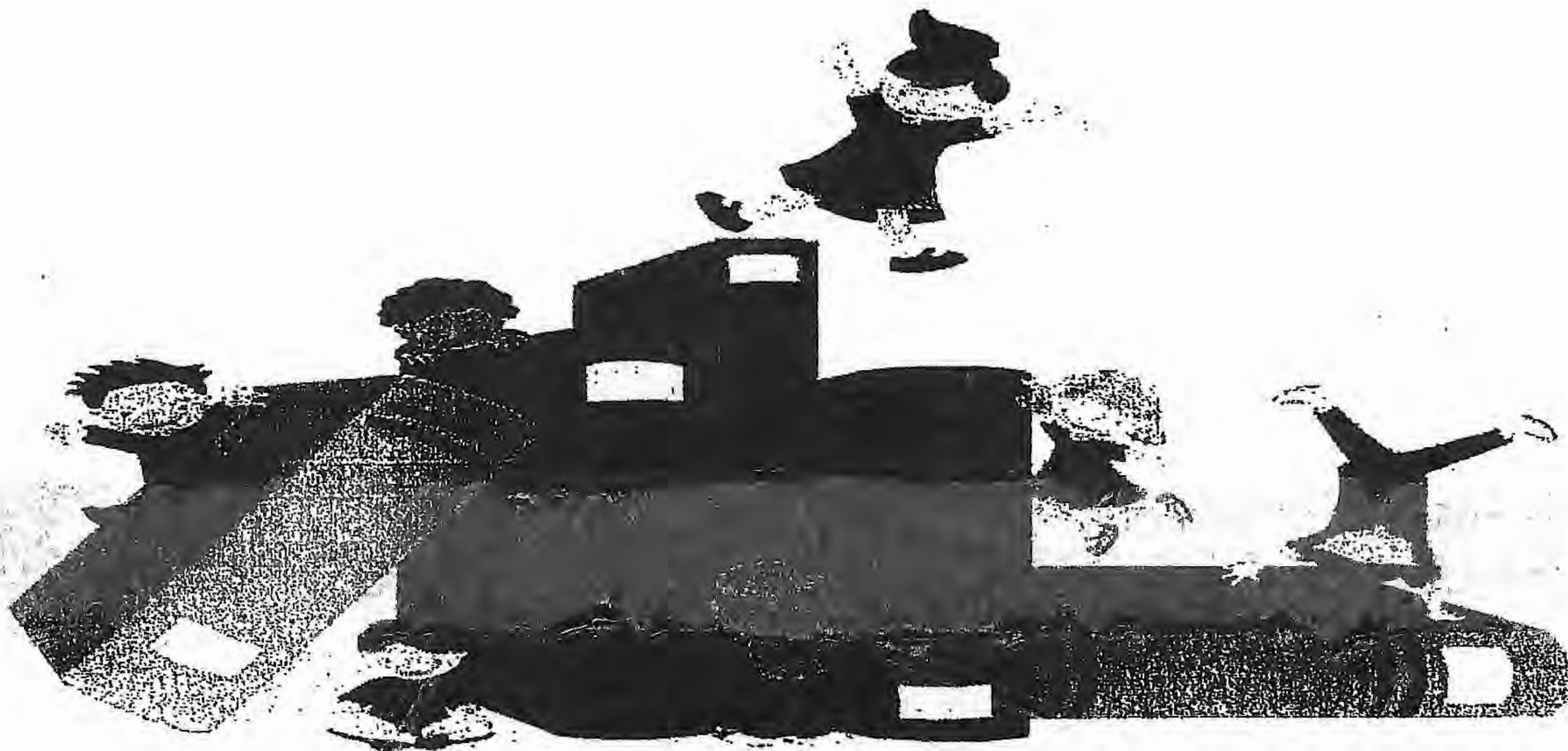
EHS

2024-2025

100% of Children served were either covered by:

Medicaid or Private Health Insurance

**100% of children were served were up-to-date or complete for their age on
Immunizations**



Head Start

The Lake Cumberland Head Start (HST) center locations serve 592 children between the ages of 3 and 5 throughout Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor, and Wayne counties.

Head Start has a long tradition of delivering comprehensive and high-quality services designed to foster healthy development for at-risk/low-income children. Administered by the Office of Head Start in the Administration for Children and Families Division in the Department of Health and Human Services, grantee and delegate agencies provide a range of individualized services in the areas of education and early childhood development; health, dental, mental health, nutrition, and parent involvement. The entire range of Head Start services is responsive and appropriate to each child's and family's development, cultural and linguistic heritage, and experience.

Staff encourages parents to become invested and involved in their child's education. By fostering parent involvement through workshops, parent-teacher conferences, parent groups, and classroom volunteer opportunities, our HST parents gain the confidence and skills necessary to help their child succeed in school and life

By the time they enter kindergarten, the HST children will have learned the academic foundations and social skills necessary to succeed. The Program staff work with HS children and parents to ensure that the transition to Kindergarten is as smooth as possible academically, socially, emotionally, and logistically.

Program Staff works diligently to serve diverse populations within our community, including families with limited or no English, children, and parents with disabilities, and families who are homeless or face other challenges — because every child deserves a "Head Start"!

Head Start

2024-2025

Total Cumulative Enrollment: 478

29% of children served were income eligible

50% of children served received public assistance

4% of children served were in foster care

8% of children served were homeless

Language

97% of children served spoke English

3% of children served spoke Spanish

1% of children served were acquiring another language

Race

82% of children served were white

7% of children served were black/multi-racial

Ages

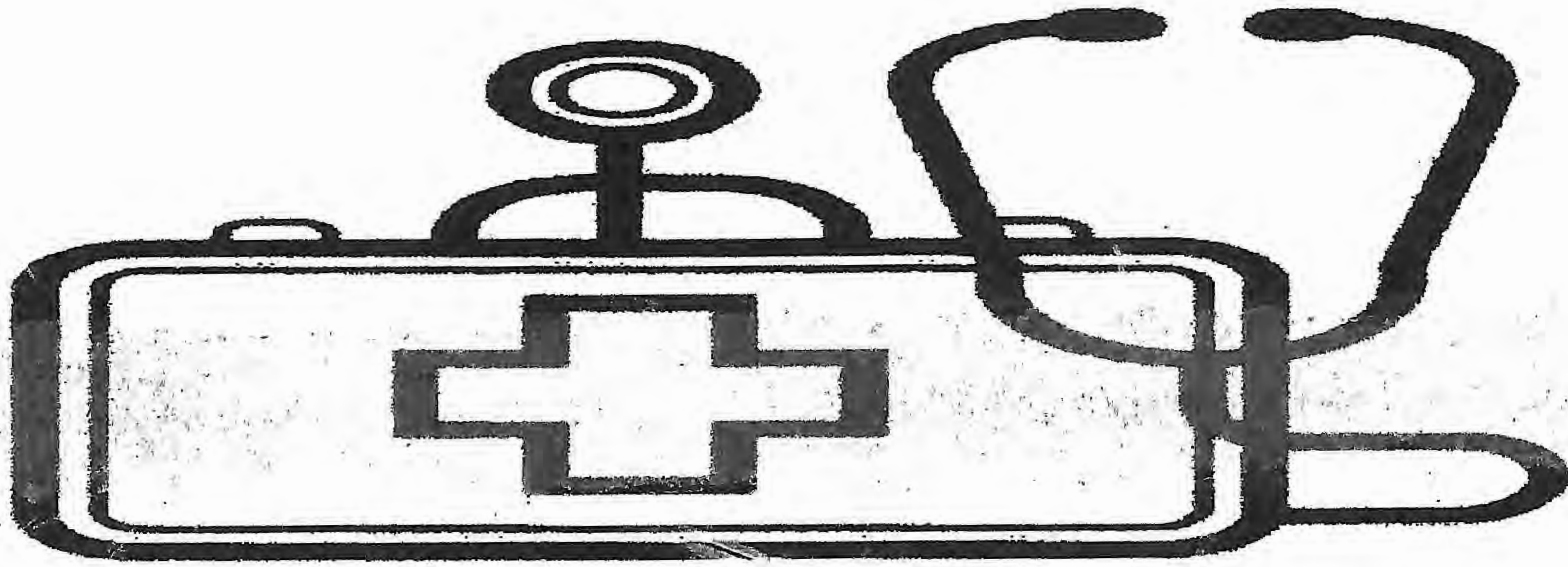
36% of children served were three years of age

61% of children served were four years of age

3% of children served were 2 years of age

Education and Employment/Training

66% of children served, at least one parent was working and/or in school



Head Start

2024-2025

100% of Children served were either covered by:

Medicaid or Private Health Insurance

**100% of children were served were up-to-date or complete for their age on
Immunizations**



School Readiness

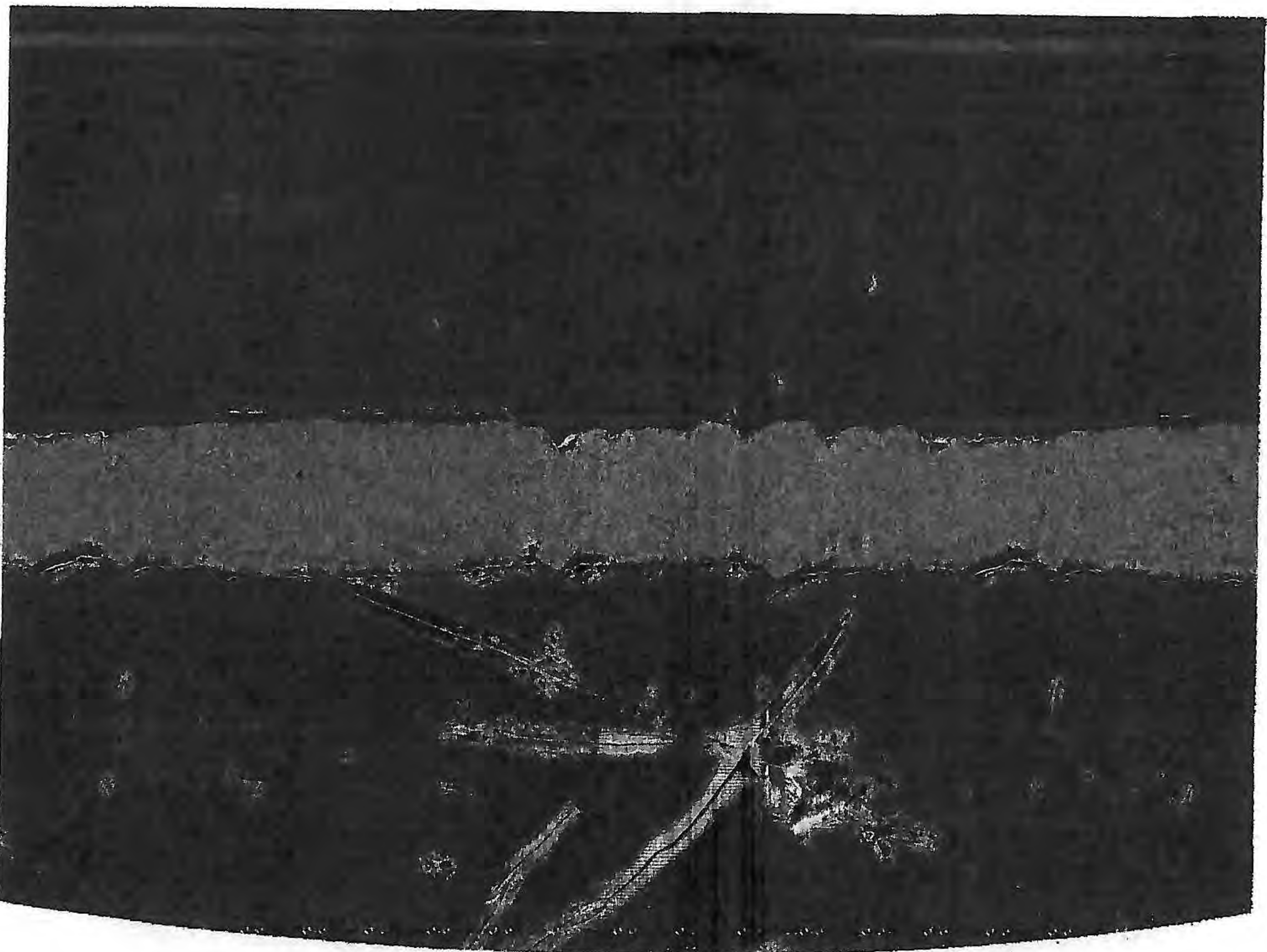
Lake Cumberland Community Action Agency/Lake Cumberland Head Start Program (LCCAA/HST) is a high-quality program serving children ages birth to five. The Program understands the importance of its role and that the foundation for school readiness begins in the earliest years of life. It is the desire of LCCAA/HST that every child be successful in school and life.

LCCAA/HST is a comprehensive program that offers remarkable opportunities to foster not only competence for school success but competence in all areas of development for both its parents and children. LCCAA/HST ensures that children's goals are aligned with The Head Start Early Learning Outcomes Framework (HSELOF) and Kentucky's Early Childhood Standards to prepare children for kindergarten. Learning activities are offered across the five essential domains of the HSELOF: Approaches to Learning, Social & Emotional Development, Language and Literacy, Cognition and Perceptual, Motor, and Physical Development to support and prepare children to enter school with the skills and behaviors needed to grow and succeed. Assessments are completed three times a year; at beginning-year, mid-year, and end-year. Data is also collected on an ongoing basis to implement individualized goals for children to be successful and determine how well children are progressing. The

Education Content Area Manager will generate child outcome reports using Teaching Strategies Gold (TSG) three times a year (beginning-, mid- and end-year) and use the results to strengthen its quality of teaching instruction, plan for professional development and plan for training at pre-service. The child outcome report is shared with the Head Start Director, Content Area Managers, Local Area Managers, teaching staff, parents, and Policy Council. LCCAA/HST is a comprehensive program comprised of systems ensuring school readiness efforts continue to be supported and implemented on behalf of the children and families.

School Readiness is embedded into Program Governance, Planning, Communication, Record Keeping, and Reporting, On-going Monitoring, Self-Assessment, Human Resources, Fiscal Management, and Enrollment, Recruitment, Eligibility, Selection and Attendance (ERESA). All systems collaborate, analyze data, and plan to ensure high-quality services are provided to the children and families in the Head Start Program.

Lake Cumberland Head Start
Spring 2024-2025
Children Outcomes



School Readiness Goals (domains):

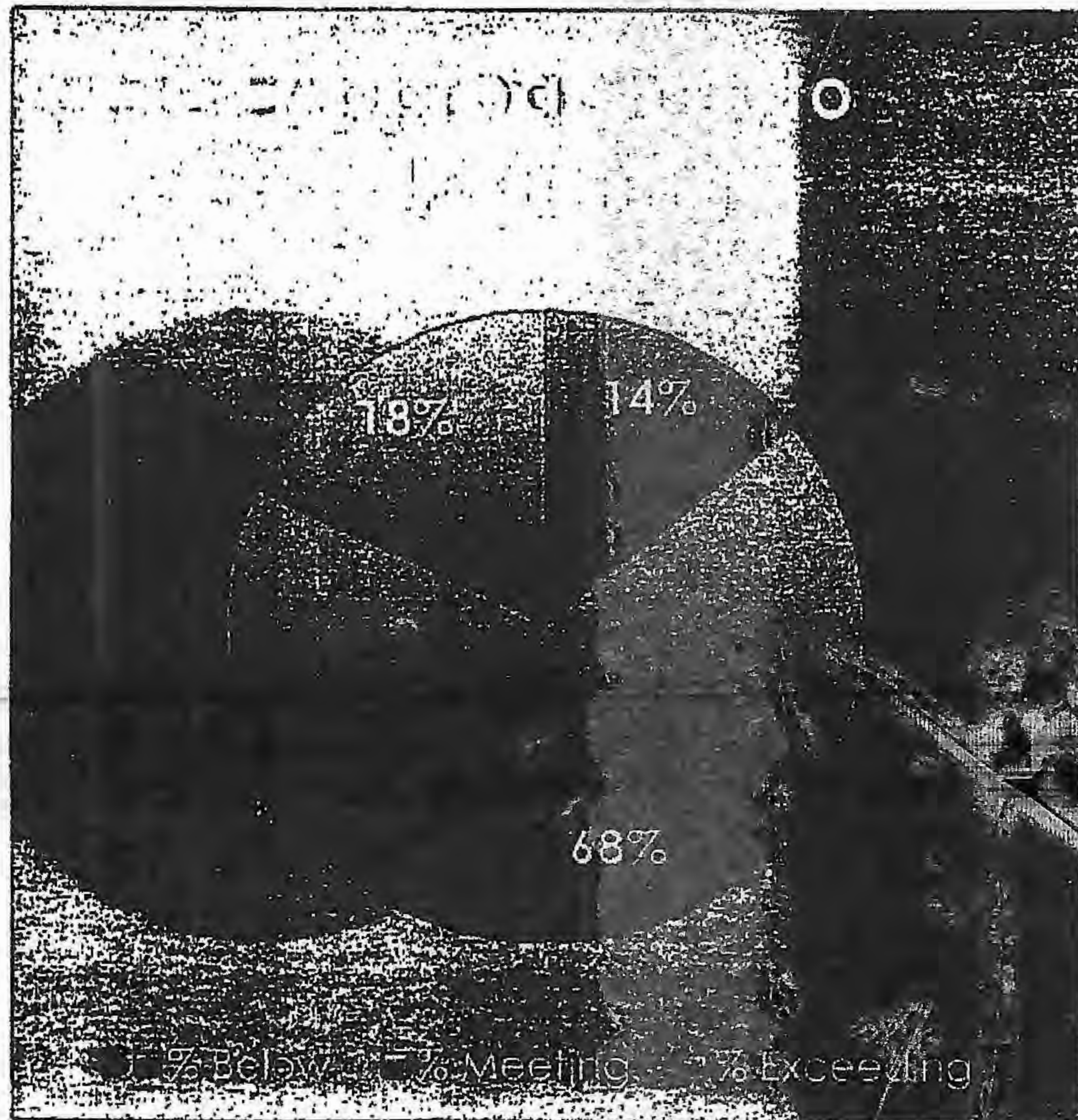
* Approaches to Learning

* Social/Emotional

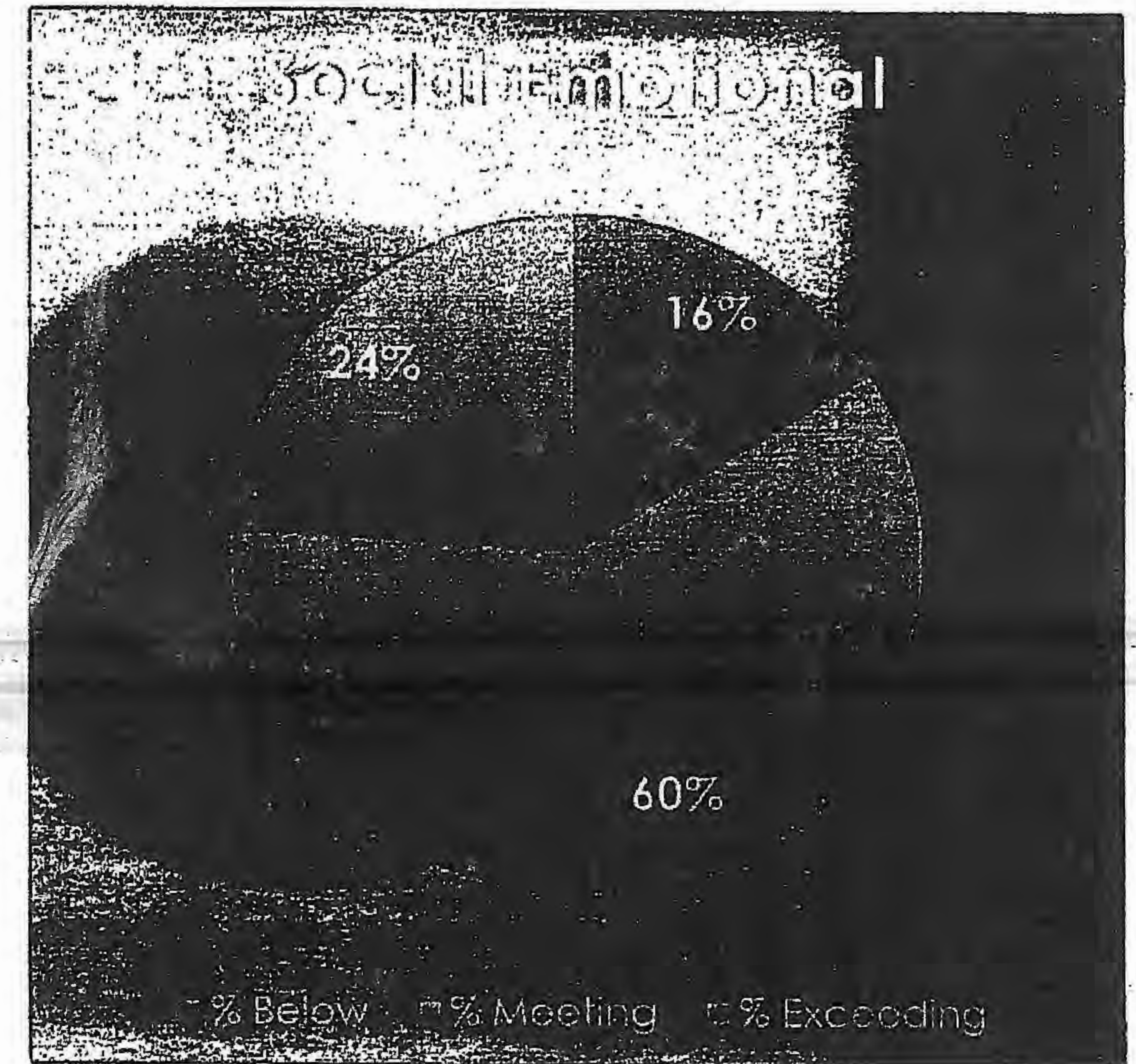
* Language & Literacy

* Cognition

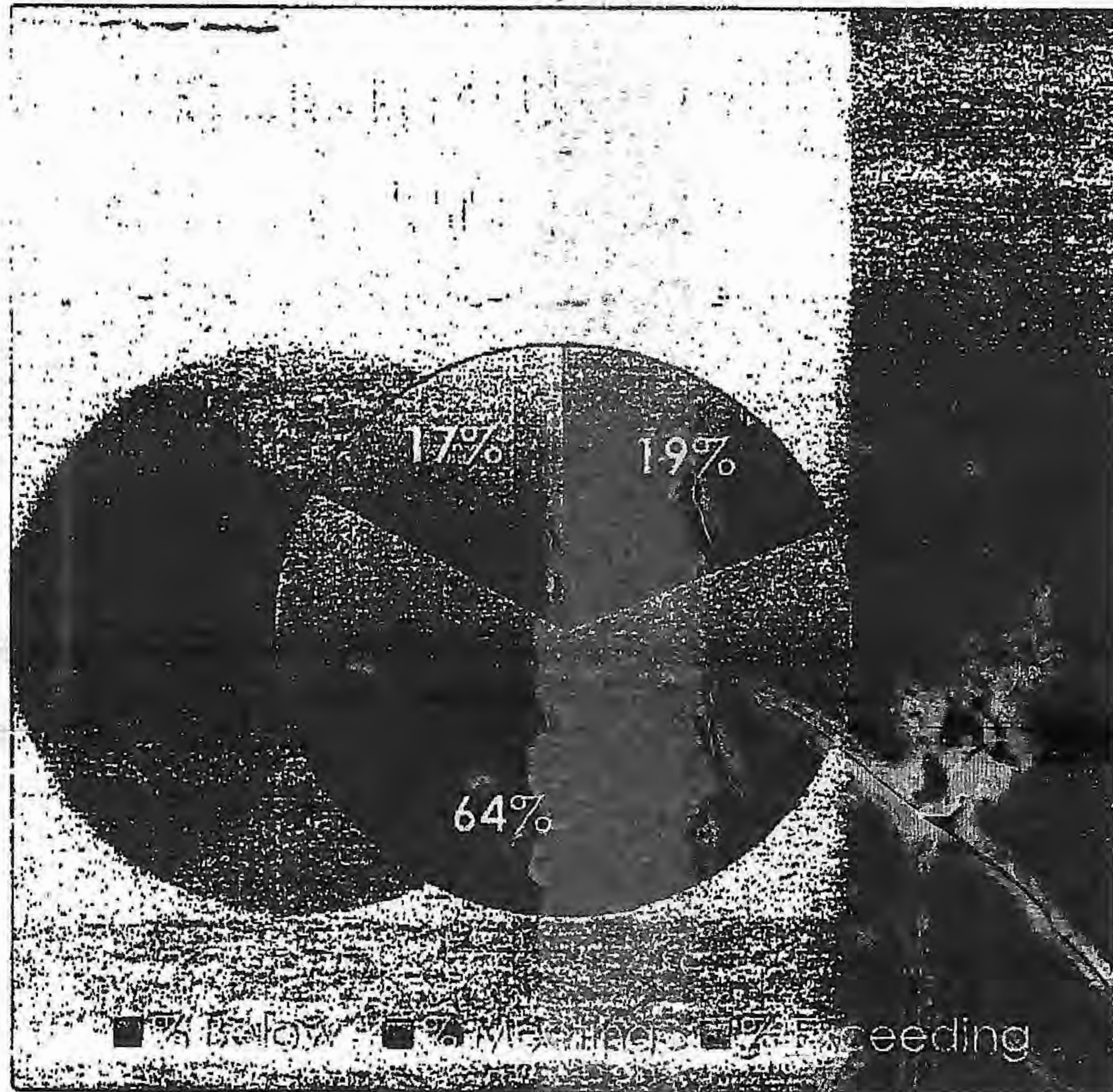
* Perceptual, Motor, & Physical Development



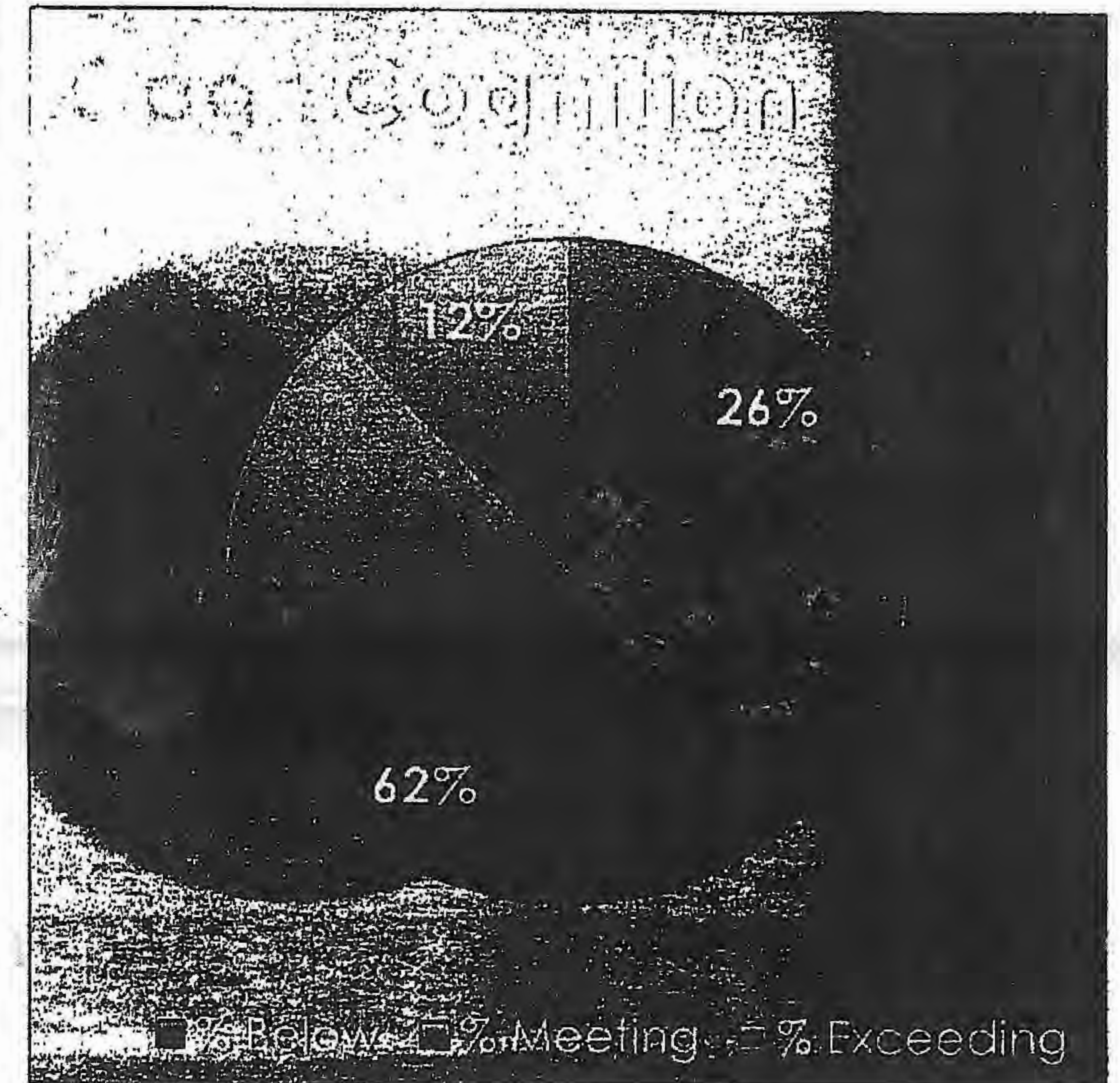
- 18% of children are below
- 68% of children are meeting
- 14% of children are exceeding



- 16% of children are below
- 60% of children are meeting
- 24% of children are exceeding



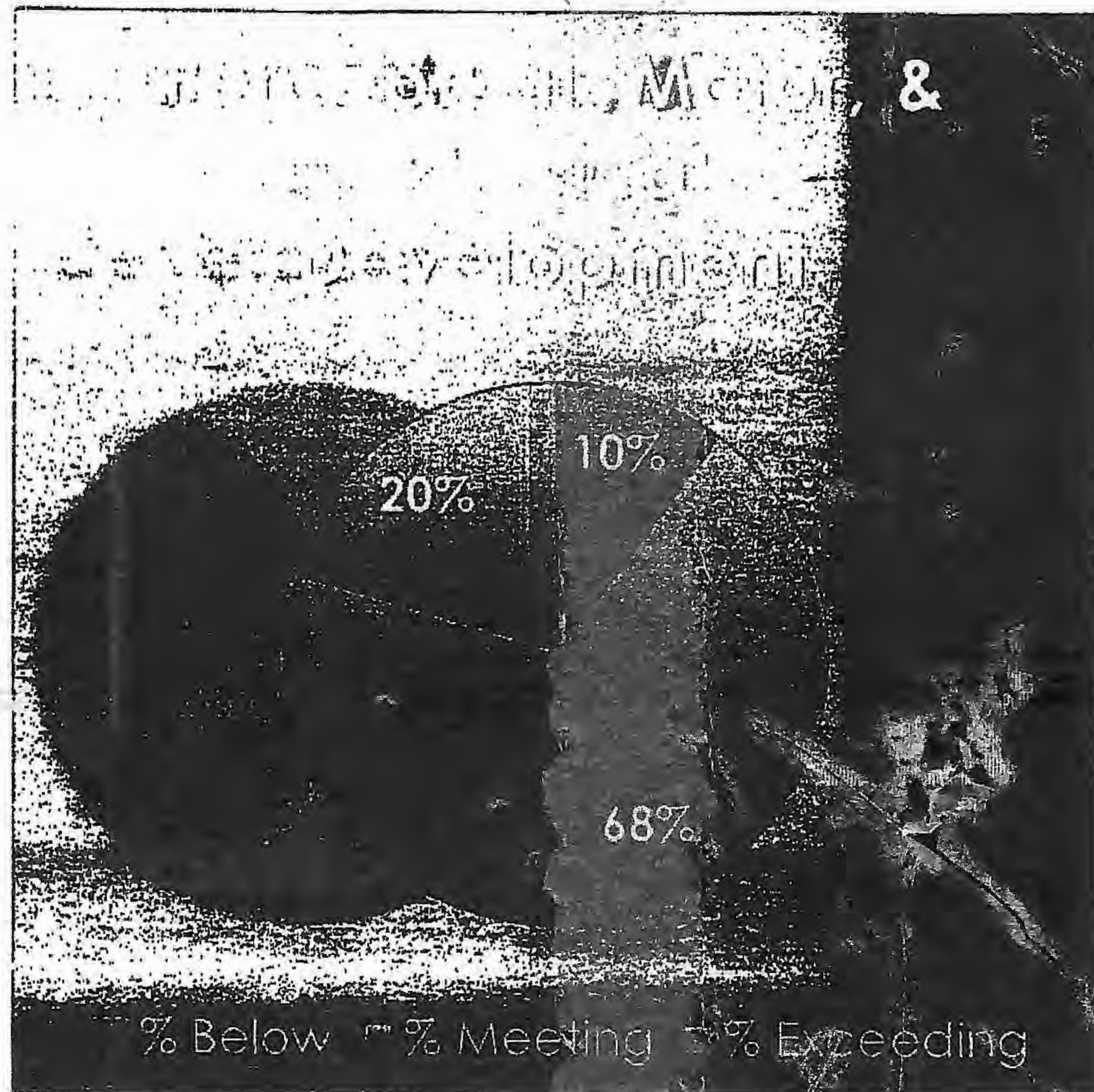
- 19% of children are below
- 64% of children are meeting
- 17% of children are exceeding



- 26% of children are below
- 62% of children are meeting
- 12% of children are exceeding

School year 2024-2025

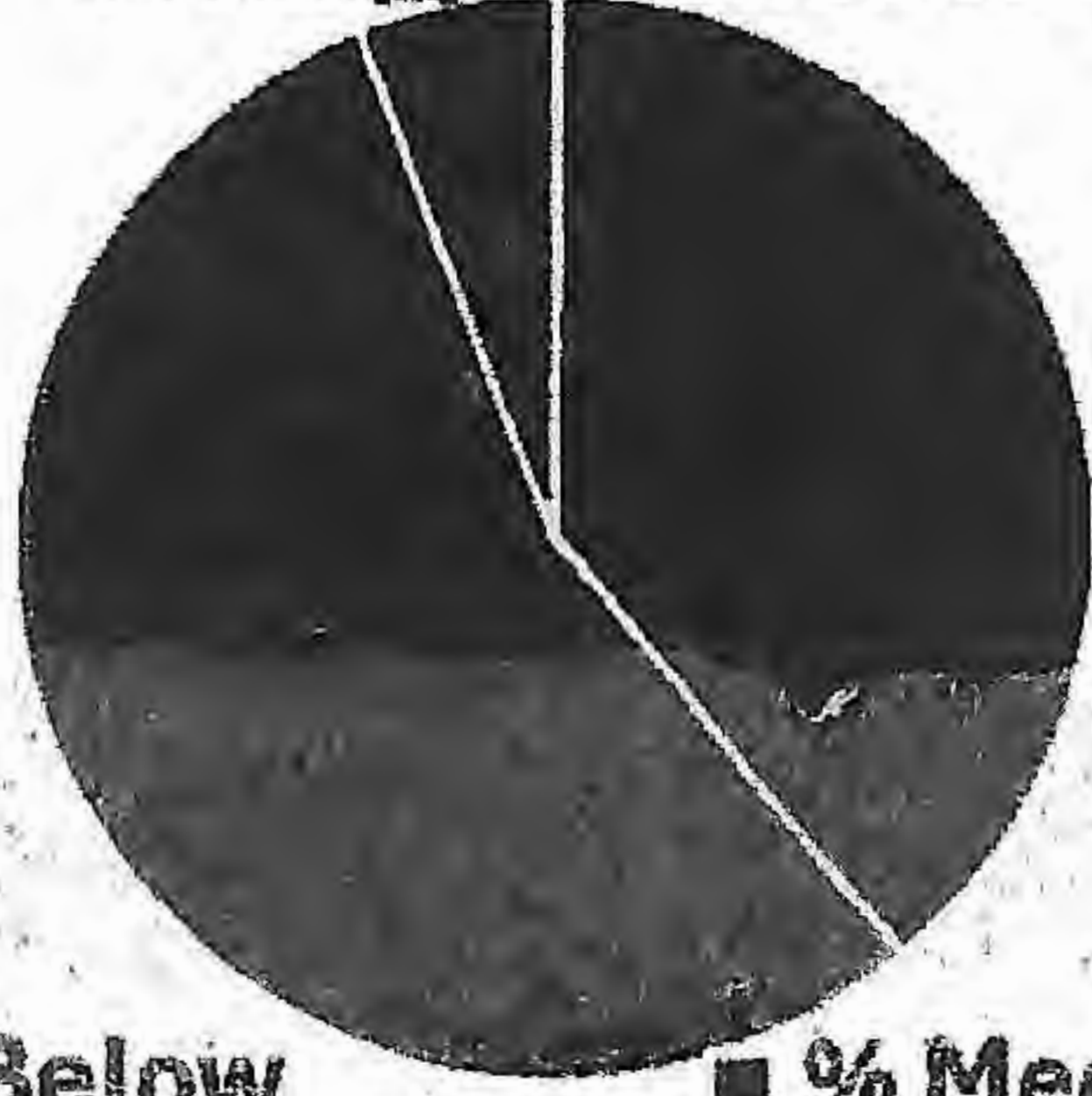
***84% of our Head Start children transitioning into kindergarten are kindergarten ready**



- 10% of children are below
- 68% of children are meeting
- 20% of children are exceeding

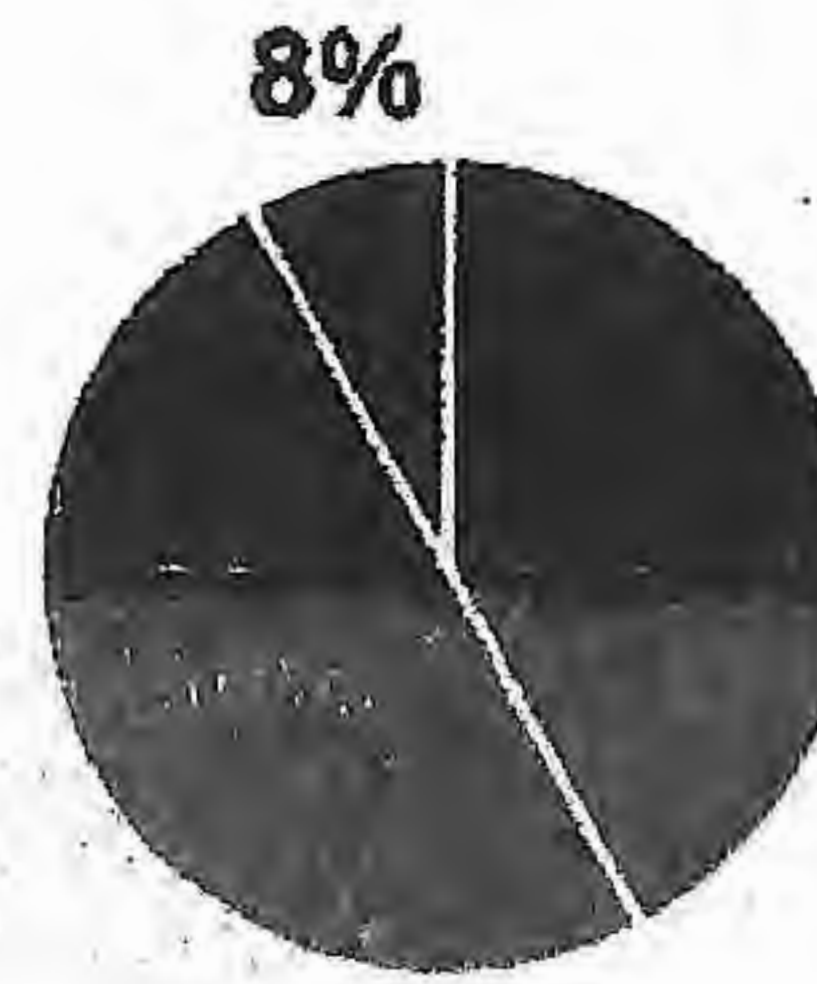
Lake Cumberland Head Start
Child Outcomes Fall 2024-2025

6% Approaches to Learning



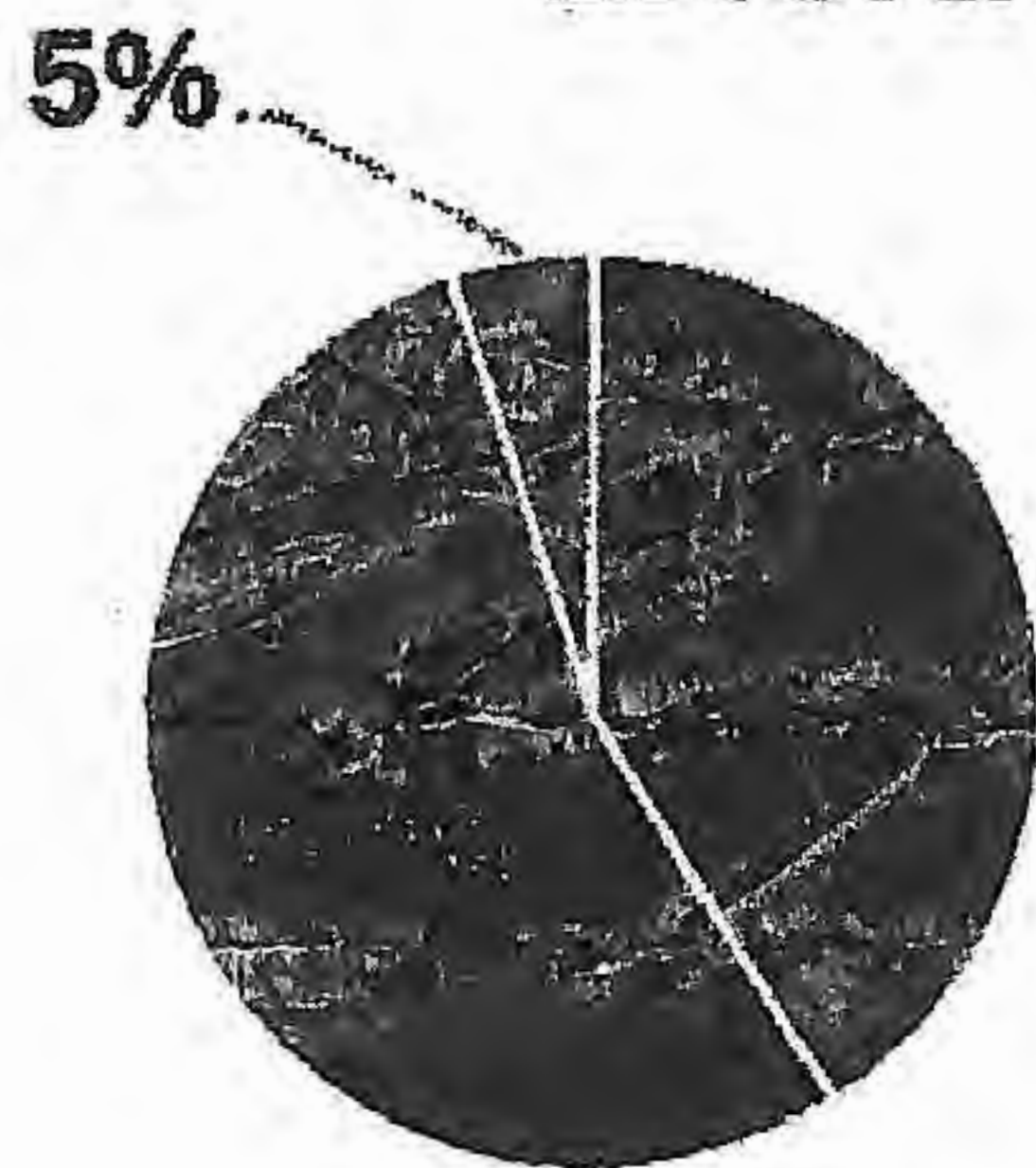
■ % Below ■ % Meeting
■ % Exceeding

Social Emotional



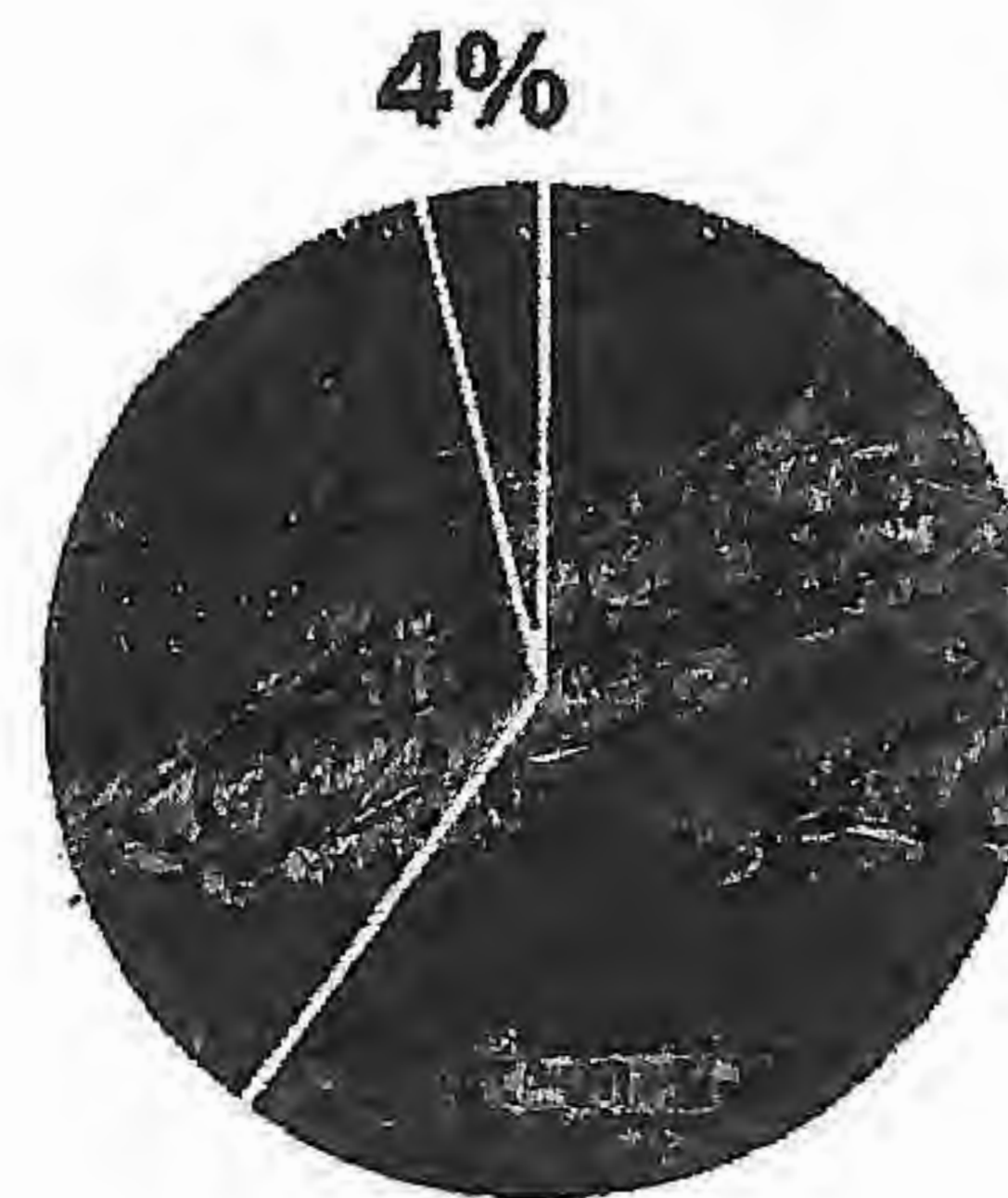
■ % Below ■ % Meeting ■ % Exceeding

Language and Literacy



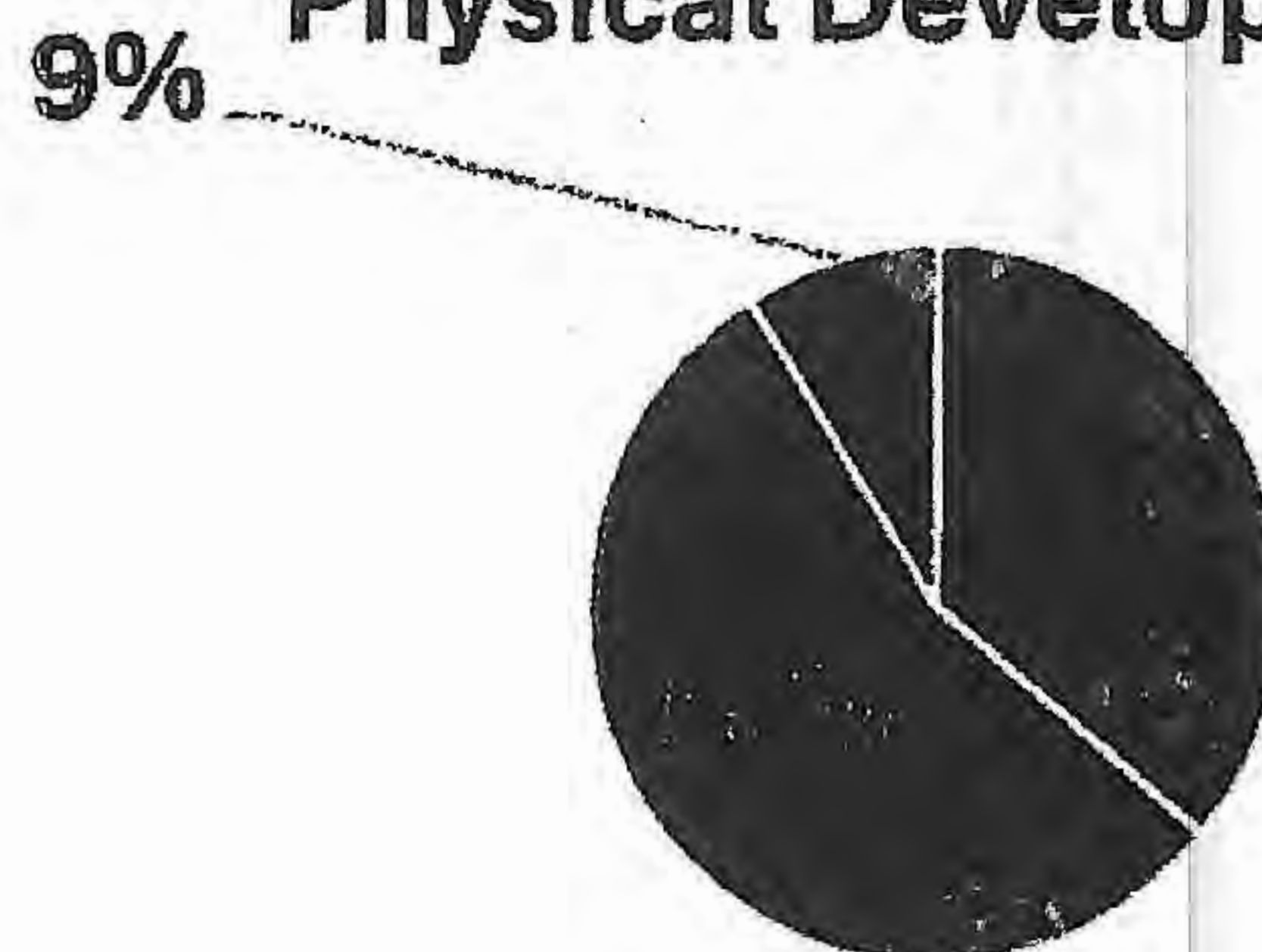
■ % Below ■ % Meeting ■ % Exceeding

Cognition



■ % Below ■ % Meeting
■ % Exceeding

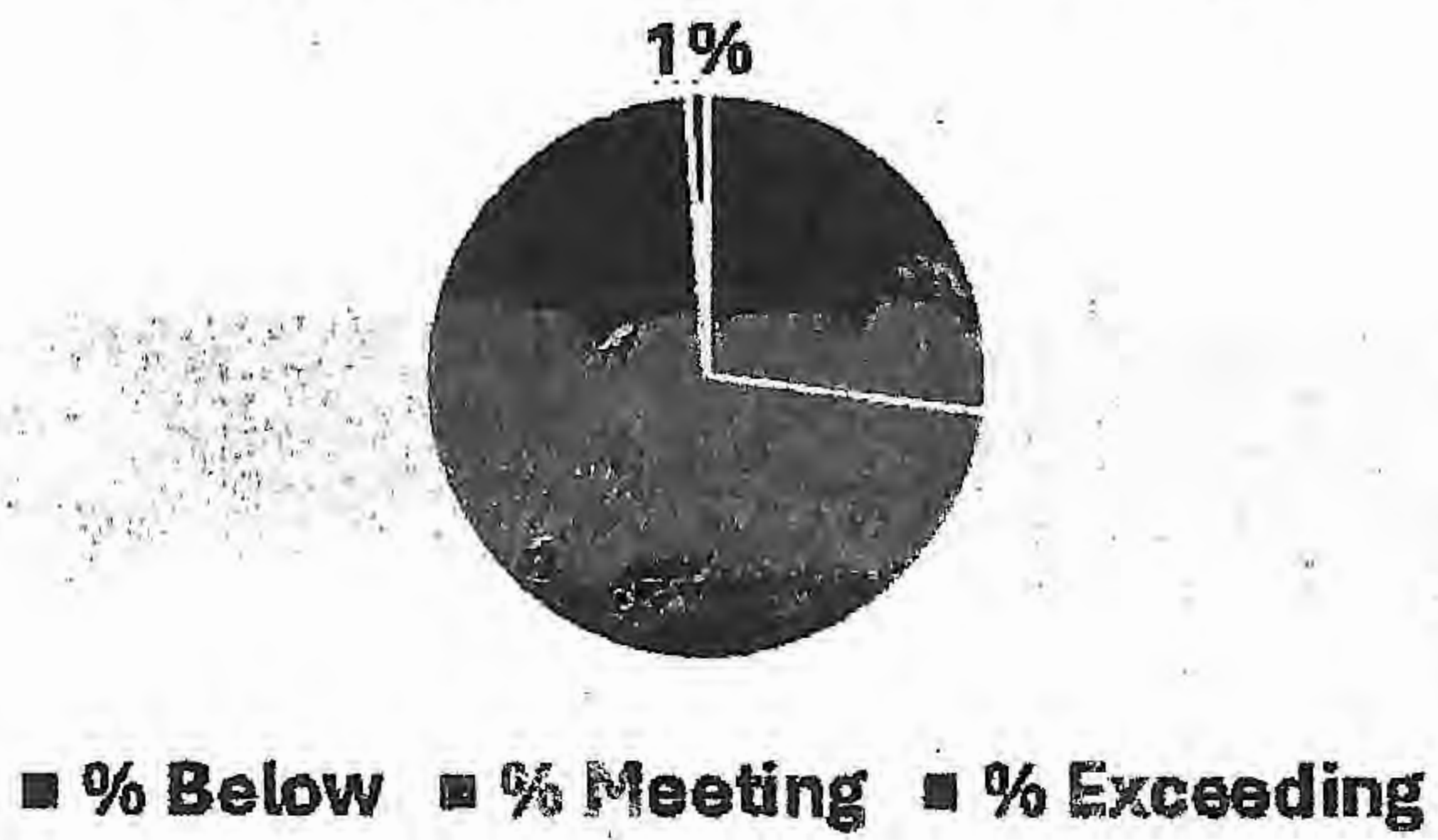
Perceptual, Motor, and Physical Development



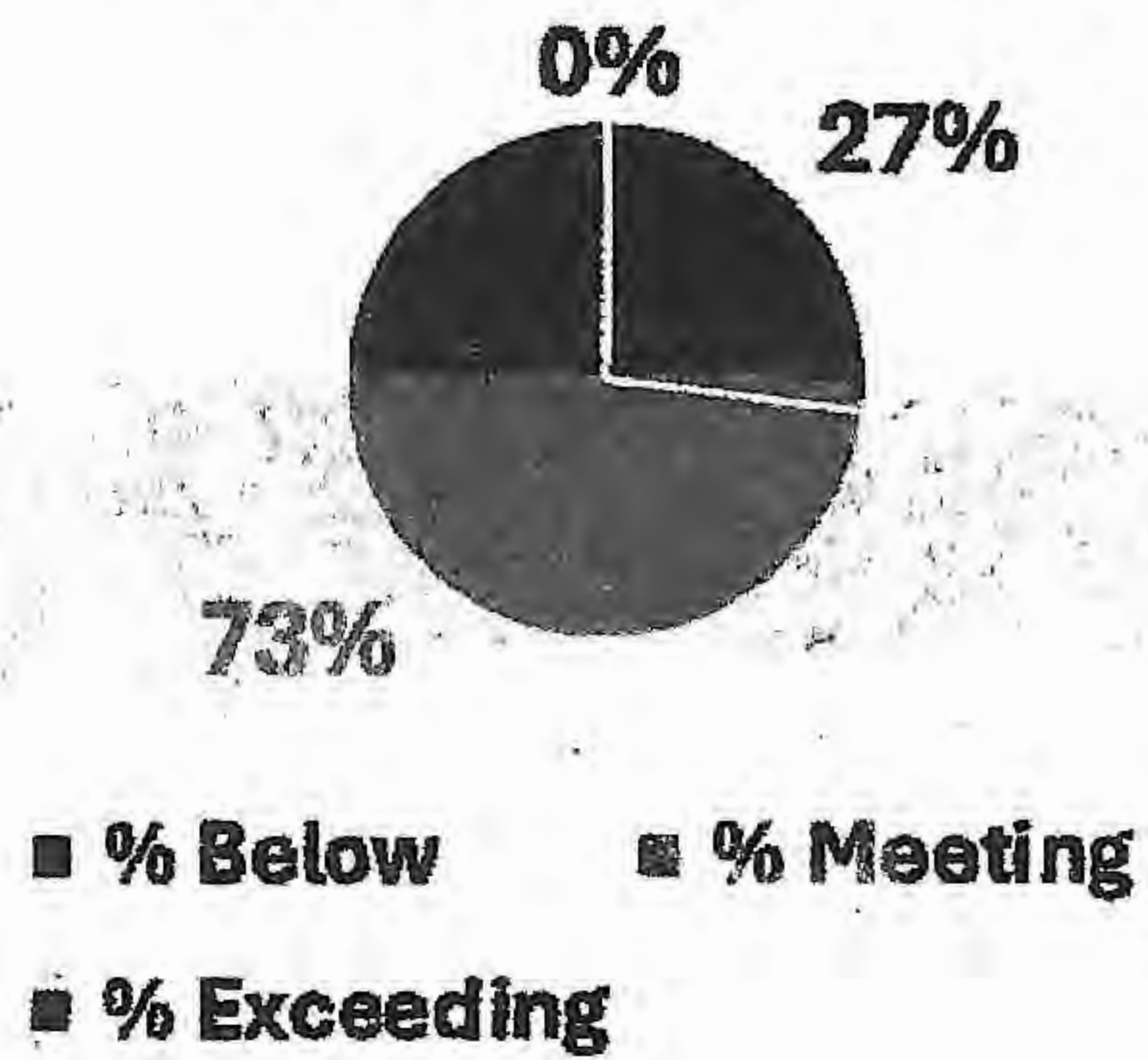
■ % Below ■ % Meeting
■ % Exceeding

Lake Cumberland Early Head Start
Child Outcomes Fall 2024-2025

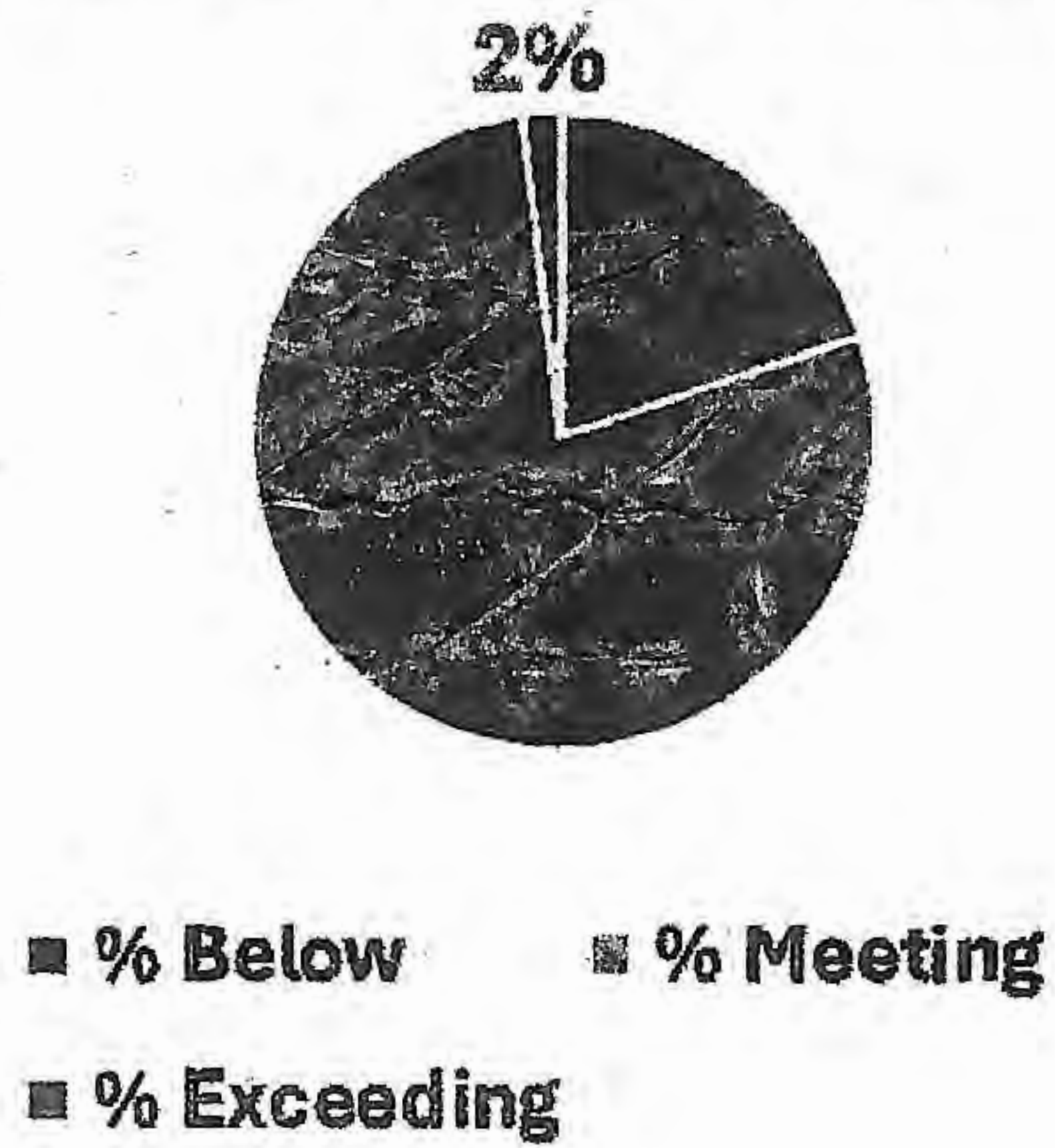
Approaches to Learning



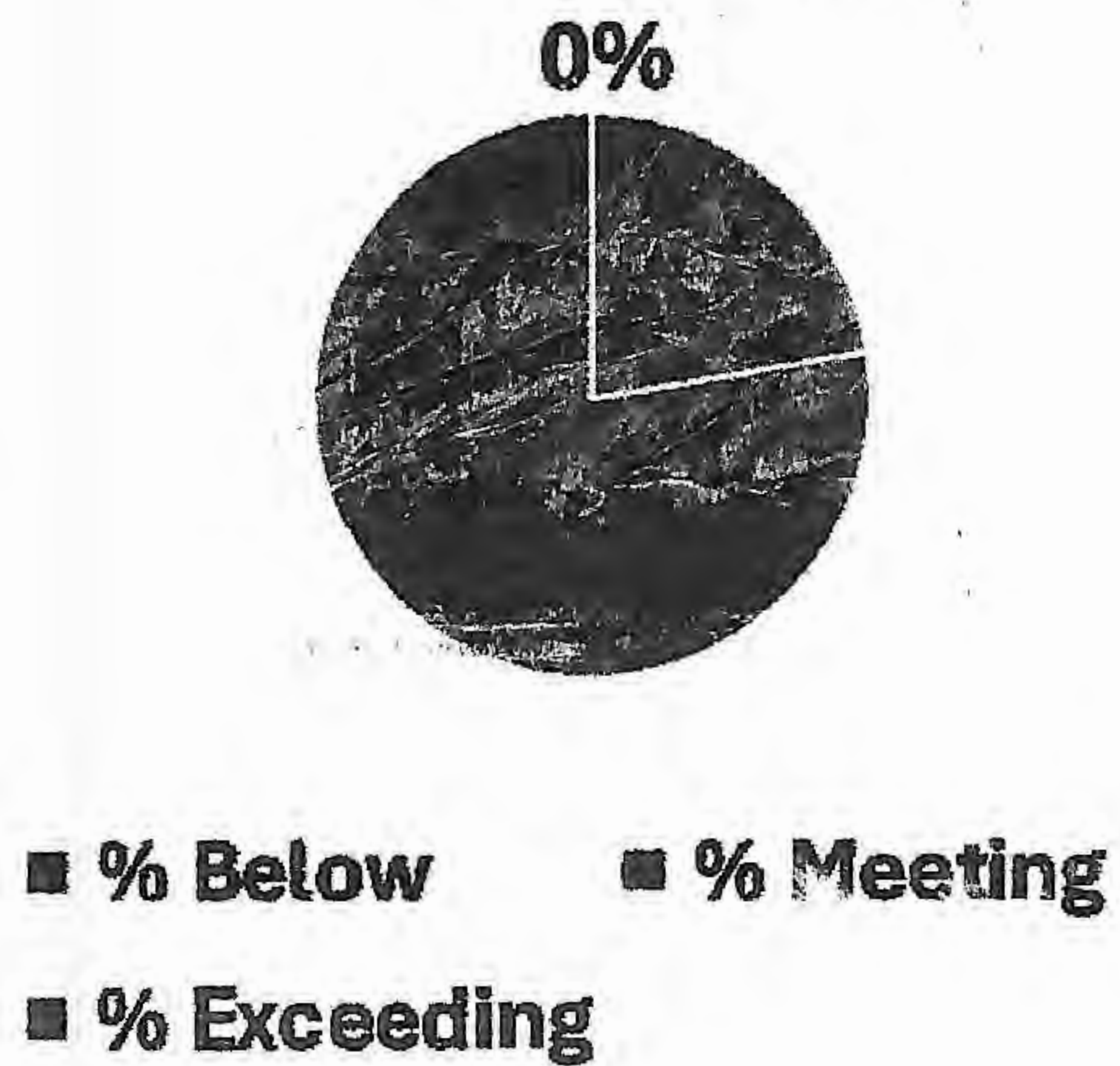
Social Emotional



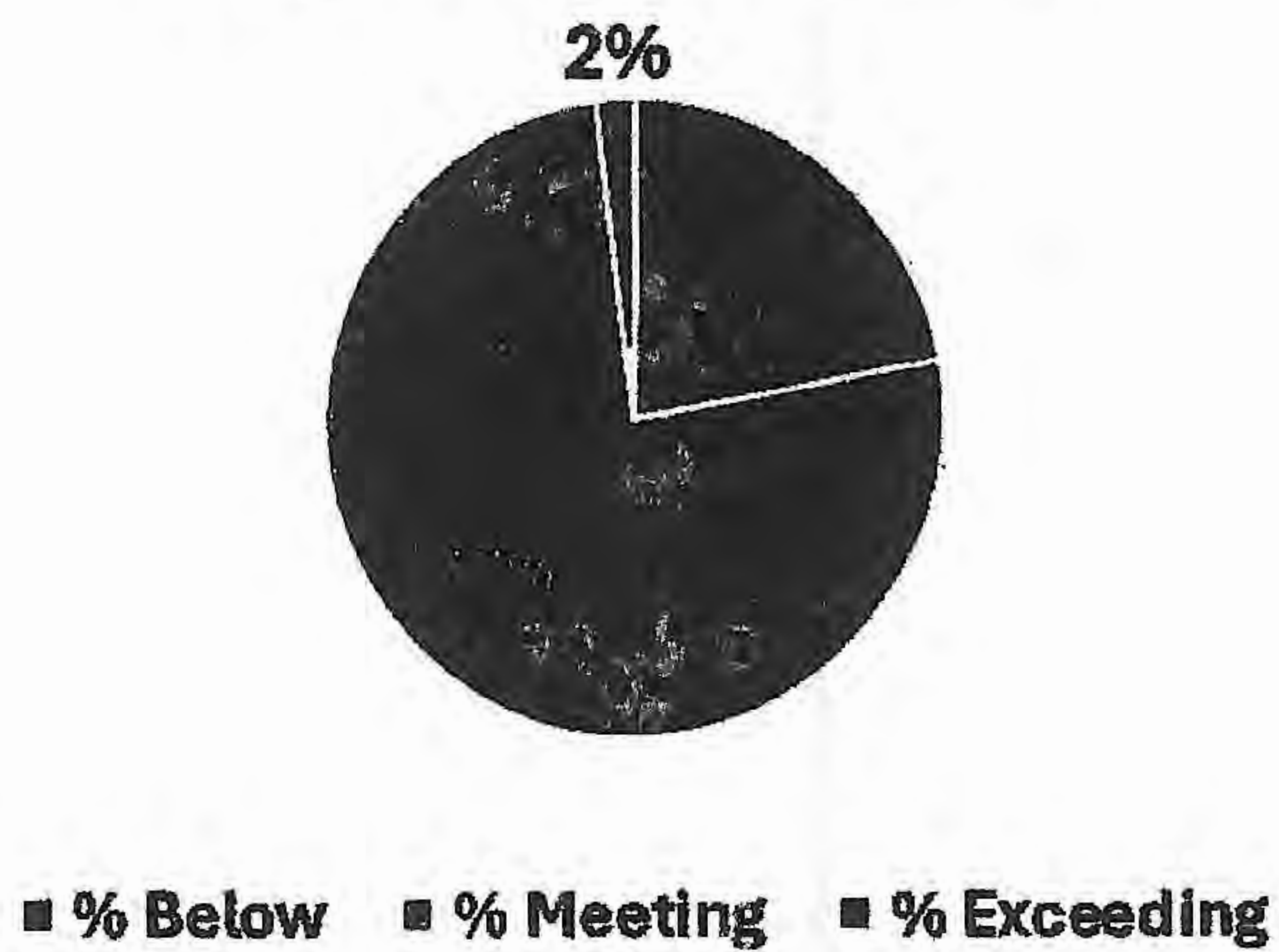
Language and Literacy



Cognition

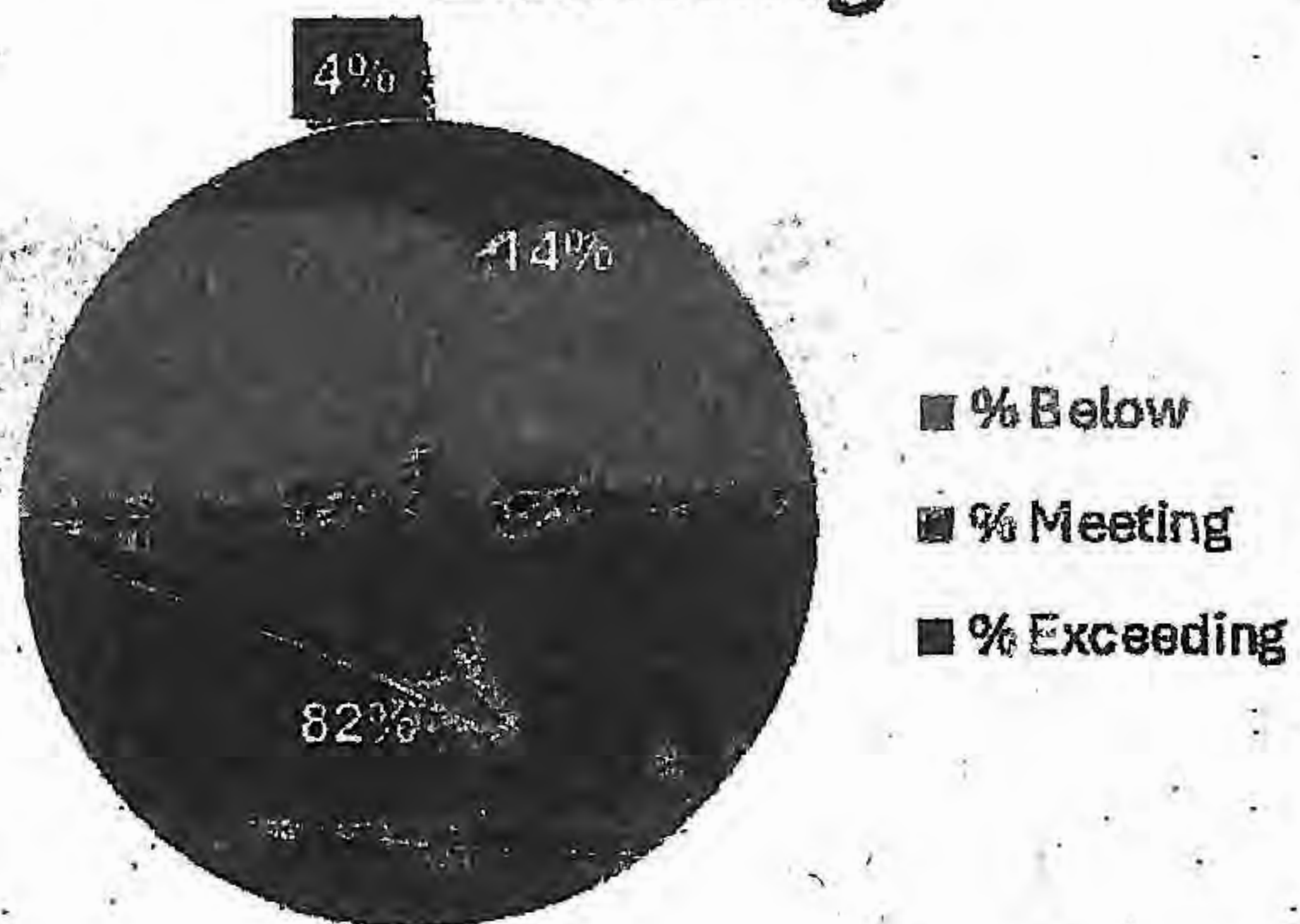


Perceptual, Motor, and Physical Development

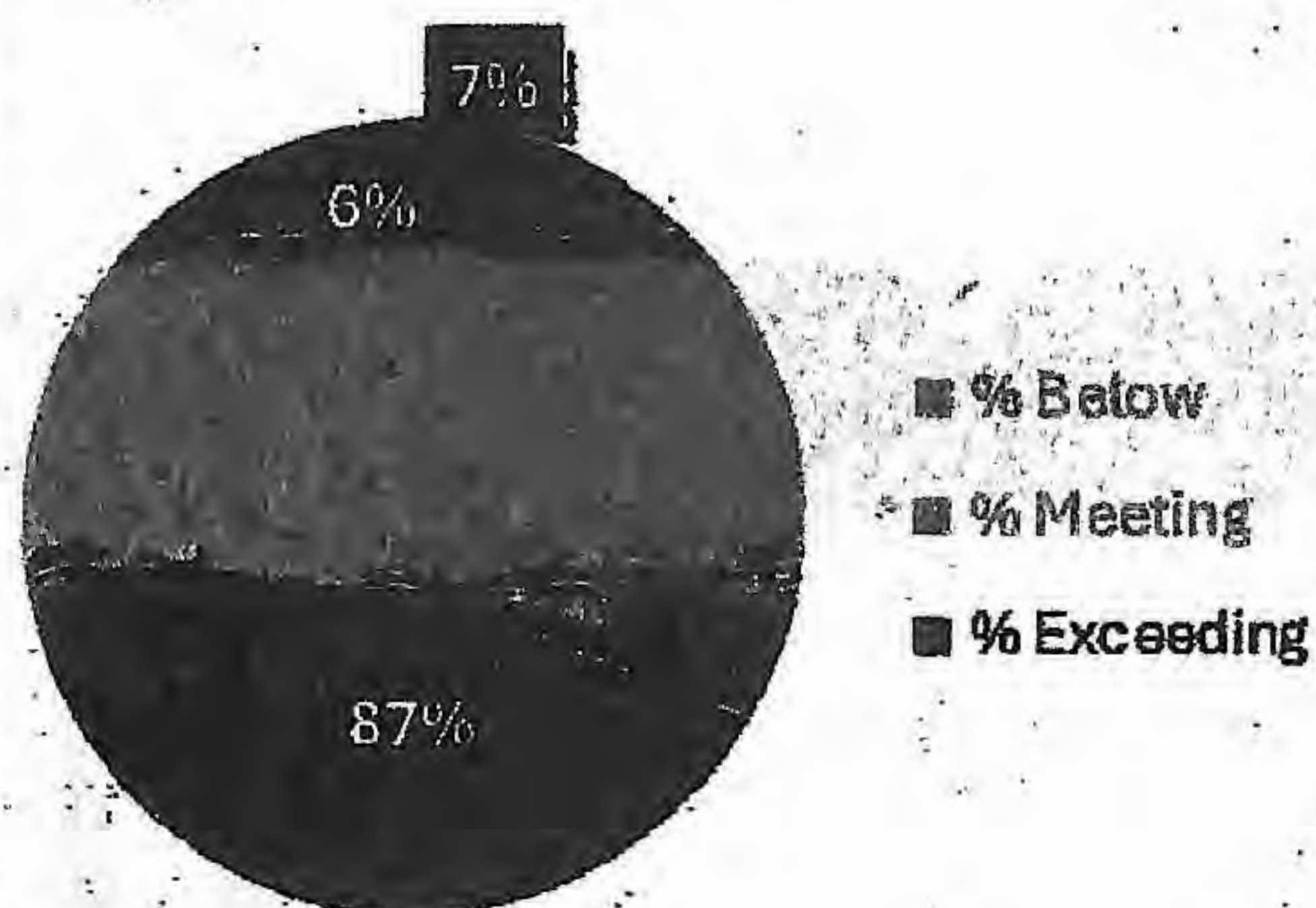


Lake Cumberland Early Head Start
Spring Outcomes 2024-2025

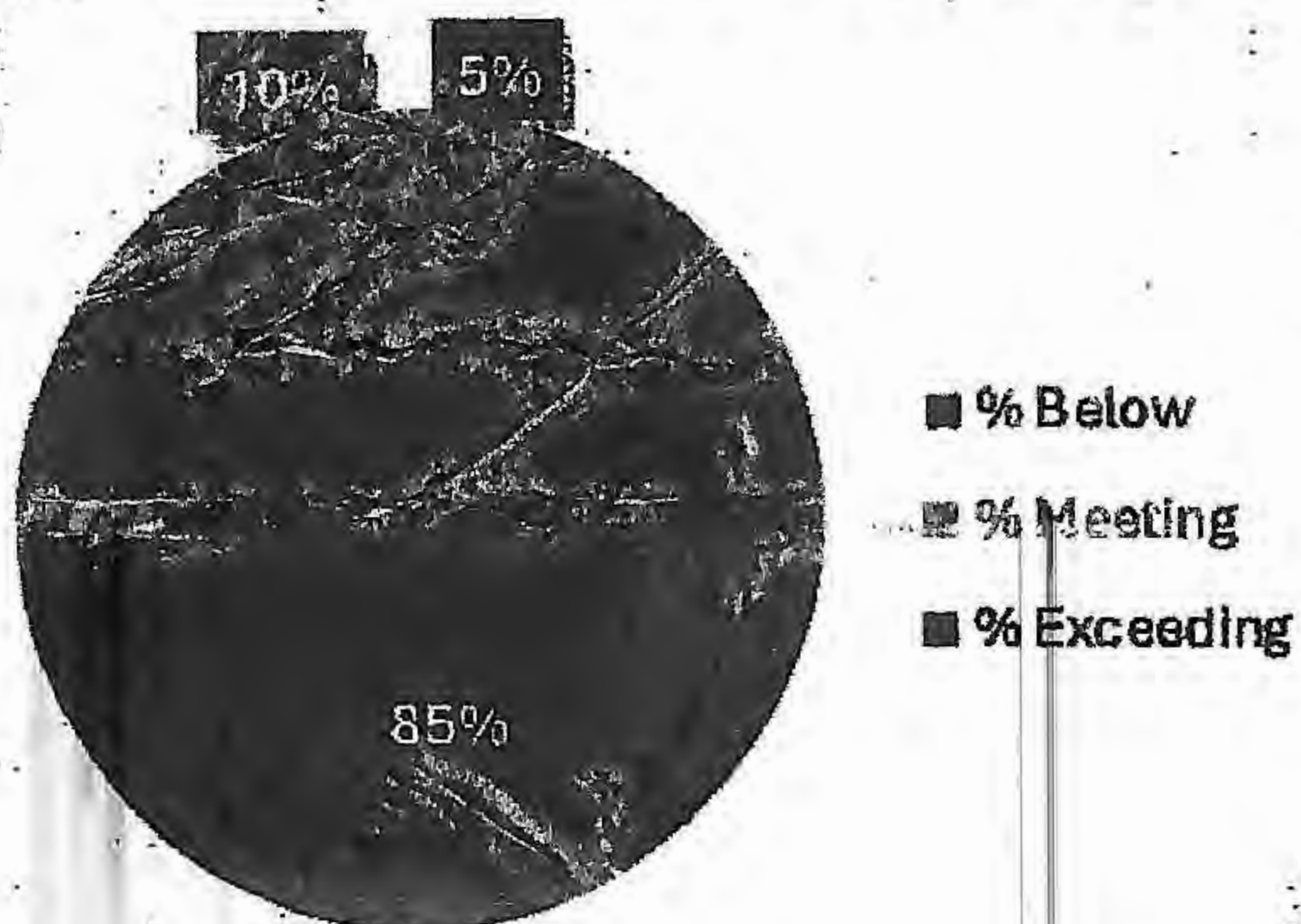
Approaches to Learning



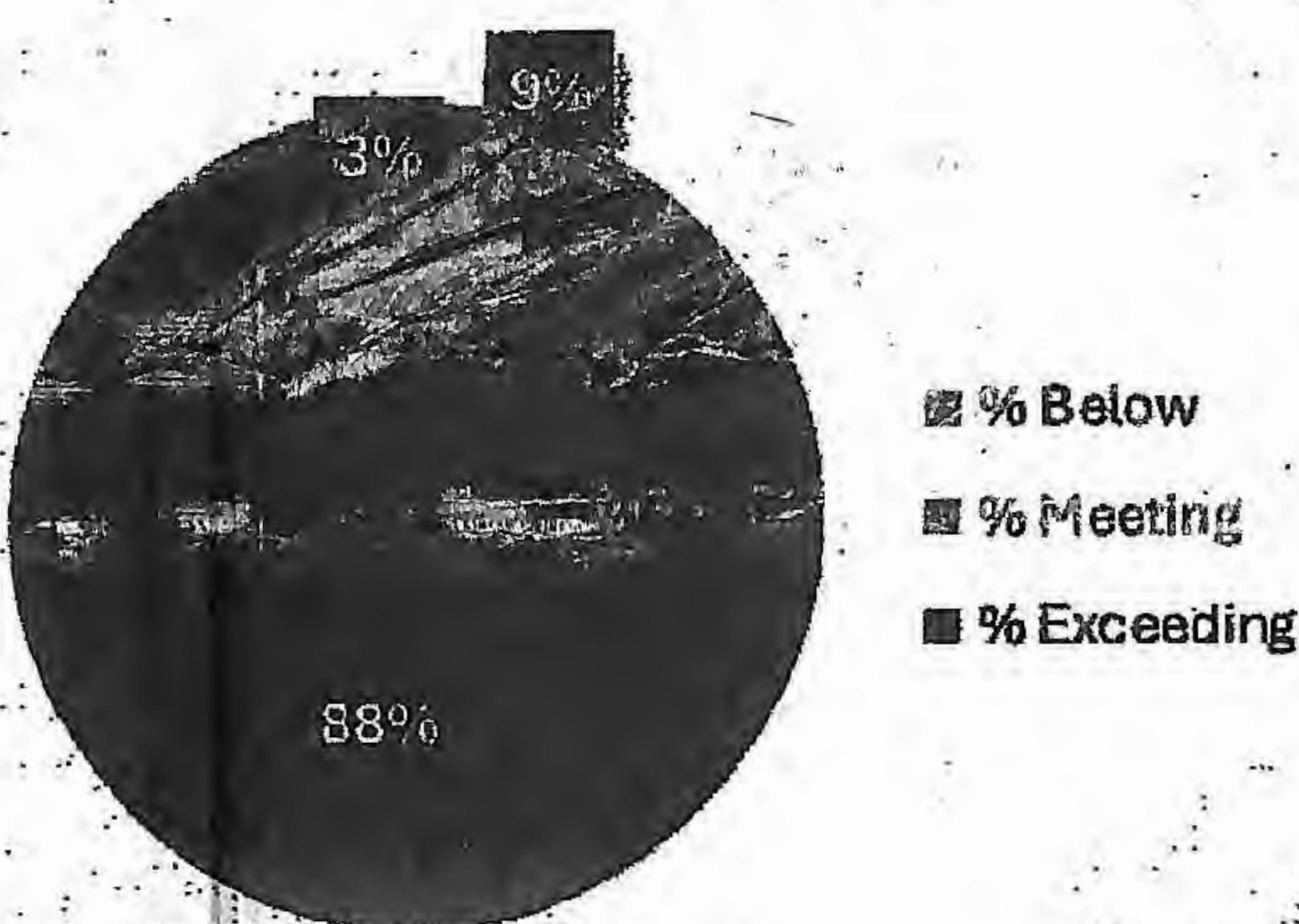
Social Emotional



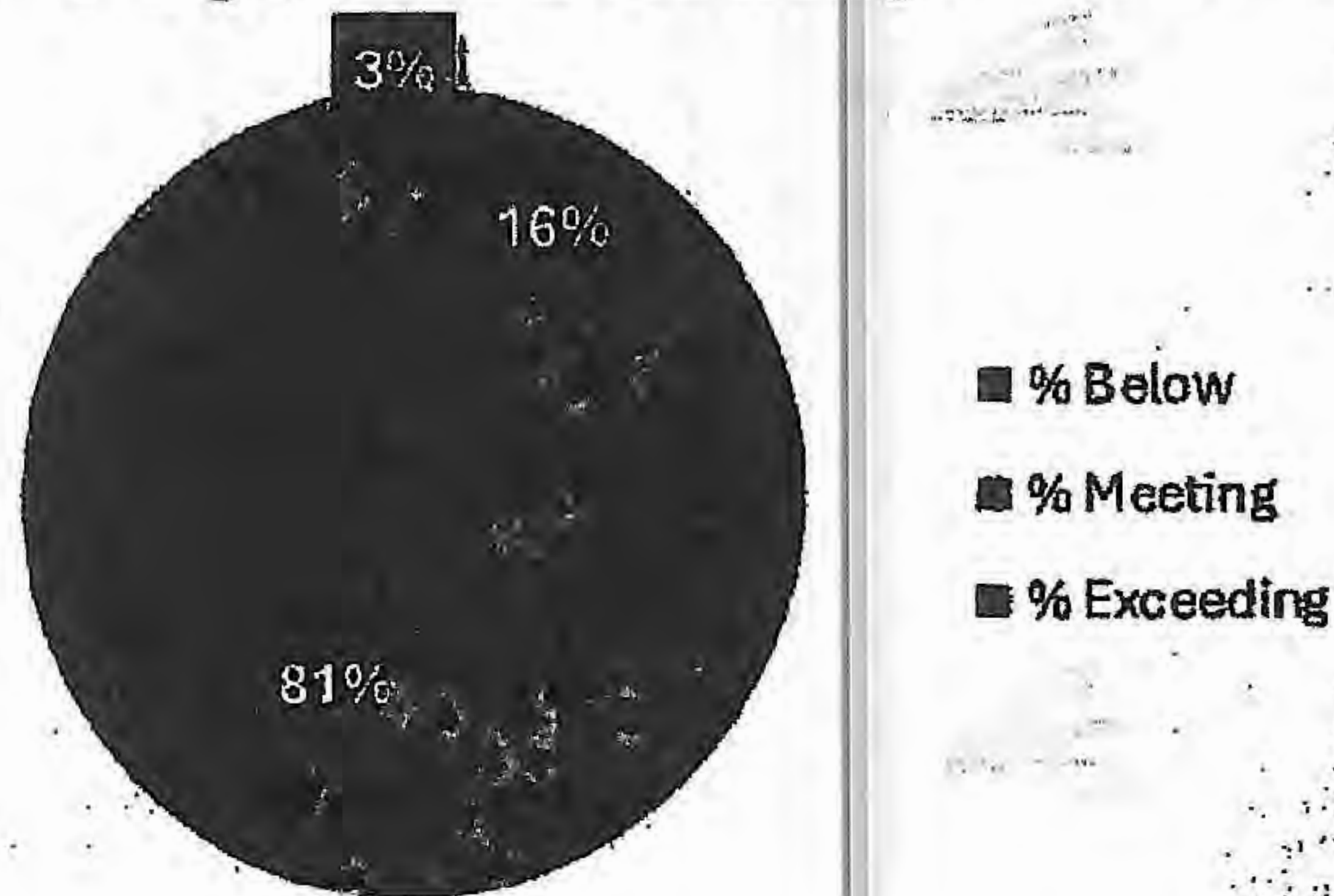
Language & Literacy



Cognition



Perceptual, Motor, & Physical Development



Approaches to Learning **+48%**
Cognition **+59%**

Social Emotional **+74%**
Perceptual, Motor, & Physical Development **+27%**

Language & Literacy **+75%**

*Increased in each area--Fall to Spring (2024-2024)

* * * * *
 x x x x x x
 x x x x x x
 x x x x x x
 x x x x x x

IEP
85



● Number of Individual Education Plans
 21.0%
 ● Number of Actual Enrollment

**LAKE CUMBERLAND
 HEAD START
 DISABILITY NUMBERS
 2024-2025**

Actual Enrollment
405

IEP/IFSP
7



● Number of Individual Family Service Plans/Individual Education Plans
 14.0%
 ● Number of Actual Enrollment

**LAKE CUMBERLAND
 EARLY HEAD START
 DISABILITY NUMBERS
 2024-2025**

Actual Enrollment
50

x x x x
 x x x x
 x x x x

Family Outcomes 2024/2025

In Head Start, family outcomes refer to the specific goals aimed at strengthening families and promoting their well-being. These outcomes focus on enhancing families' capacity to support their children's development and overall family functioning. The core family outcomes in Head Start include:



Head Start (Number of families served 454)



Needs
Assessment
Complete



Needs
services



Received
Agency
Social
Services



Total
Families
receiving
services

Early Head Start (Number of families served 60)



Needs
Assessment
Complete



Needs
services



Received
Agency
Social
Services



Total
Families
receiving
services

Family Outcomes Analysis (Preliminary, Mid and Post)

1. Family Wellbeing

Increased 1.0

2. Positive Parent Child Relationships

Increased .80

3. Families as Life Long Educators

Increased 1.1

4. Families as Learners

Increased .90

5. Family Engagement in Transitions

Increased 1.3

6. Family Connections to Peers and Community

Increased .80

7. Families as Advocates and Leaders

Increased .30

Father Engagement Report 2024/2025 2023/2024

Head Start Father Engagement

2023/2024
 2024/2025

Father's involved in...

Family Assessment

Family Goal Setting

Their child's development

Participation in Governance as Policy Council or Parent Committees

Parenting Education W/workshops/Parent Meetings

64%	
65%	
67%	
13%	
33%	

Early Head Start Father Engagement

2023/2024
 2024/2025

Father's involved in...

Family Assessment

Family Goal Setting

Their child's development

Participation in Governance as Policy Council or Parent Committees

Parenting Education Workshops/Parent Meetings

60%	
58%	
56%	
11%	
24%	

curriculum-embedded

on-going

naturalistic

systematic

play-based

authentic

assessment

observation-based

developmentally appropriate

To ensure that LCHS children are meeting their developmental needs we use the following evidence-based assessment tool:

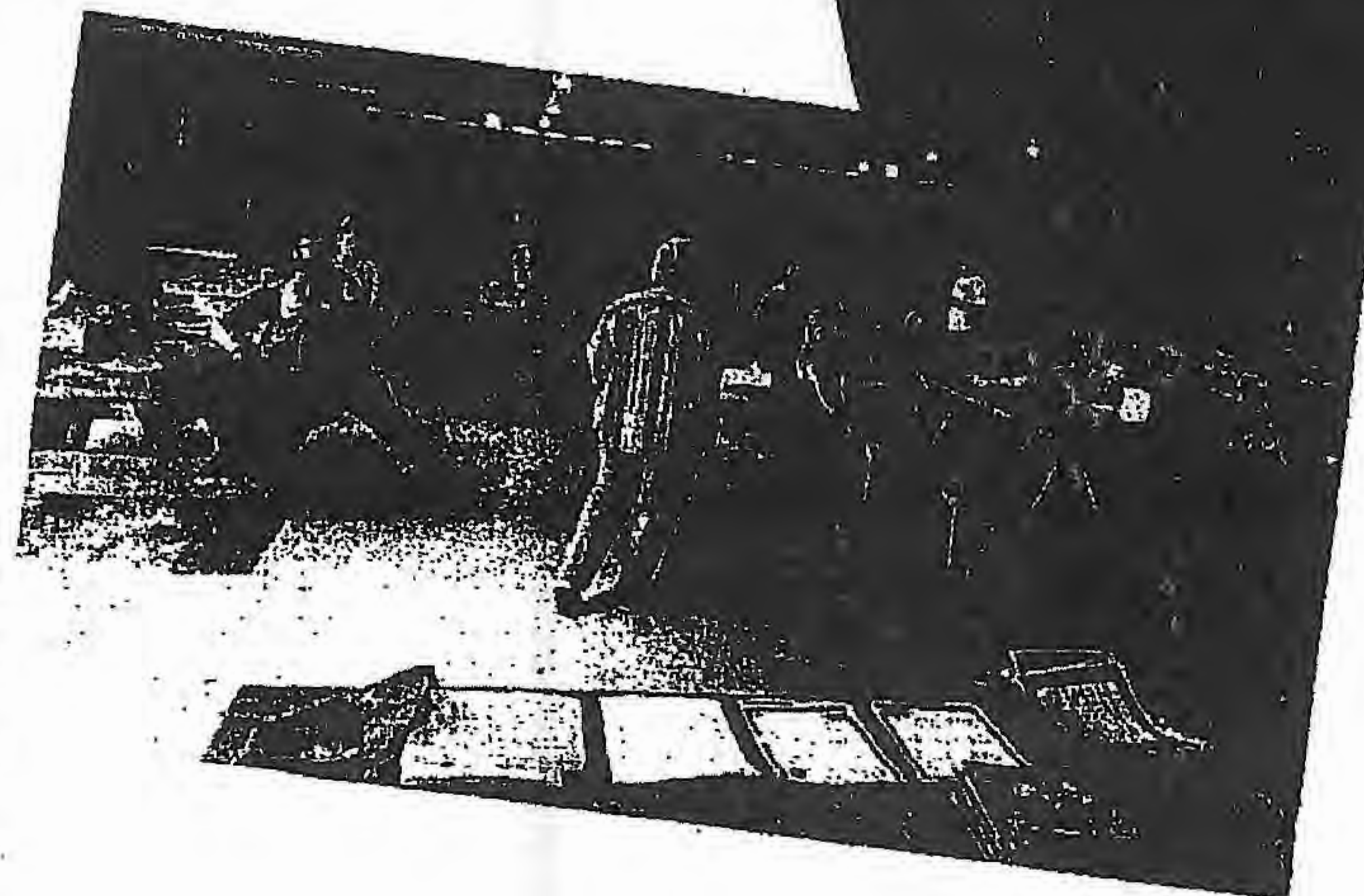
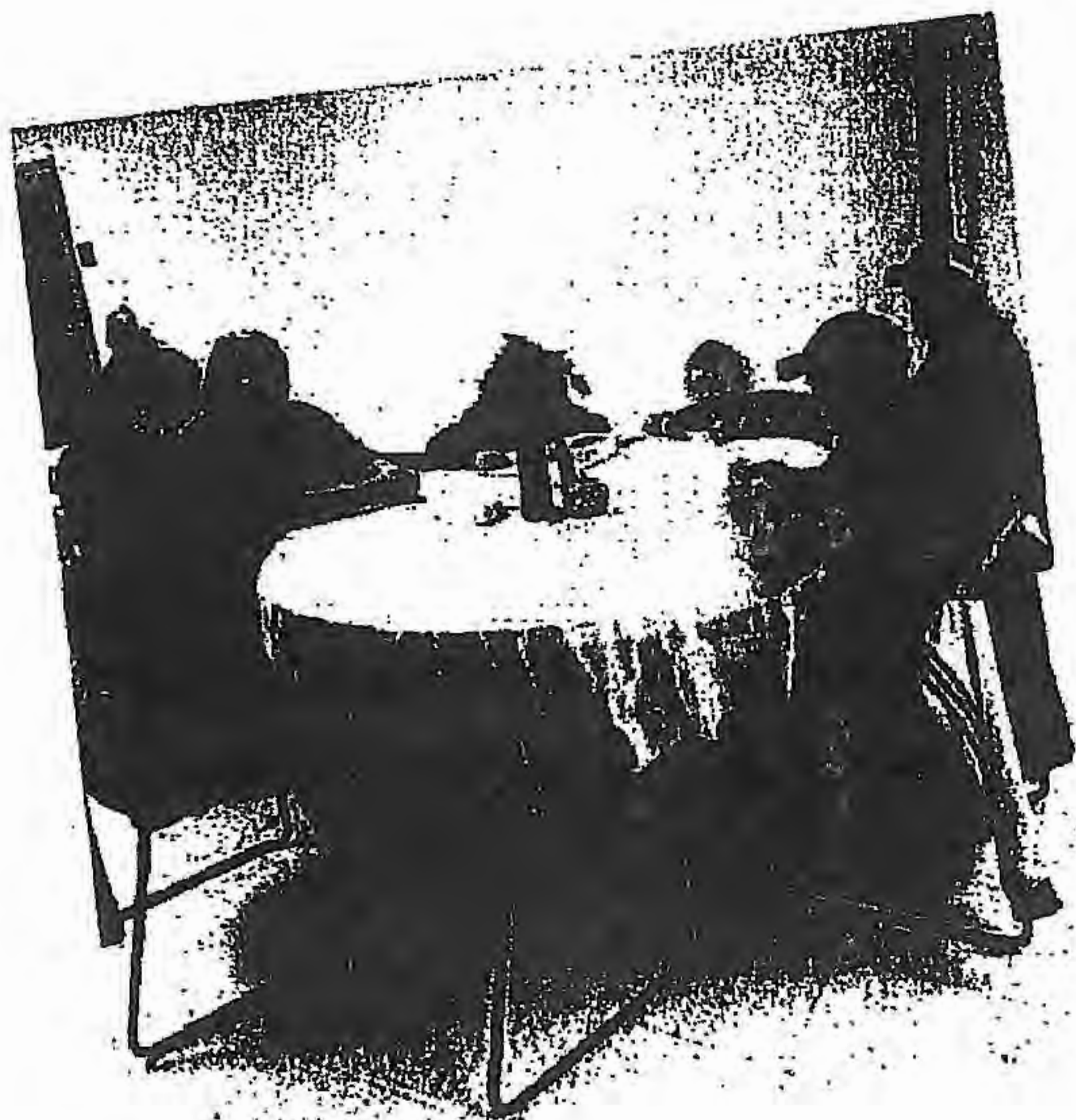
Teaching Strategies GOLD (TSG), an observation-based learning assessment tool for children from birth to kindergarten. TSG helps teachers evaluate knowledge and skills gains in ten areas of development that are predictive of future school and long-term success:

- Social-Emotional
- Physical-Gross Motor
- Physical-Fine Motor
- Language
- Cognitive
- Literacy
- Mathematics
- Science & Technology
- Social Studies
- The Arts

TSG is used for dual-language learners and children with disabilities. Program staff receives continuous training on how to perform the TSG assessment and how to use the results for more intentional, effective instruction. TSG is administered to each child three times per year.

Parent Involvement Activities 2024-2025

- 👏 Pumpkin Patch Walk
- 👏 Fall Lunch/Dinner/Festival
- 👏 Holiday Breakfast
- 👏 Transition to Kindergarten/School Readiness
- 👏 1-2-3 Magic Parenting Curriculum
- 👏 Dr. Seuss Literacy Week
- 👏 Importance of Bed-Time Routines
- 👏 Family Movie Night
- 👏 Dances – Valentine and Dance with Dad
- 👏 Alphabet Egg Hunt
- 👏 Community Partner/ PRIDE Activities
- 👏 Healthy Babies
- 👏 Home Safety
- 👏 Stress/Time Management
- 👏 Nature Field Trip
- 👏 Mental Health Educational Activities
- 👏 GED/Education/Financial Aide Assistance
- 👏 Budgeting and Loan Information



Eligibility, Recruitment, Selection, Enrollment, & Attendance (ERSEA)

ERSEA determines community strengths, needs, and resources as well as recruitment areas. It contains requirements and procedures for the eligibility determination, recruitment, selection, enrollment, and the attendance of children.

Family & Community Engagement Program

LCCHS integrates parent and family engagement strategies into all systems and program services to support family well-being and promote children's learning and development.

Health Program Services

LCCHS provides high-quality health, oral health, mental health, and nutrition services that are developmentally, culturally, and linguistically appropriate and that will support each child's growth and school readiness.

Mental Health

LCCHS provides support for effective classroom management and positive learning environments; supportive teacher practices; strategies for supporting children with challenging behaviors and other social, emotional, and mental health concerns.

Disabilities

LCCHS ensures that the individualized needs of children with disabilities are being met and all children have access to and can fully participate in the full range of activities and services.

Education

LCCHS provides high-quality early education and child development services (this includes children with disabilities) that promote children's cognitive, social, and emotional growth for later success in school. The program delivers developmentally, culturally, and linguistically appropriate learning experiences in language, literacy, mathematics, social and emotional functioning, approaches to learning, science, physical skills, and creative arts.

Transportation

LCCHS provides transportation to all enrolled children, except for Early Head Start. The program makes reasonable efforts to coordinate transportation resources with other human service agencies in the community to control costs and to improve the quality and availability of transportation services. The program ensures all accidents involving vehicles that transport children are reported per applicable state requirements.

Nutrition

LCCHS has designed and implemented nutrition services that are culturally and developmentally appropriate, meet the nutritional needs of children while accommodating the feeding requirements of each child including children with special dietary needs and children with disabilities.

Adair County

Adair County Head Start

111 Fairgrounds St
Columbia, KY 42728
270.384.4111
Gina Harmon, LAM
Erica Turner, FSS

Adair Early Head Start

111 Fairgrounds St.
Columbia, KY 42728
606.875.5656
Gina Harmon, LAM/FSS

Cesey County

Liberty Head Start

630 Whipp Ave
Liberty, KY 42539
606.787.9207
Mona Whited, LAM
Heidi Carmicle, FSS

Casey Co. Early Head Start

1673 E State HWY 70
Liberty, KY 42602
606.787.1879
Mona Whited, LAM
Heidi Carmicle, FSS

Jones Park Early Head Start

6295 E KY 70
Liberty, KY 42639
606.787.1249
Mona Whited, LAM
Heidi Carmicle, FSS

Clinton County

Clinton County Head Start

312 King Street
Albany, KY 42602
606.387.8747
Amanda Thurman, FSS/CC

Cumberland County

46 David L. Williams St.
Burkesville, Ky 42717
270 864-2524
Lisa Crase, LAM
Lexy Thrasher, FSS

Green County

Green County Head Start

100 Kidz Korner
Greensburg, KY 42743
270.932.6618
Donna Rogers, LAM/FSS

McCreary County

McCreary Head Start

1941 N. Hwy 27
Whitley City, KY 42653
(606)376-5437

Pulaski County

Dunbar Head Start

255 Maple Street
Somerset, KY 42501
(606) 679-3496
Debbie Loveless, LAM/FSS

Hope Way Head Start

223 Hope Way
Somerset, KY 42501
(606) 679-8602
Miranda Perkins, LAM
Melissa Tomlinson, FSS

Science Hill Center

349 W HWY 635
Science Hill, KY 42553
606 423-3515
Debbie Loveless, LAM/FSS

Southern Head Start

285 Enterprise Drive
Somerset, KY 42501
606.676.9187
Miranda Perkins, LAM
Susan Reynolds, FSS

Russell County

Russell County Head Start

22 Rena Dr.
Russell Springs, KY 42642
(270)866-2692
Nancy Smith, LAM/FSS

Taylor County

Taylor County HS/EHS

1951 Old Columbia Rd
Campbellsville, KY 42718
(270) 789-3978
Sarah Curry, LAM
Brittany Claywell, FSS

Wayne County

Monticello/Wayne Co. Head Start Center

265 HWY 3106
Monticello, KY 42633
606.348.4078
Sara Hutton, LAM/FSS

